

Grief & Loss Clinicians				
Monroe County				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Lifetime Care: Rochester Supports Groups	(585) 475-8800, https://www.nyconnects.ny.gov/services/bereavement-services-7725	330 Monroe Avenue, Rochester, NY 14607	Families, Children (4+), Adolescents (12+), Adults	Various
Mental Health Association Bereavement Support Groups	- General Bereavement Support Groups: https://www.mharochester.org/services/adult-grief-and-loss-group/ - Children's Support Groups: https://www.mharochester.org/services/children-coping-with-loss-and-grief-group/	Monroe County	Families, Children (4+), Adolescents (12+), Adults	Various
Kate Klatt, CCLS	(585) 245-2115, SmilingThroughTears@yahoo.com , https://smilingthroughtears.godaddysites.com/	7353 Victor-Pittsford Road, Victor, New York 14564	Families, Children (4+), Adolescents (12+), Adults	No, Private Pay
Rochester Resiliency Center	Phone: (585) 351-9737 Fax: (844) 626-2453 https://www.resilientrochester.com/newpatients , https://www.resilientrochester.com/services-offered	1175 Pittsford-Victor Road, Suite 120 & 125 Pittsford, NY 14534	Families, Children (6+), Adolescents (12+), Adults	Yes, Varies
Elizabeth MacKinnon, LCSW-R	(585) 313-7100, eamac@twc.com	497 Beahan Road, Rochester, NY	Families, Children (4+), Adolescents (12+), Adults	Unsure
Peg DeBaise, LMFT	(585) 598-9845, https://www.psychologytoday.com/us/therapists/peg-debaise-rochester-ny/111284	95 Allens Creek Road Bldg 1, Suite 317 Rochester, New York 14618	Couples, Families, Children (6+), Adults	No, Private pay
Cheryl Bianchi, LCSW-R Eastside Psychotherapy Associates	(585) 492-6195, https://www.psychologytoday.com/us/therapists/cheryl-a-bianchi-rochester-ny/192496	1441 East Ave Suite 311 Rochester, New York 14610	Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, Cigna, MVP, Humana, Tricare, UHC
West End Psychotherapy: • Linda Golden, LCSW-R	(585) 225-9292, lindagoldenlcsw.r@gmail.com	1800 English Road, Suite # 5, Rochester, NY, 14616	Couples, Families, Adolescents (12+)	Excellus
Dr. David Driscoll, Psy D	(585) 248-8740	2505 East Ave #108, Rochester, NY 14610	Children (6+), Adolescents (12+)	Excellus, Aetna, MVP, Cigna

Crossbridge Wellness	(585) 473-2673, Fax: (585)473-2678, therapists@crossbridgewellness.com , https://www.crossbridgewellness.com/	2000 S Winton Rd Crossbridge Office Park Bldg 4 Suite 200, Rochester, NY, 14618, United States	Families, Children (6+), Adolescents (12+), Adults	Various
Soulshine Pediatric Integrative Health – Shari Hogan (C.P.N.P.) & team	(585) 797-9417, https://soulshineforhealing.com/	40 Clinton Street, Brockport, NY	Families, Adolescents (12+), Adults	Excellus BCO, CHP, BC/BS & Medicaid
Margaret Figueroa, LCSW-R	(585) 727-0136, Text Message: (585) 727-0136, mpftherapy@gmail.com , http://www.mpftherapy.com/index.html	1150 Pittsford-Victor Road Building J, First Floor Pittsford, NY 14534	Couples, Families, Adolescents (14+)	Excellus, Aetna
Debbie Burke Gravetter, LCSW	(585) 415-4913	80 West Avenue Brockport, NY 14420	Couples, Families, Children & Adolescents, Adults	Excellus, Aetna, MVP
Kara Juszczak, LCSW-R	585-880-8838, kmjbreath@gmail.com , http://www.kmjcounseling.com/	2300 East Avenue Rochester, NY 14610	Couples, Families, Adolescents (12+), Adults	Excellus, Medicare, Aetna, Independent Health, Lifetime Benefit Solutions
Pete Navratil, LCSW-R	585-355-7418, pnavratil@rochester.rr.com , http://www.pknnavratil.com/	2300 East Ave. Rochester, NY 14610	Couples, Families, Adults	Excellus, Medicare, Aetna, Independent Health, Lifetime Benefit Solutions Fidelis, MVP
John Aceto, MS, LMHC	585-481-7466, Call or Text, acetocounseling@gmail.com , https://www.acetocounseling.com/	46 Prince St., Suite LL004 Rochester, NY 14607	Adults	Excellus, Fidelis
Megan Clifford, LCSW-R	585-433-5919, treeofhopecounselingrochester@gmail.com , https://www.meganclifford.com/	2300 East Ave. Rochester, NY 14610	Young adults (18+)	Excellus
Mind, Body and Soul Counseling	(631) 885-8990, aspinner@mbascounseling.com , https://www.mbasocounseling.com/team-4	24 Main St, Fairport NY 14450	Families, Children (6+), Adolescents (12+), Adults	Excellus, UHC, Aetna, Option Plans, Various
Brendan Cooper, LCSW	(585)310-8988, https://www.brendancooperlcsw.com/	95 Allens Creek Road Building 1, Suite 268 Rochester, NY 14618	Adults	Excellus, Aetna, MVP, Cigna, United Health, Medicare
Bree Scribner, LCSW	(585) 200-3438, https://www.psychologytoday.com/us/therapists/bree-scribner-lcsw-rochester-ny/143392	2300 East Ave. Rochester, NY 14610	Families, Adolescents (13+), Adults	No, Private pay

Alexis Slaninka, LMHC	585-474-5680, ams@alexistherapy.com , http://www.alexistherapy.com/home.html	2300 East Ave. Rochester, NY 14610	Adolescents (12+), Adults	No, Private pay
Stacey E. Kulik, LCSW	(585) 496-1525, https://www.psychologytoday.com/us/therapists/stacey-e-kulik-rochester-ny/154752	2300 East Ave. Rochester, NY 14610	Children (3+), Families	No, Private pay
Dr. Karen McDermott, PhD	(585) 271-4030	120 Allens Creek Rd, Rochester, NY 14618	Couples, Families, Children (6+), Adults	Excellus, Aetna, Cigna, Empire
Dr. Elizabeth Meeker, PsyD	(585) 248-8740	2505 East Ave #108, Rochester, NY 14610	Children (6+), Adolescents (12+)	Excellus, Aetna, MVP
Madeline Reynolds, LCSW-R	(585) 586-8433, mrb567@gmail.com , https://www.madeleinereynolds.com/	46 Prince St LL004, Rochester, NY 14607	Couples, Families, Children (3+)	Excellus, Excellus Choice Option, Aetna, Empire
Dr. Michael Teisl, PhD	(585) 953-4834	877 Elmwood Ave, Rochester, NY 14620	Families, Adolescents (12+)	Unsure
Paul Swiatek, LMSW	(585) 353 4119, paulswiatek1@gmail.com , www.paulswiatek.com	1580 Elmwood Avenue, Rochester, New York 14620	Couples, Families, Adolescents (12+), Adults	No, Private pay
Ontario County				
Jennifer Luffman, LMHC Seeds of Hope	(315) 325-8882, jenn@seedsofhopecs.com , https://www.seedsofhopecs.com/	590 Pre-Emption Road Geneva, New York 14456	Families, Children (6+), Adolescents (12+)	No, Private pay
Sacred Pathways Counseling • Jessica Cary LMHC	(585) 382-6224, jcary.sacredpathwayscounseling@gmail.com , http://www.sacred-pathways-counseling.com/contact.html	90 East Main Street Victor, NY	Families, Adolescents (14+)	Excellus (BCO & CHP), Cigna, Evernorth, Oscar Health, Oxford UnitedHealthcare UHC, UBH
William Riley, LCSW-R	(315) 765-7899, wriley88@yahoo.com	17 Seneca Street Suite 5 Geneva, New York 14456	Children (6+), Adolescents (12+)	Excellus, Aetna, MVP, Cigna, Beacon, UHC
Jayme Abbott, LMHC	(585) 318-8723, https://www.psychologytoday.com/us/therapists/jayme-abbott-canandaigua-ny/713541	5297 Parkside Drive Suite 400 Canandaigua, New York 14424	Families, Children (5+) Adolescents (12+), Adults	Aetna, Cigna, Optum, Oscar, Oxford, UHC
Renew Counseling (formerly Victor Counseling Practice)	585-398-8835, hello@renewhopeandhealing.com , https://renewhopeandhealing.com/	Victor, Henrietta, Pittsford & Penfield Locations	Families, Children (5+) Adolescents (12+), Adults	Various insurances accepted

