

## A Brief Screener for Suicide in Primary Care – P4 Screener

Have you had thoughts of actually hurting yourself?

NO

YES

4 Screening Questions

1. Have you ever attempted to harm yourself in the past?

NO

YES

2. Have you thought about how you might actually hurt yourself?

NO

YES

→ [How? \_\_\_\_\_]

3. There's a big difference between having a thought and acting on a thought. How likely do you think it is that you will act on these thoughts about hurting yourself or ending your life some time over the next month?

- a. Not at all likely \_\_\_\_\_
- b. Somewhat likely \_\_\_\_\_
- c. Very likely \_\_\_\_\_

4. Is there anything that would prevent or keep you from harming yourself?

NO

YES → [What? \_\_\_\_\_]

Shaded ("Risk") Response		
Risk Category	Items 1 and 2	Items 3 and 4
Minimal	Neither is shaded	Neither is shaded
Lower	At least 1 item is shaded	Neither is shaded
Higher		At least 1 item is shaded