

## **Pharmacy Pearls**

## The Use of Ivermectin for COVID-19

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## Statements from Multiple Medical Societies

"The American Medical Association (AMA), American Pharmacists Association (APhA), and American Society of Health-System Pharmacists (ASHP) **strongly oppose the ordering, prescribing, or dispensing of ivermectin to prevent or treat COVID-19** outside of a clinical trial"

The Infectious Diseases Society of America (IDSA) COVID-19 treatment guidelines also recommend against the use of ivermectin outside of a clinical trial

Both the US Centers for Disease Control (CDC) and the US Food and Drug Administration (FDA) have issued advisories indicating that ivermectin is not authorized or approved for the prevention or treatment of COVID-19

The National Institutes of Health (NIH), World Health Organization (WHO), and Merck (the manufacturer of ivermectin) all state that there is insufficient evidence to support the use of ivermectin to treat COVID-19

- Ivermectin is approved by the FDA for human use to treat internal/external parasitic infections
- It lacks approval for prevention or treatment of COVID-19
- Ivermectin also has veterinary uses; medications formulated for animals should not be used in humans- these are highly concentrated and contain inactive ingredients that can pose a significant toxicity risk to humans

Reports show that **outpatient prescribing and dispensing of ivermectin have increased 24-fold since before the pandemic**, and **exponentially over the past several months** 

Ivermectin is not harmless- calls to poison control centers due to ivermectin ingestion have increased five-fold from their prepandemic baseline; potentially toxic effects of ivermectin include nausea, vomiting, and diarrhea; overdoses are associated with hypotension and neurologic effects such as confusion, hallucinations, seizures, coma, and death

More information can be found on the FDA's consumer update website here.

The most effective strategies to minimize the spread of COVID-19 are: vaccination, wearing a face mask, social distancing, frequent hand washing, and avoiding large crowds.

Should patients call to request prophylactic ivermectin, consider sharing that in the same way you would avoid prescribing a drug with no evidence for high blood pressure, diabetes, or pneumonia, you will not prescribe a drug with no evidence for COVID-19.