Brook Slaby, LMHC	(585) 610-4568	5297 Parkside Dr Suite 400, Office 411 Canandaigua, New York 14424	Families, Children (5+) Adolescents (12+)	No, Private pay
Valley Counseling Center • Laurie Walker, LCSWR	(585) 229-7083, https://www.psychologytoday.com/us/therapists/laurie-walker-honeoye-ny/104677	1 Honeoye Commons PO Box 663 Honeoye, NY 14471	Families, Adolescents (10+)	Aetna, Beacon Health Options/Carelon, BC/BS, Empire BC/BS, Excellus BC/BS, Highmark BCBS of Western New York Independent Health, Magellan, Medicare MultiPlan, MVP Health Care, NYSHIP NY, State Empire Plan Optum, Others not listed, TRICARE UHC, Univera
Christine Kaiser, LCSW	https://meetmonarch.com/therapist/christine-kaiser-lcsw-pittsford-ny	10 Office Park Way Suite 100 Pittsford, NY 14534	Families, Young Adults, Adults	Excellus, Aetna, MVP, Medicare
Upstate of Mind: Claire Higman, LCSW	(585) 206-7798, claire@upstate.support , https://www.upstate.support/	21 Willow Pond Way Suite 201 Penfield, NY 14526	Families, Adolescents (14+), Adults	Excellus, MVP, Aetna

Child & Adolescent Psychologists				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Dr. Christopher Pollack, PhD	(585) 586-9420, cfpollack@rochester.rr.com , http://www.cfpollackpsychology.com/	220 Linden Oaks Suite 200 Rochester, New York 14625	Children (3+), Adolescents (12+)	Excellus, Aetna, Cigna, UHC
Dr. Jeffrey Levenkron, PhD	(585) 506-9610, Jeffrey_Levenkron@urmc.rochester.edu , https://jeffreylevenkronphd.com/services.html	500 Helendale Road, Suite 188, Rochester, NY 14609	Families, Adolescents (15+), Adults	Unsure

Dr. Caroline Richards, PhD	(585) 391-9136, https://www.psychologytoday.com/us/therapists/caroline-richards-rochester-ny/60675	95 Allens Creek Road Building 1, Suite 104 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Aetna, Beacon Health, BC/BS, CHP, Cigna, Evernorth, Excellus BC/BS, MVP
Dr. Suzanne Sefton-Silver, PhD	(585) 563-5056, https://www.psychologytoday.com/us/therapists/suzanne-sefton-silver-rochester-ny/175979	130 Allens Creek Rd Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Aetna, BC/BS, Excellus BC/BS
Dr. Clarissa Wood, PhD	(585) 978-7937, https://illuminatepsc.com/	110 Allen's Creek Road Suite 230 Rochester, NY 14618	Families, Children (5+) Adolescents (12+), Adults	Excellus, Aetna, Cigna, MVP
Dr. Andrew Connors, PhD	(585) 517-2380	1175 Pittsford Victor Road, Suite 125, Pittsford, NY 14534	Families, Adolescents (12+), Adults	No, Private Pay
New Beginnings: Stephanie Geter, PsyD	(585) 287-2426, https://newbeginningsps.com/ , info@family-psychiatry.com	110 Allens Creek Road, Rochester, NY 14618	Families, Adolescents (12+), Adults	Excellus BC/BS
Christina Ruzicka, PsyD	(585) 667-0970, https://christina-ruzicka.clientsecure.me/	1577 South Avenue Rochester, NY 14620	Adults	No, Private Pay
Dr. Dayton Walsh, PhD	(585) 210-2028, connect@daytonwalsh.com , https://www.daytonwalsh.com/services	34A State St Pittsford, NY 14534	Families, Adolescents (12+), Adults	Aetna
Dr. Margaret (Peggy) Lane, PhD	(585) 282-6091, freshalternativecounseling@gmail.com , https://freshalternativecounseling.com/	21 Willow Pond Way, Suite 204 Rochester, NY, 14625.	Families, Children (8+), Adolescents (12+)	Excellus, Aetna, Cigna
Dr. Christopher Dehon, PhD	(585) 598-4344, drchrisdehon@gmail.com https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/83424?sid=5e78cfdb30737&ref=7&rec_next=1&tr=ResultsName	919 Winton Road South Suite 304, Rochester, New York 14618	Families, Children (3+), Adolescents (12+)	Excellus, Excellus Choice Option, Aetna, Fidelis, Univera
Dr. Karin Theurer-Kaufman, PhD	(585) 445-7098, https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/169152?sid=5e78cfdb30737&ref=9&rec_next=1&tr=ResultsName	11 Hunt Club Drive Honeoye Falls, NY 14472	Families, Children (3+), Adolescents (12+)	Excellus, Aetna
Dr. Colleen Saar, PhD	(585) 880-8640, csaar@rocneuropsych.com , https://www.rocneuropsych.com/contact.html	6780 Pittsford Palmyra Rd. 3D, Fairport, New York 14450	Families, Children (6+), Adolescents (12+), adults	Excellus, Aetna, BC/BS, MVP

Dr. Christina McCann, PhD	(585) 229-6530, https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/374529?sid=5e78cfdb30737&ref=16&rec_next=1&tr=ResultsName	130 Allens Creek Rd Suite 230 Rochester, New York 14618	Families, Children (3+), Adolescents (12+)	Aetna, Cigna
Dr. Kathryn Karch, PhD	(585) 638-3038, Kathryn.karch.phd@gmail.com , https://www.childandfamilytherapyrochester.com/	130 Allens Creek Road Suite 230 Rochester, New York 14618	Families, Children (3+), Adolescents (12+)	Excellus, Aetna
Dr. Kathleen Tracy, PhD	(585) 473-5810	130 Allens Creek Rd, Rochester, NY 14618		Excellus, Cigna, MVP
Dr. Christine Steerman, PhD	(585) 292-9720	980 Westfall Rd # 125, Rochester, NY 14618	Families, Adolescents (12+)	Excellus, Excellus Choice Option, Aetna, Empire, Cigna
GVP: Dr. Amanda James, PhD	(585) 703-7147	900 Westfall Road, Suite D Rochester, NY 14618.	Families, Adolescents (12+)	Excellus
Dr. Michael Teisl, PhD	(585) 953-4834	877 Elmwood Ave, Rochester, NY 14620	Families, Adolescents (12+)	Unsure
Dr. Sarah Farney, Psy D	(585) 678-4449, https://www.linkedin.com/in/sarahkiddfarney/	305 Packetts Landing, Fairport, NY 14450	Families, Children (3+), Adolescents (12+)	No, Private pay
Dr. Erin Stronach, PhD	(585) 270-7207, (585) 256-0400, http://erinstronachphd.com/	1580 Elmwood Avenue Suite D Rochester, New York 14620	Couples, Families, Adolescents (12+)	Excellus, Aetna
Dr. Lynn Lambert, Psy D	(585) 429-0749	2290 East Avenue Rochester, NY 14610	Couples, Families, Adolescents (12+)	Unsure
Dr. Deanna Sams, PhD	(585) 271-6030, https://www.urmc.rochester.edu/people/21770081-deanna-p-sams	120 Allens Creek Rd, Rochester, NY 14618	Families, Children (3+), Adolescents (12+)	Unsure
Dr. Todd Deneen	(585) 632-5037, https://deneenpsychservices.com/ , deneenpsychservices@gmail.com	2509 Browncroft Boulevard Suite 109 Rochester, NY 14607	Families, Children (6+), Adolescents (12+)	Excellus. BCBS, Medicare, Healthy NY
Dr. Lori R. Costa-Mitrano, PsyD	(585) 586-2223	500 Helendale Rd, Rochester, NY 14609	Families, Adolescents (12+)	Excellus, Aetna

