



Specialty Provider Services Covered at the AHP/Tier 1 Benefit Level

The 2019 Highland Hospital Health Care Plans include tiered benefits that allow for lower cost sharing when you obtain care from an AHP provider. However, there are certain covered services for which tier one benefits will apply regardless of the provider's AHP status so long as the provider participates with the national network of your health plan's third party administrator (TPA). The TPAs for Highland's health plans are Excellus BlueCross BlueShield and MVP Healthcare. Example: If your TPA is Excellus, and you need a chiropractor, you may use any chiropractor who participates with Excellus, and AHP/Tier 1 benefits will apply to covered services.

Inpatient (Facility)

- Skilled Nursing Facility
- Freestanding Hospice Facility
- Emergency Room

Outpatient (Facility)

- Ambulatory Surgical Centers
- Freestanding Hospice Facility
- Dialysis Centers
- Emergency Room
- Urgent Care Facilities

Mental Health & Chemical Dependence Services – Inpatient and Outpatient

- Mental Health
- Residential Treatment
- Substance Abuse – Detoxification
- Substance Abuse

Other Specialty Providers

Acupuncturist	Infusion Therapy
Ambulance	Occupational Therapist
Audiologist	Optometrist/Eyewear
Chest & Respiratory Therapist	Physical Therapist
Chiropractor	Podiatrist
Diabetic Insulin, Diabetic Supplies and Equipmetn	Speech Pathologist
Durable Medical Equipment	Speech Therapist