



School & Community Health Care Alignment for COVID-19

Hosted by the Finger Lakes Reopening Schools Safely Task Force

In partnership with Accountable Health Partners, Rochester Regional Health, Golisano Children's Hospital, URMC, the Monroe County Department of Health and Monroe County Medical Society

Today's Panelists

Michael Mendoza, MD, MPH, Public Health Commissioner, Monroe County Department of Public Health

Steven A. Schulz, MD, Rochester Regional Health Pediatric Medical Director

Brenda Tesini, MD, Infection Prevention, University of Rochester Medical Center

Robert Tuite, MD, Panorama Pediatric Group/school physician

Sarah Hudson, MD, Assistant Professor, University of Rochester Medical Center Department of Family Medicine

Tziporah Rosenberg, PhD, LMFT, Behavioral Health Integration, Accountable Health Partners

Moderator: Laura Jean Shipley, MD

Chat Moderator: Kathy Hiltunen, RN



Public Health Perspective

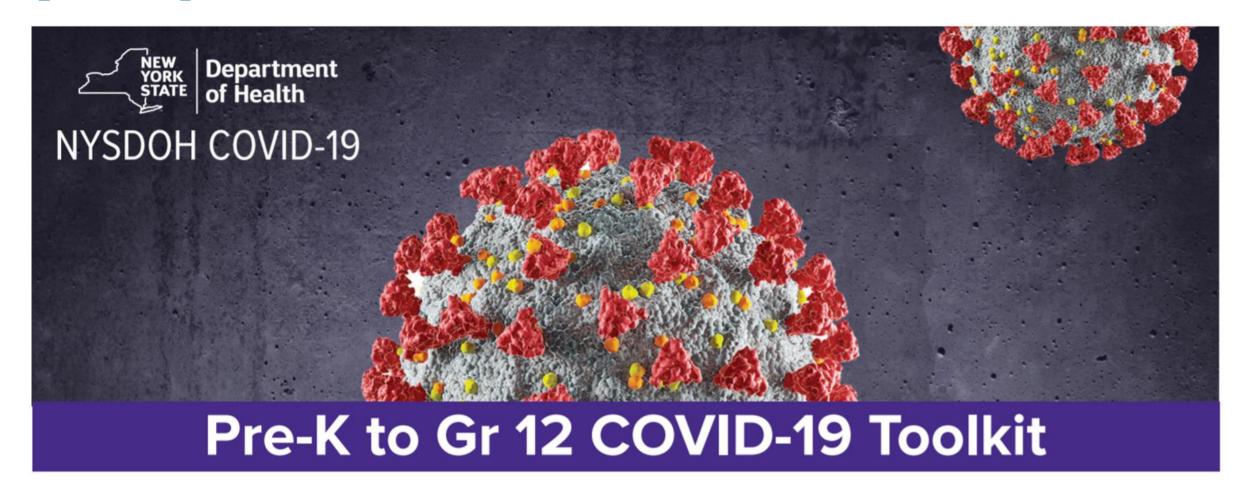
Dr. Mike Mendoza

Finger Lakes region continues to perform well compared to rest of state

Region	Testing/Tracing Targets		New Infections		Severity of Infection	Hospital Capacity	
	Maintain 30 per 1,000 Diagnostic Tests	Maintain Required Case and Contact Tracing Capacity	% Positive Tests per Day (7-Day Rolling Avg)	New Cases per 100K (7-Day Rolling Avg)	Gross New Hospitalizations per 100k (7-Day Rolling Avg)	Share of Total Hospital Beds % Available (7-Day Rolling Avg)	Share of ICU Beds % Available (7-Day Rolling Avg)
STATEWIDE	105,129 / 19,542	9,628	1.2%	6.62	0.46	25%	37%
Capital Region	5,682 / 1,085	278	0.7%	3.77	0.20	27%	41%
Central New York	4,927 / 775	458	0.8%	5.20	0.53	30%	38%
Finger Lakes	5,317 / 1,203	468	0.7%	2.97	0.30	35%	56%
Long Island	13,618 / 2,839	1,308	1.1%	5.30	0.28	23%	27%
Mid-Hudson	11,057 / 2,322	1,456	2.3%	10.74	0.71	31%	52%
Mohawk Valley	3,041 / 485	139	0.5%	2.91	0.24	41%	45%
New York City	40,378 / 8,399	4,648	1.3%	6.49	0.53	19%	25%
North Country	2,079 / 419	12	0.3%	1.26	0.14	42%	67%
Southern Tier	11,864 / 633	114	1.1%	19.77	0.77	42%	42%
Western New York	7,167 / 1,381	747	1.2%	6.34	0.42	33%	55%

Source: https://forward.ny.gov/early-warning-monitoring-dashboard

Toolkit provides additional clarity, yet questions still exist



NYS DOH COVID-19 Guide for School Administrators and Schools Nurses

COVID-19 Screening Flowsheet for Students and Staff

In the past 10 days, has the student or staff been tested for the virus that causes COVID-19. also known as SARS-CoV-2?

