

MyChart: Immediate Release

Information for Teens 12-17 years of age:

MyChart

Young people between the ages of 12-17 are asked to sign up for MyChart. MyChart gives adolescents access to their **UR Medicine** medical and healthcare information on a phone, tablet, or computer.

MyChart Immediate Release

UR Medicine is introducing *MyChart: Immediate Release* which will make most medical notes and test results from February 1, 2021 onward available to you in MyChart as soon as they are final.



Why the change?

Earlier this year, the 21st Century Cures Act expanded the rights of patients to electronically access their medical history and treatment information.

Depending on the type of access you set up for your parents or caregivers they may also have access to **some or all** of this healthcare information on MyChart.

What this means for you?

Adolescents can give parents/guardians what is called “proxy” access to their healthcare information. This means, they can share access to their information with parents/guardians. Adolescents ages 12-17 will need to decide what type of proxy access, if any, they want their parents/guardians to have.

There are three types of proxy access:

- o Full Proxy Access with Notes
- o Full Proxy Access without Notes
- o Limited Proxy Access – immunizations and allergies only

Our recommendation:

If you are between 12-17 years of age, we strongly recommend that you give your parents/guardians full proxy access without notes. What this means is that parents/guardians will be able to communicate with your healthcare providers through messages, see diagnostic information, medications, test results, and your appointment schedule, but not see your therapy or psychiatric provider notes. This will enable parents/guardians to be active members of your care team but not enable them to see the specifics of your confidential conversations with your health care professionals that may be in your medical record.

We encourage all youth to discuss this decision with your healthcare provider and your parents/guardians to see what is best for you and your family. In some situations, such as adolescents with significant medical concerns, having parents have full proxy access with notes may be very helpful to their care. It is important to know that the final decision is determined by you, the patient.

Adolescents may change the status of their parents/guardians' proxy access at any time. However, adolescents should be aware that if parents/guardians are given full proxy access with notes, that person will have access to all visits with notes from February 1, 2021 onward. Additionally, if your parents/guardians already have proxy access, they will be able to see notes unless you change the type of proxy access in your MyChart account. Your healthcare provider can also make this change for you at your request.

There are certain circumstances where clinicians may not share information for a **specific visit** with a patient/proxy:

- **Harm Provision:** If the provider decides that releasing the note could lead to harm, defined as the life or physical safety of the patient or another person.
- **Privacy:** As required to comply with state and federal privacy laws.
- **Patient Preference:** If the patient expresses preference to delay sharing a note or withhold sharing a note (particularly not wanting their proxy to see information in the note).

When you turn 18 years of age, the people you have given MyChart proxy access to will no longer have access. You will need to decide again if you wish to allow your parents/guardians to have access to your medical information.

For MyChart assistance, please call the **MyChart Customer Service Center** at (585) 275-8762 or (888) 661-6162 (choose Option 1) 8 a.m. to 4:30 p.m. weekdays.

This notice and change in processes is about MyChart only, parents/guardians of youth under 18 years of age may continue to request copies of their child's medical records through the Medical Records office without any change in policy or procedure. Prior to releasing records, a mental health professional is asked to review the chart to determine if releasing the information would be harmful to the patient or anyone else. So, although, patients 12-17 years of age may decide on who has MyChart access to their information, parents/guardians can request copies of medical information, as has always been the case.