Dr. Sherry Schwartz, PhD	(585) 286-5384, https://www.psychologytoday.com/us/therapists/sherry-z-schwartz-rochester-ny/160808	132 Allens Creek Road Rochester, New York 14618	Couples, Families, Children (3+), Adolescents (12+), Adults	Excellus, Aetna, Cigna
Tara Russow, PhD	(585) 442-4447, https://www.russowconsulting.com/assessment_and_evaluation.php	120 Allens Creek Road Rochester, NY 14618	Adolescents (12+), Adults	Various – often referred via ACCES-VR to ensure coverage of benefits • Adaptive assessment • Psychologist assessments
Dr. Karen Connors, PhD	(585) 271-4030	120 Allens Creek Rd, Rochester, NY 14618	Families, Children (3+), Adolescents (12+)	Excellus, Aetna, Cigna, MVP
Dr. Robert Robbins, PhD	(585) 381-1731	100 Linden Oaks Ste 102 Rochester, NY 14625	Families, Adolescents (12+)	Excellus, Aetna
Dr. David Driscoll, PhD	(585) 248-8740	2505 East Ave #108, Rochester, NY 14610	Families, Children (6), Adolescents (12+)	Excellus
Dr. Angela Stewart, PhD	(585) 427-7333	440 White Spruce Blvd Rochester, NY 14623	Families, Children (6+), Adolescents (12+)	Unsure
Dr. Cara Regan, PhD	(585) 586-8550	121 Sully's Trail #5, Pittsford, NY 14534	Families, Children (3+), Adolescents (12+)	Excellus, Excellus Choice Option Cigna, MVP
Dr. Camille Simonetti, PhD	(585)204-7061, cam.simonetti@gmail.com , http://www.csimonettiphd.com/about	141 Sully's Trail Suite #7B Pittsford, New York 14534	Families, Adolescents (12+), Adults	Excellus, Aetna
Dr. Kristen Davidson, PhD	(585) 797-7084	1175 Pittsford Victor Rd Suite 100 Pittsford, New York 14534- 3811	Families, Children (6+), Adolescents (12+)	Excellus, Excellus Choice Option, Aetna, MVP
Dr. Mark Brogan, PhD	(585) 234-9494	40A Grove St Pittsford, NY 14534	Families, Adolescents (12+), Adults	Excellus, Excellus Choice Option, Aetna, MVP, Fidelis

Dr. Justin Russotti, PhD	(585) 366-8939, https://kaleidoscopewellness.org/	95 Allens Creek Road Building 1 Suite 273 Rochester, New York 14618	Families, Children (3+), Adolescents (12+), Adults	No, Private pay
Dr. Kate Taylor, PhD	(585) 351-9737	1175 Pittsford-Victor Road Suite 100, Pittsford, New York, 14534,	Families, Adolescents (12+), Adults	Unsure
Dr. Miriam Iker, PhD	(585) 377-3540	21 Willow Pond Way, Penfield, NY 14526	Families, Children (6+), Adolescents (12+), Adults	Excellus
Dr. Kathryn Bamford, PhD.	(585) 259-4792	Telehealth	Families, Adults	
Dr. Kathleen Wright-Knothe, Ph.D.	(585) 314-0274, kwknothe@gmail.com	Telehealth	Families, Adults (18+) *Does not work with Borderline Personality or Disordered 4-5*	Excellus, BCBS, Aetna, Cigna, MVP Health Care, Medicare
Dr. Ernesto Michelucci, Ph.D.	(585) 615-5036, https://www.psychologytoday.com/us/therapists/ernesto-michelucci-pittsford-ny/178964?sid=5fd0f0be7fe21&name=Ernesto+Michelucci%2C&ref=1&tr=ResultsName	20 Office Parkway Suite #113 Pittsford, NY 14534	Families, Adults	Excellus, BCBS, Aetna Beacon, Cigna. Empire BlueCross, MVP Health Care, Medicare, Optum
Dr. Michael D. Griffin, Ph.D.	(716) 636-1375	9750 Transit Rd, East Amherst, NY 14051	Families, Children (6+), Adolescents (12+) *Specializes in evaluation and treatment of behavioral & emotional challenges*	
Dr. Jennifer Lukomski, Ph.D.	(585) 485-4292		Families, Adolescents (15+) *EMDR Certified & ASL Proficient*	Unsure

Dr. Ilisa Stein, Psy.D	(585) 364-2553, ilisa.stein2@gmail.com	Telehealth	Adolescents (14+), Adults	Excellus, Aetna, Cigna, MVP, Medicare
Dr. Paul Decancq, Psy.D.	(585) 577-7830		Adults (focus on Men's issues & PTSD)	
Dr. Lindsay Henderson, PsyD	(585) 229-8747, LindsayHenderson@DrLindsayHenderson.com , https://drlindsayhenderson.com/	Sunset Boulevard, Pittsford, NY 14534	Families, Adolescents (16+), Adults (**Parent Guidance Specialty**)	Private Pay (\$110 per 50 Minute Session)
Dr. Amber Keshishian, PhD	(585) 244-4161, https://www.goodbrain.co/ ,	130 Allens Creek Road Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults **OCD specialty**	Aetna, MVP, Cigna (others)
Dr. Margo J Markesteijn: LCSW & PhD	(585) 612-5478, https://www.psychologytoday.com/us/therapists/margo-j-markesteijn-rochester-ny/152973	595 Blossom Road Suite 301-c Rochester, NY 14610	Families, Children (6+), Adolescents (12+), Adults **Holistic specialty**	Excellus, BC/BS, Aetna
Dr. Paul Schwartzman, Fairport Counseling	(585) 377-2720, http://www.fairportcounselingservices.com/ , https://www.psychologytoday.com/us/therapists/male/ny/mendon/448772?sid=613a42b9ccc2b&zipdist=7&spec=326&ref=1	307 Packetts Landing, Fairport, NY	Families, Adolescents (14+), Adults	Excellus, Aetna, Cigna, MVP
Genesee Valley Institute of Psychology	(585) 201-8017, Fax (585) 495-2384, https://gviproc.org/contact-us	200 White Spruce Blvd, Suite 220, Rochester, NY, 14623	Families, Children (4+), Adolescents (12+), Adults	Excellus, Aetna, Sliding Fee

Psychological Assessments				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Rochester Resiliency Center	Phone: (585) 351-9737 Fax: (844) 626-2453 https://www.resilientrochester.com/newpatients , https://www.resilientrochester.com/services-offered	1175 Pittsford-Victor Road, Suite 120 & 125 Pittsford, NY 14534	Families, Children (6+), Adolescents (12+), Adults	Yes, Varies

