

COVID-19 Update

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September 9, 2020

Dear Colleagues:

In order to provide updates on the evolving response and best practices related to the COVID-19 pandemic, AHP will be delivering brief, critical updates on an ongoing basis addressing important highlights and frequently asked questions.

Next Behavioral Health Call - Tuesday, September 15th, 12:15 to 1:00 pm

Join the AHP Behavioral Health team as well as members from our pharmacy, care management and social work teams every Tuesday from 12:15 pm – 1:00 pm via Zoom and/or phone for just in-time, virtual consultation support for the behavioral health needs of both your pediatric and adult patients. Click on the zoom link: <https://urmc.zoom.us/j/948873484> or dial in: (646) 876-9923, Meeting ID: 948 873 484.

Next COVID-19 Response Call - Wednesday, September 16th, 12:15 pm

Due to the relative stability in the course of the outbreak in our community and the slower influx of information related to it, AHP's COVID-19 response calls will now be held at 12:15 pm every Wednesday. **Our next COVID-19 Response teleconference will be held at 12:15 pm, Wednesday, September 16th.** Click on the Zoom link <https://urmc.zoom.us/j/98969184459> or dial in to (669) 900 6833, Meeting ID: 989 6918 4459

Online Back to School Resources

COVID Report Card: New York State's online dashboard providing parents, teachers and students with comprehensive COVID data for every school in the state. Updated on a daily basis, the dashboard will include positive infections of students and staff, and percentage of on-site students and staff who test positive. The dashboard is available [here](#).

SUNY COVID-19 Tracker: New York State's online dashboard for monitoring cases in the SUNY system. Updated daily and covering SUNY's 64 colleges and universities, the dashboard will provide case counts for each individual campus, among other data. The dashboard is available [here](#).

Back to School Archive on ahpnetwork.com: COVID back to school information and resources, including recordings of recent back to school provider meetings and helpful templates for communicating with parents and schools. Click [here](#) to view the archive.

Guidelines for Adult Testing and Quarantine Remain Unchanged

As discussed on today's call, there are no changes to the guidelines governing testing and quarantine for adults:

- Adults exhibiting COVID symptoms should be seen by their PCP and tested or referred for testing.
- Patients should remain in isolation until their test results are returned.
- If test results are negative, the adult patient may return to normal activities once symptoms begin to improve and fever-free for 24 hours.
- Adults testing positive will be placed into mandatory quarantine by the local health

department.

- The health department will discharge patients from quarantine if appropriate and in compliance with CDC guidelines: no sooner than 10 days since symptoms first appeared AND 24 hours fever free AND other symptoms are improving.

COVID Testing

Clinical Guidance - Serologic Testing

Primary care providers may consider ordering IgG antibody testing for:

- Individuals who have fully recovered from COVID-19 who are interested in donating convalescent plasma
- Pediatric patients with suspected or confirmed Multi-System Inflammatory Syndrome in Children (MIS-C)
- Patients who had illness suggestive of COVID but who were unable to receive PCR testing

Referring patients to UR Labs collection site for phlebotomy may be difficult due to volume of patients able to be accommodated, so community providers are advised to draw in the office and send the tube (SST or standard red top tube) to the lab. For more information about the methodology and performance of UR Labs' testing assay, click [here](#).

Reimbursement Guidance - Serologic Testing

The only patient cohort for whom health insurance will reliably cover serologic testing are those patients who had symptoms consistent with COVID infection but who were unable to receive PCR testing, and thus antibody testing is being used to confirm prior COVID exposure. Provider claims for medically appropriate COVID-19 testing MUST be submitted with one of the following codes: CPT® codes U0001, U0002, U0003, U0004, 0202U, 86328, 87635, and/or 86769. These codes may be billed with diagnoses of B97.29, U07.1, Z03.818, and/or Z20.828 when appropriate.

Clinical Guidance: PCR Testing

In addition to testing for symptomatic healthcare and other essential workers and long term care residents, primary care providers may consider testing for the following patients:

- Mild to moderately symptomatic patients
- Patients whose living arrangements are not amenable to isolation (e.g., multi-generational household, limitations of physical space, etc.)
- Patients whose employers require evidence of testing either to return to work or to access benefits related to COVID status
- Patients who will be undergoing an aerosolizing procedure (e.g., exercise stress test, endoscopy procedure, transesophageal echocardiography [TEE])
- Pediatric patients with symptoms suggestive of Multi-System Inflammatory Syndrome in Children (MIS-C)
- Children with complex health needs whose specialized childcare providers (e.g., Daystar) require testing prior to returning

There is increasing variability in how rapidly results of PCR tests are being returned based upon where the study is resulted. UR Labs are currently resulting all studies internally with results expected within 48 hours and often much quicker. We will continue to update on testing availability and processing time as information changes.

We continue to partner with Dr. Mendoza and County Health Department officials on preparedness and response protocols and will convey information as it becomes available.

Thank you for your continued collaboration in this important public health endeavor.

All the best,



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Executive Medical Director



[LJ Shipley, MD](#)
Pediatric Medical Director



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[COVID Pharmacy Archive](#)

[*New* Back to School Archive](#)

COVID-19 Resource Links

[Golisano Children's Hospital Coronavirus Information for Families](#)

Project Teach: Seven Ways to Support Kids and Teens Through the Coronavirus Pandemic, in [English](#) and [Spanish](#)

[American Academy of Pediatrics COVID-19 Site](#)

[Monroe County Health Department](#)

[CDC Coronavirus Site](#)

[New York Department of Health Coronavirus site](#)

COVID-19 Online Databases

- [Greater Rochester Area COVID-19 Tracker](#)
- [Monroe County COVID-19 Dashboard](#)
- [NYSDOH COVID-19 Tracker](#)
- [NYS Nursing Home Fatalities](#)
- [CDC Coronavirus Interactive](#)
- [Johns Hopkins COVID-19 Dashboard](#)

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