

Continuing Medical Education (CME) Programs: Maternal Mental Health for Ob/Gyn and Primary Care Clinicians

Project TEACH is pleased to offer two training events this spring that are designed specifically for Ob/Gyn and Primary Care Clinicians. Led by experts in the field of maternal mental health, our trainings include CMEs and are free of charge for clinicians in New York State. Click on the links below to register or visit our events page online: <https://projectteachny.org/events/>

[Webinar: "Maternal Mental Health Matters for Two Generations: Impact of Perinatal Mood and Anxiety Disorders on Fetal and Child Development"](#)

Monday, May 9 • 12:00 - 1:00 pm

Presented by **Catherine Monk, Ph.D.** Professor of Medical Psychology in Psychiatry and Ob/Gyn, Columbia University Medical Center

1.0 CME Credit

[Intensive Training Program:](#)

[Maternal Mental Health for Primary Care and Ob/Gyn Clinicians](#)

Monday, May 16 • 4:00 - 7:00 pm

Presented by the Project TEACH team of Reproductive Psychiatrists and Psychologists, this interactive program will provide helpful tools and treatment strategies for ob/gyn's, family practice, pediatric and psychiatric clinicians to utilize within their practice. It is designed to enhance your skills to assess, treat and manage mental health concerns in perinatal patients. At the conclusion of this program, learners will be able to/have:

- Increased knowledge of perinatal mood and anxiety disorder assessment tools which will enable them to improve differential diagnosis in perinatal women.
- Utilize evidence-based screening instruments to determine psychiatric/suicide risk which will enable them to improve their ability to treat and/or refer to specialized behavioral healthcare.
- Up to date, evidence-based information about when, what, why, and how to use medications in the perinatal population.

Participation in the intensive training includes access to three follow-up sessions, held from 12-1 pm, on:

- **May 23:** "Unipolar Depression" • **June 6:** "Suicide Risk Assessment" • **June 20:** "Bipolar Disorder"

Registration and Zoom links to the follow-up sessions will be sent to those who attend the May 16th program.

6.0 CME Credits

Contact Project TEACH (Monday – Friday from 9:00 am – 5:00 pm)

Consultation and Referral Services: 1-855-227-7272 **General Information:** 716-878-2454

For more information about all Maternal Mental Health services that Project TEACH provides for Ob/Gyns and PCCs, including our free psychiatric consultation service, please visit our website at www.projectTEACHny.org by clicking here: [Project TEACH Maternal Mental Health Services.](#)