Dr. Kelly Newby, Psychologist	(585) 448-0936, Fax: (585) 448-0973, https://www.drkellynewby.com/contact.php (Psychological assessments)	2450 West Ridge Road Suite 303 Rochester, NY 14626	Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, Fidelis, MVP, UHC, Medicaid, Medicare
Rochester Psychological Assessment & Testing	(585) 586-1600 https://www.rochesterpsychtesting.com/	100 Linden Oaks, Suite 200, Rochester, NY 14625	Families, Children (5+), Adolescents (12+), Adults	No but offers various payment and superbills for insurance reimbursement
Peterson Psychological Services, PLLC	(585) 563-8284, https://petersonpsych.com/	2349 Monroe Avenue Rochester, NY 14618	Adolescents (12+), Adults ** Focus on Clinical & Forensic Assessments for Legal Proceedings **	No, Private Pay or Paid By Court/Legal
Meaningful Life Psychological Services	Phone: (585) 557-2389, Fax: (585) 310-7165 contact@mlpsroc.com , https://www.mlpsroc.com/about	625 Panorama Trl, Ste 1120 Rochester, NY 14625	Families, Children (5+), Adolescents (12+), Adults	No, Private Pay
Dr. Christopher Dehon, Psychologist	(585) 598-4344, drchrisdehon@gmail.com (provides individual counseling supports but offers educational evaluations and assistance with the system as well)	919 Winton Road South Suite 304 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Excellus. CHP, Aetna, UHC, Fidelis, Univera
Dr. Christopher Dehon, Psychologist	(585) 598-4344, drchrisdehon@gmail.com (provides individual counseling supports but offers educational evaluations and assistance with the system as well)	919 Winton Road South Suite 304 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Excellus. CHP, Aetna, UHC, Fidelis, Univera

Children Therapists (4-5+)				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance

Villa of Hope Behavioral Health Clinic	(585) 328-0834, cdcclinic@villaofhope.org , mhclinic@villaofhope.org , http://villaofhope.org/Programs-Services/Behavioral-Health	1099 Jay Street, Building J, Rochester, NY	Families, Children (5+), Adolescents (12+), Adults	All
Catina Richardsen, LMHC	(585) 622-5063 (text or call), catina.lmhc@gmail.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html	25 Canterbury Road, #301 Rochester, NY 14607	Families, Children (2+), Adolescents (12+)	Excellus
Serenity Life: Mattye McKibben	(585) 210-0150, https://serenitylifecounselingservices.com/	Serenity Life Creative Arts Therapy PLLC Webster, NY 14580	Families, Children (2+), Adolescents (12+)	Yes, Varies
Jewish Family Services Counseling Center	(585)562-9771, hstarks@jfsrochester.org , https://jfsrochester.org/counseling-wellness/	441 East Ave Rochester, NY 14607	Families, Children (2+), Adolescents (12+)	Various
Jenny Mural, LCSW-R	(585) 512-8626, Jennifermural@gmail.com	95 Allens Creek, Bldg 2, Suite 330, Rochester, New York 14618, United States	Families, Children (2+), Adolescents (12+)	No, Private Pay
Jamie Williams, LMHC, NCC	Jamiejwilliamslmhc@gmail.com	Rochester, NY	Families, Children (4+), Adolescents (12+)	No, Private Pay
Erica Lannon, LMHC, CCPT (Certified Child Centered Play Therapist)	(315) 573-9246, https://www.psychologytoday.com/us/therapists/erica-b-lannon-fairport-ny/423192	625 Ayrault Road, Fairport, NY	Families, Children (6+), Adolescents (12+)	Aetna, United Healthcare, Cigna
Jillian Burgess, LMHC, NCC	(585) 210-8062, jillianburgesslmhc@gmail.com , https://secure.helloalma.com/providers/jillian-burgess/	Teletherapy only	Families, Children (2+), Adolescents (12+)	Aetna, Cigna, UHC, UMR, Oscar Health
Dr. Brian Harrison, Psychologist	admin@bryanharrisonphd.com , http://www.bryanharrisonphd.com/services	610 Pittsford-Victor Road, Pittsford, NY, 14534	Families, Children (4+), Adolescents (12+), Adults ** Will complete evaluations for babies as well **	Excellus, Aetna

Dr. Paul Howe, Psychologist	(585) 223-6510, https://www.paulhowesphd.com/	120 Allens Creek Rd., Bldg 120 Rochester, NY 14618 (585) 223-6510	Families, Children 5+), Adolescents (12+), Adults	Aetna, BC/BS, Cigna, Excellus, MVP
Ellie Mental Health	(585) 207-8237, (585) 283-0850 – Fax number ellieNY08801@elliementalhealth.com , https://elliementalhealth.com/locations/rochester-ny/	3019 Monroe Ave Suite 200R, Rochester, NY 14618	Families, Children (4+), Adolescents (12+), Adults	Aetna, Cigna/Evernorth, Optum, Self Pay
Christy Paradise, LCSW-R	(585) 366-0050, therapy@christyparadise.com , http://www.christyparadise.com/	97 Canal Landing Blvd Suite 8A Rochester, NY 14626	Families, Children (4+), Adolescents (12+), Adults	Excellus, Excellus Choice Option, Aetna, Cigna, MVP, Fidelis, UHC, CHP
Peggy Derivan, LMHC: Discoveries Counseling	(585) 544-5342, peggy@discoveries-counseling.com ,	590 Titus Ave. Rochester, NY 14617	Families, Children (4+), Adolescents (12+), Adults	Excellus, Aetna, Tricare, Fidelis Care, Lifetime Benefit Solutions, EAP providers.
Barbara Higgins, LCSW-R	(585) 503-6805, bhiggins@bhigginstherapy.com , https://www.bhigginstherapy.com/	2300 East Ave, Rochester, NY 14610	Families, Children (2+), Adolescents (12+), Adults	No, Private Pay
Saralicia Hernandez, MA, MFT- LP, CCPT	(585) 500 9420, treeofhopecounselingrochester@gmail.com , http://www.treeofhopecounselingrochester.com/read- about-our-therapists.html	2300 East Ave, Rochester, NY 14610	Families, Adolescents (12+)	Unsure
Women's Health & Family Therapy: Kristie Jewitt, LMFT	(585) 244-4161, info@kristiejewitt.com , http://kristiejewitt.com/new_patients.html	The Park at Allens Creek, 130 Allens Creek Road, Rochester, NY 14618	Families, Children (6+), Adolescents (12+)	No, Private Pay
Sankofa Counseling	(585) 491-6646, kullman@sankofafamilycounseling.com , https://www.sankofafamilycounseling.com/	1400 Portland Ave. Ste. #54 Rochester, NY 14621	Families, Children (3+), Adolescents (12+), Adults	BC/BS, Excellus, Cigna, Medicare, Independent Health, MVP, Blue Cross Blue Shield of Western NY. Aetna
Kait Towner, LMHC	(585) 206-1506, https://www.kaittowner.com/#home	644 Titus Avenue Rochester, NY 14617	Families, Children (3+), Adolescents (12+), Adults	No, Private Pay
Serenity Life: Mattye McKibben	(585) 210-0150, https://serenitylifecounselingservices.com/	Serenity Life Creative Arts Therapy PLLC Webster, NY 14580	Families, Children (5+), Adolescents (12+)	No, Private Pay