Was the test result positive OR are they still waiting for the result?

The student or staff cannot go to school today.

They must stay in isolation (at home and away from others) until the test results are back and are negative OR if positive, the local health department has released the individual from isolation.

In the last 14 days, has the student or staff:

- Traveled internationally to a CDC level 2 or 3 COVID-19 related travel health notice country; or
- Traveled to a state or territory on the NYS Travel Advisory List; or
- Been designated a contact of a person who tested positive for COVID-19 by a local health department?

YES

Students or staff cannot go to school today.

They must stay at home until the local health department releases the individual from quarantine (at least 14 days from the date of their return from travel or last exposure). A negative diagnostic COVID-19 test does not change the 14-day quarantine requirement.

School staff are not essential workers and must quarantine.

Does the student or staff currently have (or has had in the last 10 days) one or more of these new or worsening symptoms?

- A temperature greater than or equal to 100.0° F (37.8° C)
- · Feel feverish or have chills
- Cough
- · Loss of taste or smell
- · Fatigue/feeling of tiredness
- Sore throat

- Shortness of breath or trouble breathing
- · Nausea, vomiting, diarrhea
- Muscle pain or body aches
- Headaches
- · Nasal congestion/runny nose

YES

The student or staff cannot go to school today.

They should be assessed by their health care provider (HCP). If they do not have an HCP, they should call their local health department. If they do not receive COVID-19 testina, or are not cleared to return to school by their HCP, then they are required to be isolated at home. See next page for more information.

NO

The student or staff CAN go to school today! Make sure they wear a face covering or face mask, practice social distancing, and wash their hands frequently.

Communicate to your students and staff that they must report absences, symptoms, and positive COVID-19 test results to your school.

CALL 911 IF A STUDENT OR STAFF HAS:

- Trouble breathing or is breathing very quickly Change in skin color becoming pale, patchy and/or blue
- Severe abdominal pain, diarrhea or vomiting
- · Racing heart or chest pain · Lethargy, irritability, or confusion



Student/staff has symptoms consistent with COVID-19:

- Student/staff member should keep face mask on.
- Staff members should be sent home immediately.
- Students awaiting transport home by the parent/quardian must be isolated in a room or area separate from others, with a supervising adult present using appropriate personal protective equipment (PPE).
- School administration and the parent/quardian should be notified.
- Provide instructions that the individual must be seen by an HCP for evaluation and have COVID-19 testing (unless determined not necessary by HCP). If they do not have an HCP they should call their local health department.
- Schools should provide a list of local COVID-19 testing locations.
- Clean and disinfect area where the student/staff member was located.

HEALTHCARE PROVIDER (HCP) EVALUATION FOR COVID-19 (can be in-person or by video/telephone as determined by HCP) **HCP Gives** COVID-19 **HCP Recommends COVID-19 Test** OR **Alternate Diagnosis**

STAY OUT OF SCHOOL and in isolation until test result is back

Positive Test Result

The local health department will contact you to follow up.

The ill person must remain in isolation (at home and away from others) until the local health department has released them from isolation, which is typically:

- 10 days after symptom onset; AND
- · Child/staff's symptoms are improving; AND
- Child/staff is fever-free for at least 72 hours without use of fever reducing medicines.

While the ill person is in isolation, all members of the household must quarantine at home until released by the local health department, typically 14 days.

Note: A repeat negative COVID-19 test is not required for return to school.

Negative Test Result

If symptoms are improving AND they are fever-free for at least 24 hours without the use of fever reducing medicines, student/staff may return to school with:

- A note from HCP indicating the test was negative **OR**
- Provide a copy of the negative test result.

If the HCP provides a diagnosis of a known chronic condition with unchanged symptoms, or a confirmed acute illness (examples: laboratory-confirmed influenza, strep-throat) AND COVID-19 is not suspected then a note signed by their HCP explaining the alternate diagnosis

is required before the student/staff will be allowed to return to school. They may return to school according to the usual quidelines for that diagnosis.

