

## DM HbA1c <8% (2021 MEASURE v3.10.2021)

### DESCRIPTION

The percentage of patients 18 to 75 years of age with type 1 or type 2 diabetes who had an Hemoglobin A1c (HbA1c) level of lower than 8%.

### CHANGES

- Palliative care was added as an exclusion
- Added telephone visits, e-visits and virtual check-ins to the advanced illness exclusion.
- The restriction was removed that only one of the two visits with a diabetes diagnosis be an outpatient telehealth, telephone visit, e-visit or virtual check-in when identifying the event/diagnosis
- Donepezil-memantine was added to the dementia medications list.

### KNOWN ISSUES

[Click here](#) for known issues information

TARGETS		
Percentile	2021 Threshold	Change from 2020
90 <sup>TH</sup>	66.34%	+.16%
75 <sup>TH</sup>	63.26%	+.15%
50 <sup>TH</sup>	58.68%	+.29%
25 <sup>TH</sup>	52.92%	+.61%

### QUALIFICATION (Denominator)

- 18-75 years old at measurement period end
- **AND**
- At least two valid outpatient, observation, telephone or online visits or non-acute inpatient encounters/discharges with a diagnosis of diabetes during the measurement period or year prior.
- **OR**
- One acute inpatient encounter or discharge with a diagnosis of diabetes during the measurement period or year prior - not including telehealth.
- **OR**
- A prescription for a diabetes medication during the measurement period or the year prior.

### SATISFYING THE MEASURE (Numerator)

- The most recent HbA1c result during 12 months before measurement period end is less than 8%.

### EXCLUSIONS / EXCEPTIONS

- Patient has no diagnosis of diabetes in the measurement period or the year prior
- **OR**
- Patient has a diagnosis of steroid induced diabetes or gestational diabetes in the measurement period or the year prior
- **OR**
- Patient has evidence of Palliative care or hospice during the measurement period
- **OR**
- Patient is 66 or older at the end of the measurement period and is:
  - enrolled in an I-SNP any time during 1 year before period end
  - **OR**
  - has evidence of advanced illness or frailty during 1 year before period end
  - **OR**
  - is living long-term in an institution (LTI Flag) during the two years before period end
  - **OR**
  - was diagnosed with an advanced illness in at least 2 outpatient, observation, ED visits, or non-acute patient encounters/discharges (must be different classification of visit types) during the two years before period end. Telephone visits, e-visits, and virtual check-ins qualify.

### INCLUSION CRITERIA

- All active patients.