Marissa Ross, LMHC	(585) 481-8602,	120 Allens Creek Road, Suite 130, Rochester, NY 14618	Families, Children (5+), Adolescents (12+)	No, Private Pay
Madeline Micciche-Calagno, LCSW-R	(585) 746-2191	95 Allens Creek Rd, Rochester, NY 14618	Families, Children (4+), Adolescents (12+)	Excellus
Carl Christensen, LCSW-R, North Coast Counseling	(585) 262-4303, carlc@northcoastcounselingny.com , http://northcoastcounselingny.com/index.html	277 Alexander St Suite 306 Rochester, NY 14607	Families, Children (4+), Adolescents (12+), Adults	Excellus, Excellus BCO, Aetna, Cigna, Medicare, MVP/MVP Option, CHP, FHP
Elizabeth MacKinnon, LCSW- R	(585) 313-7100, eamac@twc.com	497 Beahan Road, Rochester, NY	Families, Children (4+), Adolescents (12+), Adults	Unsure
Nazareth College Play Therapy Clinic	(585) 389-2545, sdemanc8@naz.edu , https://www2.naz.edu/york-wellness-rehabilitation-institute/clinic-care/play-therapy/	4245 East Ave, Rochester, NY 14618, York Wellness and Rehabilitation Institute 263	Children (3-10 y/o)	Low-cost care & financial support for families
Janet Wiesensel, LCSW-R	(585)-377-6470, ext. 3, janetweisensel4@gmail.com	401 Pennbrooke Drive, Building 2, Suite K, Penfield, NY	Families, Children (4+)	No, Private pay
Regina Gonek, LCSW-R	(585) 733-3531, ReginaGonek@gmail.com , https://sites.google.com/site/reginagonek/services?authuser=0	25 Canterbury Rd Suite 305 Rochester, New York 14607	Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, MVP, Cigna, Lifetime Benefits, Tricare
Dr. Melissa Almendinger, Psychologist	(585) 382-1833, malmendingerpsyd@gmail.com , https://www.psychologytoday.com/us/therapists/melissa-almendinger-victor-ny/872037	10 East Main Street, Suite 306, Victor, NY 14564, (585) 382-183	Families, Children (2+), Adolescents (12+)	Excellus, BC/BS, Anthem
Amy Thomas, LCAT (Licensed Creative Art Therapy), MT-BC (Music Therapy - Board Certified),	(585) 750-1156, amythomastherapy@gmail.com	401 Penbrooke Drive, Penfield NY	Families, Children (3+), Adolescents (12+)	No, Private Pay
Andrea Marron, LCSW	(585) 410-7486, Andrea.M.Marron@gmail.com , https://andreamarroncounseling.com/	95 Allens Creek Road, Building 2, Suite 17 Rochester, New York 14618	Families, Children (6+), Adolescents (12+), Adults	No, Private Pay

Soulshine Pediatric Integrative Health – Shari Hogan (C.P.N.P.) & team	(585) 797-9417, https://soulshineforhealing.com/	40 Clinton Street, Brockport, NY	Families, Adolescents (12+), Adults	Excellus BCO, CHP, BC/BS & Medicaid
Peace Project Mental Health Counseling PLLC	(585) 206-8060, Peaceproject.life@gmail.com , https://www.peaceproject.life/	Teletherapy only	Families, Children (2+), Adolescents (12+), Adults	No, Private Pay
Claire M Higman, LCSW	(585) 206-7798, https://www.upstate.support/ , claire@upstate.support	21 Willow Pond Way Suite 201 Penfield, NY 14526	Families, Children (5+) Adolescents (12+), Adults	Excellus, Aetna, MVP
Dr. Clarissa Wood, Psychologist	(585) 978-7937, https://illuminatepsc.com/	110 Allen's Creek Road Suite 230 Rochester, NY 14618	Families, Children (5+) Adolescents (12+), Adults	Excellus, Aetna, Cigna, MVP
Tree of Hope	(585) 500 9420, treeofhopecounselingrochester@gmail.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html Complete screening tool: https://docs.google.com/forms/d/e/1FAIpQLScP3tw2FmyWtaNHBmDeCgqb9xM9Wkh9VwgucDeN0CgpymBo/viewform	2300 East Ave, Rochester, NY 14610	Families, Children (2+), Adolescents (12+)	Various
Mindful Psychology:	(585) 510-0015, admin@mindfulpsychology.us , https://www.mindfulpsychology.us/contact	3200 Brighton Henrietta TL Road Rochester, NY 14623 500 Helendale Road Suite 160 Rochester, NY 14609	Families, Children (4+), Adolescents (12+)	Various
Ontario County				
Family Counseling of the Finger Lakes	familycounseling@fcsfl.org , https://fcsfl.org/ • Geneva (Main office): 315-789-2613 • Canandaigua: 585-394-8220 • Newark: 315-331-8494	Multiple locations in the Finger Lakes area: • Geneva • Canandaigua • Newark • Rochester • Seneca Falls • Penn Yann	Families, Children (3+), Adolescents (12+)	Various Insurances Accepted

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OPWDD				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
URMC: Levine Autism Clinic	(585) 275-2986, https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services/levine.aspx - Mary Brzustowicz (bilingual navigator): (585) 273-4513	200 East River Road, Rochester, NY, 14623	Families, Children (5+), Adolescents (12+), Adults	Various
Rochester Regional Center for Autism Spectrum Disorders (RRCASD)	https://www.urmc.rochester.edu/strong-center-developmental-disabilities/programs/rochester-regional-ctr-autism-spectrum-disorder.aspx	200 East River Road, Rochester, NY, 14623	Families, Children (5+), Adolescents (12+), Adults	Various
URMC: Levine Center, Family Navigators	Autism Family Navigation: (585) 273-4513, https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services/levine.aspx Our family navigator works with families to understand the diagnosis and how to help their child. We connect families with mentors and help them understand educational and community systems that they will need to work with. We provide information on community organizations and link families to supports and services. Si quiere hablar en español con una de nuestras Family Navigators, puede llamar al (585) 273-4513.	200 East River Road, Rochester, NY, 14623	Families, Children (5+), Adolescents (12+), Adults	Various
Presence Developmental & Counseling Services	(315) 515-5183, info@presencedevelopmental.com , https://presencedevelopmental.com/ Online referral form: https://presencedevelopmental.com/make-a-referral	115 Fall Street Seneca Falls, NY 13148 (Serves Monroe, Ontario, Seneca)	Families, Children (6+), Adolescents (12+), Adults	OPWDD Medicaid
Autism UP! (Located in the Golisano Autism Center)	(585) 248-9011, https://autismup.org/ , contact@autismup.org	50 Science Parkway Rochester, NY 14620	Families, Children (6+), Adolescents (12+), Adults	Various
Applied ABC	(585) 685-2385, https://www.appliedabc.com/location-list/new-york-rochester-autism-therapy-at-home-applied-behavior-analysis-aba	75 South Clinton Ave. Suite 510 Clinton Square Rochester, NY 14604	Families, Children (6+), Adolescents (12+)	Various
Center for Autism & Related Disorders (CARD)	(585) 377-6590, https://www.centerforautism.com/	6 N Main St #110 Fairport, NY 14450	Families, Children (6+), Adolescents (12+)	Various