Note: a signed HCP note documenting unconfirmed acute illnesses, such as viral upper respiratory illness (URI) or viral gastroenteritis, will not suffice.

Diagnostic Test Recommended but Not Done and No Alternate Diagnosis

Student/Staff is **NOT Evaluated** by HCP

The person must remain in isolation at home and is not able to go back to school until the local health department has released them from isolation, which is typically:

- At least 10 days have passed since the day symptoms started; AND
- Symptoms are improving; AND
- They are fever-free for at least 72 hours without use of fever reducing medications.

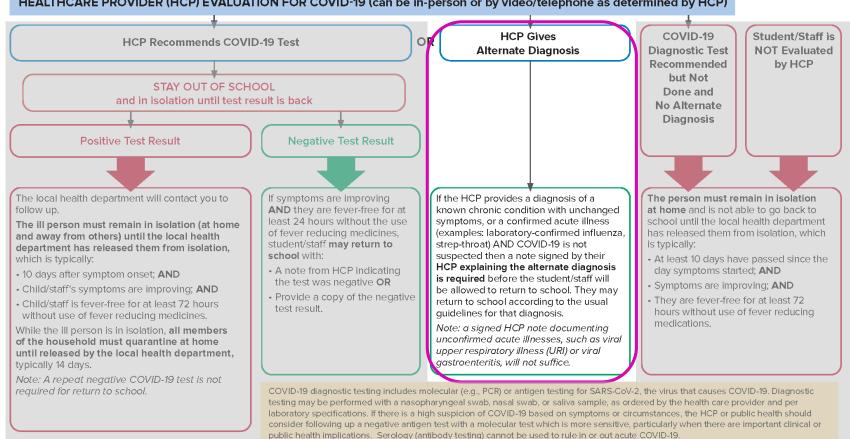
COVID-19 diagnostic testing includes molecular (e.g., PCR) or antigen testing for SARS-CoV-2, the virus that causes COVID-19. Diagnostic testing may be performed with a nasopharyngeal swab, nasal swab, or saliva sample, as ordered by the health care provider and per laboratory specifications. If there is a high suspicion of COVID-19 based on symptoms or circumstances, the HCP or public health should consider following up a negative antigen test with a molecular test which is more sensitive, particularly when there are important clinical or public health implications. Serology (antibody testing) cannot be used to rule in or out acute COVID-19.



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- Provide instructions that the individual must be seen by an HCP for evaluation and have COVID-19 testing (unless determined not necessary by HCP). If they do not have an HCP they should call their local health department.
- Schools should provide a list of local COVID-19 testing locations.
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HEALTHCARE PROVIDER (HCP) EVALUATION FOR COVID-19 (can be in-person or by video/telephone as determined by HCP)



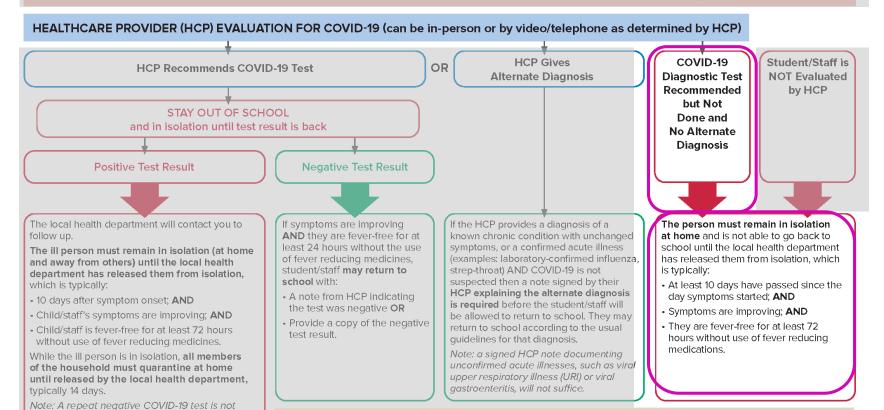


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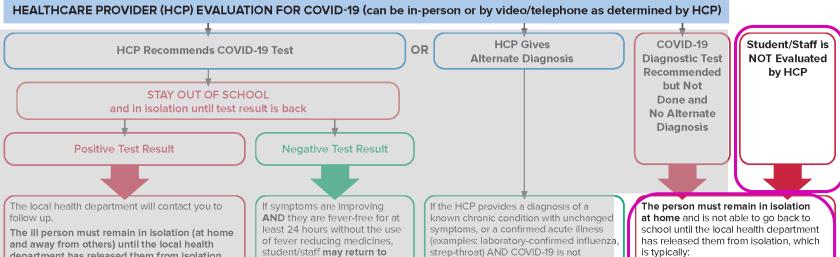


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- A note from HCP indicating the test was negative **OR**
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suspected then a note signed by their HCP explaining the alternate diagnosis is required before the student/staff will be allowed to return to school. They may return to school according to the usual quidelines for that diagnosis.

