A Brief Screener for Suicide in Primary Care – P4 Screener

Have you had thoughts of actually hurting yourself?

NO

YES

4 Screening Questions

1. Have you ever attempted to harm yourself in the past?

NO

YES

2. Have you thought about how you might actually hurt yourself?

NO

YES → [How?___________]

3. There’s a big difference between having a thought and acting on a thought. How likely do you think it is that you will act on these thoughts about hurting yourself or ending your life some time over the next month?

a. Not at all likely __________
b. Somewhat likely __________
c. Very likely __________

4. Is there anything that would prevent or keep you from harming yourself?

NO

YES → [What?___________]

<table>
<thead>
<tr>
<th>Risk Category</th>
<th>Items 1 and 2</th>
<th>Items 3 and 4</th>
</tr>
</thead>
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<td>Minimal</td>
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<td>Neither is shaded</td>
</tr>
<tr>
<td>Lower</td>
<td>At least 1 item is shaded</td>
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<tr>
<td>Higher</td>
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