Mary Cariola Enhanced Waiver Program	https://www.marycariola.org/community-and-residential , Maureen Shaffer at mchaffer@marycariola.org , (585) 359-0761	1000 Elmwood Ave., Suite 100 Rochester, NY 14620	Families, Children (6+), Adolescents (12+)	Various
Autism Learning Partners	(888) 805-0759, admissions@autismlearningpartners.com , www.autismlearningpartners.com	620 Park Avenue, Suite 246 Rochester, NY 14607	Families, Children (6+), Adolescents (12+)	Various
ACCESS-VR	(585) 238-2900, http://www.acces.nysed.gov/vr/apply-vocational-rehabilitation-services#orientation	109 S Union St, Rochester, NY 14607	Families, Adolescents (16+)	N/A
Dr. Dan Mruzek, Psychologist	(585) 766.2430, rochester@proudmomentsaba.com , https://www.proudmomentsaba.com/about-aba-1	Rochester, NY	Families, Children (6+), Adolescents (12+)	Various **Autism Specialty**
Tara Russow, PhD	(585) 442-4447, https://www.russowconsulting.com/assessment_and_evaluation.php	120 Allens Creek Road Rochester, NY 14618	Adolescents (12+), Adults	Various – often referred via ACCES-VR to ensure coverage of benefits • Adaptive assessment • Psychologist assessments
Meghan Fox, PsyD	(585) 201-8008, Voice & Text: (585) 633-8758 Video Phone: (585) 286-4393, meghan@meghanlfoxpsyd.com , https://meghan-l-fox-psyd.business.site/ ** Fluent in ASL **	2535 Brighton Henrietta Town Line Road Rochester, NY 14623 USA	Families, Children (6+), Adolescents (12+), adults	Excellus BC/BS, Aetna, Medicare
Prime Care Services	General Information: 1-844-347-3168, info@primecareny.org , https://primecareny.org/enroll Western New York: (716) 392-4812 Finger Lakes: (585) 217-3233 Central New York: (315) 584-3635 Southern Tier: (607) 222-9156 Mohawk Valley: (315) 584-3636	Rochester, NY	Children (Birth+), Adolescents (12+)	OPWDD Medicaid, Various

Person Centered Services	Enrollment & Eligibility: (855) 208-3533, General Inquiries (888) 977-7030, customerservice@personcenteredservices.com Intake Coordinator: (585) 689-7459, aalbanese@personcenteredservices.com	2060 Brighton-Henrietta Town Line Rd, Rochester, NY 14263	Children (Birth+), Adolescents (12+)	OPWDD Medicaid, Various
Dr. Bryan Harrison, Psychologist	admin@bryanharrisonphd.com , http://www.bryanharrisonphd.com/services	610 Pittsford-Victor Road, Pittsford, NY, 14534	Families, Children (4+), Adolescents (12+), Adults	Excellus, Aetna
Soul Shine Counseling: Jane Cottier, LCSW	(585) 465-3182, https://www.soulshinecounseling.co/#about	2220 South Clinton Avenue Brighton, NY 14618-2622	Families, Children (8+) Adolescents (12+), Adults	Excellus, Aetna, MVP, MCO (Medicaid)
Dr. Colleen Saar, PhD	(585) 880-8640, csaar@rocneuropsych.com , https://www.rocneuropsych.com/contact.html	6780 Pittsford Palmyra Rd. 3D, Fairport, New York 14450	Families, Children (6+), Adolescents (12+), adults	Excellus, Aetna, BC/BS, MVP
Kristin Luce, LCSW	585-237-8616, Kristinluce@NLtherapy.org , https://www.therapyden.com/therapist/kristin-luce-rochester-ny	95 Allens Creek, Building 2, Suite 330, Rochester, NY	Families, Children (6+), Adolescents (12+)	No, Private pay
Meghan Fox, Psyd	(585) 201-8008, Voice & Text: (585) 633-8758 Video Phone: (585) 286-4393, meghan@meghanlfoxpsyd.com , https://meghan-l-fox-psyd.business.site/ ** Fluent in ASL **	2535 Brighton Henrietta Town Line Road Rochester, NY 14623 USA	Families, Children (6+), Adolescents (12+), adults	Excellus BC/BS, Aetna, Medicare
WNY Center for Children and Families Psychological and Educational Services - Dr. Justin Naylor	(716) 531-8050, support@wnyccf.com , https://wnyccf.business.site/?utm_source=gmb&utm_medium=referral	792 B Davison Road Lockport, New York 14094	Families, Children (4+), Adolescents (12+), Adults	Highmark Blue Cross of WNY, Fidelis Care, Independent Health, Univera, Aetna, UHC
Magyar Psychological Services: Dr. Caroline Magyar, Psychologist & ABS	(585) 797- 8802, Fax (585) 347- 4759, info@magyarpsychservices.com , https://www.magyarpsychservices.com/index.cfm?Page=About	70 Linden Oaks, 3rd Floor, #25 Rochester, NY 14625	Assessment Services: Adolescents (12+), Adults Treatment Services:	Excellus BCBS, Aetna, Cigna. Does NOT accept Blue Choice Option, Essential Plan, HMO Blue Option, Blue Option Plus, Child

			Adolescents (17+), Adults	Health Plus and Medicaid
Outside of Monroe County (Livingston, Genesee, Wyoming, Steuben, Erie)				
Legal Aid Society, Youth Advocates	• Laura Calla: (585) 297-3466 • Stewart Atkin: (585) 243-7944	Livingston, Genesee & Wyoming Counties	Family & children support services	N/A
OPWDD Intake – Livingston & Steuben County	• Jean Angilili: (585) 519-5709	Livingston, Wayne & Steuben Counties	Family & children support services	OPWDD Medicaid
APIC	(716) 406-7005, info@apicout.org , http://apicout.org/about/	928 French Rd., Bldg. #1 Cheektowaga, NY 14227	Family supports, pharmacological interventions, mobile supports	OPWDD Medicaid

Educational Supports				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Dr. Dan DeMarle, PhD	(585) 730-8888, ddemarle@yahoo.com , https://demarleinc.com/	1501 East Avenue, Rochester, NY 14610	Families, Children (4+), K-12 Supports	No, Private Pay; Offers sliding fee scale
Educational Solutions, CNY	(315) 320-6404, info@educationalsolutionscny.com , https://www.educationalsolutionscny.com/services.html	118 Julian Place P.O. Box: # 943 Syracuse, NY 13210	Families, Children (4+), K-12 Supports	No, Private Pay; Offers sliding fee scale
Dr. Christopher Dehon, Psychologist	(585) 598-4344, drchrisdehon@gmail.com (provides individual counseling supports but offers educational evaluations and assistance with the system as well)	919 Winton Road South Suite 304 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Excellus, CHP, Aetna, UHC, Fidelis, Univera
Dr. Kelly Newby, Psychologist	(585) 448-0936, Fax: (585) 448-0973, https://www.drkellynewby.com/contact.php (Psychological assessments)	2450 West Ridge Road Suite 303 Rochester, NY 14626	Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, Fidelis, MVP, UHC, Medicaid, Medicare
Penfield Psychiatry	(585) 388-6000 (Penfield), info@penfieldpsych.com http://penfieldpsych.com/wp-content/uploads/2018/08/Penfield-Psychiatry-ADD-ADHD.pdf	481 Penbrooke Drive - Suite 6 Penfield, NY 14526	Families, Children (4+), Adolescents (12+), Adults	Excellus, Aetna, MVP (possibly others, noted outreach for more information)
Rochester Resiliency Center	Phone: (585) 351-9737 Fax: (844) 626-2453	1175 Pittsford-Victor Road, Suite 120 & 125 Pittsford, NY 14534	Families, Children (6+), Adolescents (12+), Adults	Yes, Varies