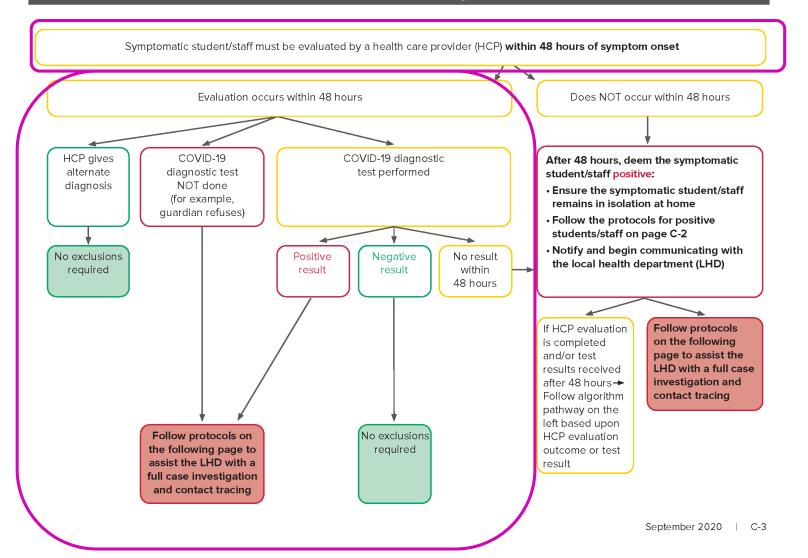
Note: a signed HCP note documenting unconfirmed acute illnesses, such as viral upper respiratory illness (URI) or viral gastroenteritis, will not suffice.

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COVID-19 exclusion protocol for contacts of symptomatic students and staff



Frequently Asked Questions

Guest panel discussion

Screening Students & Staff

Symptomatic Students & Staff

PCR vs Rapid Antigen Testing

NO COVID TEST...What Now?

Return to School Documentation

Return to School Documentation

Health Care Attestation for Return to School should include **ONE** of the following:

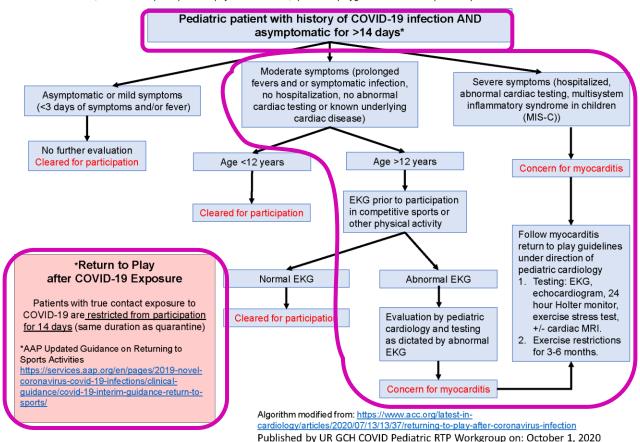
- Release by LHD from isolation or quarantine under official orders from LHD
- <u>Documentation of negative COVID lab result</u> (not antibody test) either in the health care provider attestation document OR a copy of test result
- <u>Health care provider assessment of alternate diagnosis</u> (non-viral and in the absence of a COVID test) from either a PCP or other acute care health provider (MD, DO, NP, PA)
- <u>PCP attestation that a patient's symptoms are c/w with chronic disease or underlying condition (e.g. anxiety)</u> that is causing symptoms with request that this become part of the ongoing record for that individual within the school, if not already provided through the annual health history form

Return to sports related to COVID-19

- Patients post-COVID diagnosis/positive test must be <u>asymptomatic for 14 days</u>
- Patients who have had true contact exposure are restricted from participation for 14 days (same timeframe as quarantine rules)
- Need for screening EKG: reserved for those greater than or equal to 12 years of age who had moderate COVID symptoms
- Cardiology referral: Abnormal EKG or severe symptoms/presentation of COVID or any patient diagnosed with MIS-C

Return to Play Related to COVID-19 Infection in Pediatric Patients

This document contains interim suggested guidance based on current information available to inform assessment and risk stratification, including need for EKG, for release to participation in physical education, sports and playground activities for pediatric patients.



Social Emotional and Behavioral Health







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Thank you!