

## HTN BLOOD PRESSURE CONTROL (2021 MEASURE v2.18.2021)

### DESCRIPTION

The percentage of patients 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled.

TARGETS		
Percentile	2021 Threshold	Change from 2020
90 <sup>TH</sup>	74.29%	+ .57%
75 <sup>TH</sup>	68.37%	+1.22%
50 <sup>TH</sup>	60.10%	+ .25%
25 <sup>TH</sup>	53.28%	+1.21%

### CHANGES

- The time frame in the event/diagnosis criteria has been revised to look for two outpatient visits with a diagnosis of hypertension in the first six months of the measurement year and the year prior to the measurement year
- The restriction was removed that only one of the two visits with a hypertension diagnosis be an outpatient telehealth, telephone visit, e-visit or virtual check-in when identifying the event/diagnosis.
- Added telephone visits, e-visits and virtual check-ins as appropriate settings for BP readings
- BPs can now be taken by any digital device. The requirement for only remote monitoring devices was removed.
- BP readings can now be reported or taken by the patient
- Palliative care was added as an exclusion.
- Added telephone visits, e-visits and virtual check-ins to the advanced illness exclusion

### KNOWN ISSUES

[Click here](#) for known issues information

### QUALIFICATION (Denominator)

- Patient is 18-85 years of age as of the period end date
- **AND**
- Members who had at least two visits on different dates of service with a diagnosis of hypertension during the first six months of the measurement year or the year prior to the measurement year (count services that occur over both years). Visit type need not be the same for the two visits.
  - Outpatient visit with or without a telehealth modifier, with any diagnosis of hypertension.
  - Outpatient Telehealth visit with any diagnosis of hypertension
  - A telephone visit with any diagnosis of hypertension.
  - An online assessment with any diagnosis of hypertension.

### SATISFYING THE MEASURE (Numerator)

- Patient had a BP reading after the date of the second diagnosis of hypertension during the year before period end. Both systolic and diastolic readings occur during same event. (Do not count BP readings without a previous hypertension diagnosis or those taken at acute inpatient or ED visits)
- **AND**
- Patient had BP reading of <140/90.

### EXCLUSIONS / EXCEPTIONS

- Patient had a diagnosis of end-stage renal disease before the period end date
- **OR**
- Patient had a kidney transplant, underwent a nephrectomy, or received dialysis before the period end date.
- **OR**
- Patient is female and had a pregnancy diagnosis during the year before the period end date
- **OR**
- Patient had a non-acute inpatient admission during the year before the period end date
- **OR**
- Patient has evidence of Palliative care or hospice during the measurement period
- **OR**
- Patient is 66 or older at the end of the measurement period and is:
  - enrolled in an I-SNP any time during 1 year before period end
  - **OR**
  - has evidence of advanced illness or frailty during 1 year before period end
  - **OR**
  - is living long-term in an institution (LTI Flag) during the two years before period end
  - **OR**
  - was diagnosed with an advanced illness in at least 2 outpatient, observation, ED visits, or non-acute patient encounters/discharges (must be different classification of visit types) during the two years before period end. Telephone visits, e-visits, and virtual check-ins qualify.

### INCLUSION CRITERIA

- All active patients.