	https://www.resilientrochester.com/newpatients , https://www.resilientrochester.com/services-offered			
Meghan Fox, Psyd	(585) 201-8008, Voice & Text: (585) 633-8758 Video Phone: (585) 286-4393, meghan@meghanlfoxpsyd.com , https://meghan-l-fox-psyd.business.site/ ** Fluent in ASL **	2535 Brighton Henrietta Town Line Road Rochester, NY 14623 USA	Families, Children (6+), Adolescents (12+), adults	Excellus BC/BS, Aetna, Medicare
Dr. Brian Harrison, Psychologist	admin@bryanharrisonphd.com , http://www.bryanharrisonphd.com/services	610 Pittsford-Victor Road, Pittsford, NY, 14534	Families, Children (4+), Adolescents (12+), Adults	Excellus, Aetna
Dr. Clarissa Wood, Psychologist	(585) 978-7937, https://illuminatepsc.com/	110 Allen's Creek Road Suite 230 Rochester, NY 14618	Families, Children (5+) Adolescents (12+), Adults	Excellus, Aetna, Cigna, MVP
Starbridge Educational Supports: Sue Wyatt	585-224-7350, swyatt@starbridgeinc.org , https://www.starbridgeinc.org/how-we-can-help/with-school	1650 South Avenue, Suite 200 Rochester, NY 14620	Families, Children (6+), Adolescents (12+)	Various
Mental Health Association: Maria Cruz, Program Manager	(585) 325-3145 x152, mhafssreferral@mharochester.org , https://www.mharochester.org/services/family-support/	320 N. Goodman Street Rochester, NY 14607	Families, Children (6+), Adolescents (12+)	Various
Outside of Monroe County (Livingston, Genesee, Wyoming)				
Legal Aid Society, Youth Advocates	- Laura Calla: (585) 297-3466 - Stewart Atkin: (585) 243-7944	Livingston, Genesee & Wyoming Counties	Family & children support services	N/A

Bilingual Clinicians				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Hilda Santos, LCSW	(585) 678-6193	945 E Henrietta Rd Rochester, NY 14623	Families, Adolescents (11+), Adults	No, Private Pay
Vilma Vendrell, LCSW	(585) 502 -1445, VLVCounseling@outlook.com , scheduling: https://vlvcounseling.clientsecure.me	36 Winthrop Street, Rochester, New York 14607	Families, Adolescents (14+), Adults	Aetna, Beacon Health Options, Carelon, BC/BS, CDPHP, Excellus BC/BS, Highmark BCBS of Western New York,

				Medicaid, Medicare, MVP Health Care, Optum, UHC
Leslie Villodas, LMHC	(585) 270-1766, LesVillodas@gmail.com , https://www.leslievillodas.com/	Rochester, NY 14626	Families, Children (6+), Adolescents (12+), Adults	Aetna, Cigna, UHC
Interact Counseling: Christopher Charlton, LCSW	(585) 388-8010, interact@interactcounseling.com , http://interactcounseling.com/staff/christopher-j-charleton - Speaks German	2136 Penfield Road Penfield, NY 14526 (585) 302-4198	Families, Adolescents (12+)	No, Private Pay
Maria Canete, LCSW	(585) 367-4836	945 East Henrietta Road, Suite A2 Rochester, NY 14623	Families, Adolescents (14+), Adults	No, Private Pay
Pathways Counseling and Educational Services: Richard Ferguson, LMHC	(585) 542-8909, http://pathwaysmhc.org/	100 White Spruce Blvd Suite L303 Rochester, NY 14623	Families, Children (6+), Adolescents (12+), Adults	Excellus, Empire, Aetna, Cigna, MVP, Fidelis, Tricare
Linda Casira, LMHC	(585) 978-6949, https://www.lindacasiralmhc.com/	87 North Clinton Avenue, Suite 409 Rochester, NY 14604-1453 United States	Families, Children (6+), Adolescents (12+), Adults	Cigna, UHC
Claire M Higman, LCSW	(585) 206-7798, https://www.upstate.support/ , claire@upstate.support	21 Willow Pond Way Suite 201 Penfield, NY 14526	Families, Children (5+), Adolescents (12+), Adults	Excellus, Aetna, MVP
Mary Gomez DeSantis, LMSW CASAC	(585) 378-5289, https://www.psychologytoday.com/us/therapists/mary-gomez-desantis-rochester-ny/168144	Counseling Services 945 East Henrietta Road Suite 2A Rochester, NY 14623	Families, Adolescents (12+), Adults	No, Private Pay
Saralicia Hernandez, MA, MFT-LP, CCPT	(585) 500 9420, treeofhopecounselingrochester@gmail.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html	2300 East Ave, Rochester, NY 14610	Families, Adolescents (12+)	Unsure

Anxiety & Depression				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Regina Gonek, LCSW-R	(585) 733-3531, ReginaGonek@gmail.com , https://sites.google.com/site/reginagonek/services?authuser=0	25 Canterbury Rd Suite 305	Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, MVP, Cigna, Lifetime Benefits, Tricare

		Rochester, New York 14607		
Live Well Webster Mental Health Counseling	(585) 484-7172, karyn@webstermentalhealth.com , https://www.webstermentalhealth.com/ Practice Manager: Karyn Dietz, LMHC	807 Ridge rd, Suite 203, Webster, NY 14580	Families, Children (6+), Adolescents (12+), Adults	Various Insurances Accepted
Crossbridge Wellness	(585) 473-2673, Fax: (585)473-2678, therapists@crossbridgewellness.com , https://www.crossbridgewellness.com/	2000 S Winton Rd Crossbridge Office Park Bldg 4 Suite 200, Rochester, NY, 14618, United States	Families, Children (6+), Adolescents (12+), Adults	Various
New Beginnings, Stephanie Geter, PsyD	(585) 287-2426, https://newbeginningsps.com/ , info@family-psychiatry.com	110 Allens Creek Road, Rochester, NY 14618	Families, Adolescents (12+), Adults	Excellus BC/BS
Kevin Markman, LCSW	(585) 442-1616	877 Elmwood Ave Rochester, NY 14620	Families, Adolescents (16+), Adults	Unsure
Dr. Paul Howe, Psychologist	(585) 223-6510, https://www.paulhowesphd.com/	120 Allens Creek Rd., Bldg 120 Rochester, NY 14618 (585) 223-6510	Families, Children 5+), Adolescents (12+), Adults	Aetna, BC/BS, Cigna, Excellus, MVP
Lori Toscano, LCSW-R	(585) 682-8783, https://www.theravive.com/therapists/lori-toscano.aspx	95 Allens Creek Road, Building 1, Suite 125, Rochester, NY 14618	Families, Adolescents (12+), Adults	Excellus BC/BS, Aetna
The Center for Self Enhancement: - Mark Head, LCSW-R - Brian Head, LMSW	(585) 507-2871, https://centerforselfenhancement.com/contact/	1580 Elmwood Ave Upper Level Suite A Rochester NY 14620	Families, Adolescents (12+), Adults	Aetna, Excellus BC/BS, MVP
Mind, Body and Soul Counseling	(631) 885-8990, aspinner@mbascounseling.com , https://www.mbasocounseling.com/team-4	24 Main St, Fairport NY 14450	Families, Children (6+), Adolescents (12+), Adults	Excellus, UHC, Aetna, Option Plans, Various
Ellie Mental Health	(585) 207-8237, (585) 283-0850 – Fax number ellieNY08801@elliementalhealth.com , https://elliementalhealth.com/locations/rochester-ny/	3019 Monroe Ave Suite 200R, Rochester, NY 14618	Families, Children (4+), Adolescents (12+), Adults	Aetna, Cigna/Evernorth, Optum, Self Pay
Carrie Medley, LMHC	(585) 286-3246	95 Allens Creek Road Bldg 1, Suite 307 Rochester, NY 14618	Families, Adolescents (12+), Adults	Cigna, UHC, Optum, UMR

Erica Lannon, LMHC, CCPT (Certified Child Centered Play Therapist)	(315) 573-9246	625 Ayrault Road, Fairport, NY	Families, Children (6+), Adolescents (12+)	Aetna, United Healthcare, Cigna
Cheryl Bianchi, LCSW-R Eastside Psychotherapy Associates	(585) 492-6195, https://www.psychologytoday.com/us/therapists/cheryl-a-bianchi-rochester-ny/192496	1441 East Ave Suite 311 Rochester, New York 14610	Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, Cigna, MVP, Humana, Tricare, UHC
Dr. Andrew Connors, PhD	(585) 517-2380	1175 Pittsford Road, Suite 125, Pittsford, NY 14534	Families, Adolescents (12+), Adults	No, Private Pay
Heather Elston, LCSW-R	(585) 484- 9022, https://www.heatherelston.com/#about	625 Panorama Trail Building 2, Suite 200 Rochester, NY 14625	Families, Adolescents (12+), Adults	No, Private Pay Sliding Fee Scale
Rachel Bowen, LMHC	(585) 902-9610, rachelbowencounseling@gmail.com , https://www.rachelbowencounseling.com/	Rochester, NY	Families, Adolescents (12+), Adults	Aetna, Cigna and Evernorth, Empire BC/BS, Oscar Health, Oxford, UHC
Steven Sanfilippo, LMHC	(585) 978-3483, https://www.psychologytoday.com/us/therapists/steven-sanfilippo-rochester-ny/305559	2000 South Winton Road Building 4, Suite 303 Rochester, NY 14618	Families, Adolescents (12+), Adults	Excellus BC/BS
Emma Wirlo, (L)MHC	(585) 476-1228	56 North Main Street Pittsford, NY 14534	Families, Children (6+), Adolescents (12+), Adults	Aetna, Beacon Health, Cigna, Evernorth, Humana, Tricare
Aliyah Mitchell, LMHC	(585) 312-6891, https://www.psychologytoday.com/us/therapists/aliyah-mitchell-rochester-ny/868375	Rochester, NY 14623	Families, Children (6+), Adolescents (12+), Adults	Aetna, Cigna, Empire BC/BS, Optum, Oscar, Oxford, UMR, UHC
West End Psychotherapy: Linda Golden, LCSW-R	(585) 225-9292, lindagoldenlcsw.r@gmail.com	1800 English Road, Suite # 5, Rochester, NY, 14616	Couples, Families, Adolescents (12+)	Excellus
Kara Juszczak, LCSW-R	585-880-8838, kmjbreathe@gmail.com , http://www.kmjcounseling.com/my-practice.html	2300 East Avenue Rochester, NY 14610	Couples, Families, Adolescents (12+), Adults	Excellus, Medicare, Aetna, Independent Health, Lifetime Benefit Solutions
Tracy Bussey, LMHC	(585) 857-6081, tracy@busseyholistictherapy.com , http://busseyholistictherapy.com/	95 Allens Creek Road Building 2, Suite 324 Rochester, NY 14618	Couples, Families, Adolescents (12+), Adults	No, Private pay

Sankofa Counseling	(585) 491-6646, ktillman@sankofafamilycounseling.com , https://www.sankofafamilycounseling.com/	1400 Portland Ave. Ste. #54 Rochester, NY 14621	Families, Children (3+), Adolescents (12+), Adults	BC/BS, Excellus, Cigna, Medicare, Independent Health, MVP, Blue Cross Blue Shield of Western NY. Aetna
Soul Shine Counseling: Jane Cottier, LCSW	(585) 465-3182, https://www.soulshinecounseling.co/#about	2220 South Clinton Avenue Brighton, NY 14618-2622	Families, Children (8+) Adolescents (12+), Adults	Excellus, Aetna, MVP, MCO (Medicaid)
Jenny Mural, LCSW-R	(585) 455-0518, https://psidirectory.com/listing/jenny-mural-lcsw-r.html	95 Allens Creek, Bldg 2, Suite 330 , Rochester, New York 14618, United States	Families, Children (6+), Adolescents (12+)	No, Private Pay
Heather Elston, LCSW-R	(585) 484- 9022, https://www.heatherelston.com/#about	625 Panorama Trail Building 2, Suite 200 Rochester, NY 14625	Families, Adolescents (12+), Adults	No, Private Pay Sliding Fee Scale
Lauren Ayello, LMHC	https://headway.co/providers/lauren-ayello-2?utm_source=pem&utm_medium=direct_link&utm_campaign=32354	Teletherapy	Families, Adolescents (12+), Adults	Aetna, Cigna, Empire BC/BS, Optum, Oscar, Oxford, UHC
Women's Health & Family Therapy: Kristie Jewitt, LMFT	(585) 244-4161, info@kristiejewitt.com , http://kristiejewitt.com/new_patients.html	The Park at Allens Creek, 130 Allens Creek Road, Rochester, NY 14618	Families, Children (6+), Adolescents (12+)	No, Private Pay
Rochester Therapy & Wellness: Andrea Luke, LCSW	(585) 709-8319, andrealukelcsw@gmail.com , https://rochestertherapy.org/	* Telehealth Only at this time *	Families, Children (6+), Adolescents (12+), Adults	Aetna, Cigna and Evernorth, Empire BC/BS, Optum, Oscar Health, Oxford, UHC, UBH
Megan Clifford, LCSW-R	585-433-5919, treeofhopecounselingrochester@gmail.com , https://www.meganclifford.com/	2300 East Ave. Rochester, NY 14610	Families, Children (6+), Adolescents (12+)	Excellus
Brendan Cooper, LCSW	(585)310-8988, https://www.brendancooperlcsw.com/	95 Allens Creek Road Building 1, Suite 268 Rochester, NY 14618	Adults	Excellus, Aetna, MVP, Cigna, United Health, Medicare
Kate L. Dunlavey, LCSW	585-500-9420, treeofhopecounselingrochester@gmail.com ,	2300 East Ave. Rochester, NY 14610	Families, Children (6+), Adolescents (12+)	Unsure

Cemre Korman, LCSW	(585) 484-1848, gembkorman@gmail.com , http://cemrekorman.com/	2300 East Ave. Rochester, NY 14610	Adolescents (10+), Adults	No, Private pay
Kristin Luce, LCSW	585-237-8616, Kristinluce@NLtherapy.org , https://www.therapyden.com/therapist/kristin-luce-rochester-ny	95 Allens Creek, Building 2, Suite 330, Rochester, NY	Families, Children (6+), Adolescents (12+)	No, Private pay
Christine Magee, LMSW	585-500-9420, treeofhopecounselingrochester@gmail.com ,	2300 East Ave. Rochester, NY 14610	Families, Children (6+), Adolescents (12+)	No, Private Pay
Michelle Bowersox, LMHC	(585) 643-1448, https://www.psychologytoday.com/us/therapists/michele-bowersox-fairport-ny/473948	300 Cross Keys Office Park Suite 390 Fairport, NY 14450	Families, Children (6+), Adolescents (12+), Adults	Aetna, Excellus, Optum United Healthcare UHC
Lisa D. Maynard, LMSW	585-507-7588, lmaynard@sativirya.com , http://www.sativirya.com/	2300 East Avenue, Suite 13, Rochester NY 14610	Families, Children (6+), Adolescents (12+)	No, Private pay
Dr. Jay Nittoli, LCSW-R	(585) 510-2233, Jay.Nittoli@gmail.com , https://www.jaynittolipsychotherapy.com/	421 Penbrooke Drive, Suite 2, Penfield, New York 14526	Families, Adolescents (12+)	Excellus
Tara Pierce, LCSW-R	(585) 500 9420, treeofhopecounselingrochester@gmail.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html Complete screening tool: https://docs.google.com/forms/d/e/1FAIpQLScP3tw2FmYWtaNHBMnDeCgqb9xM9Wkh9VwgucDeN0CgpymBog/viewform	2300 East Ave, Rochester, NY 14610	Families, Children (6+), Adolescents (12+)	Excellus, Aetna, Medicaid, Tricare, UHC, Beacon
Douglas Hurlbut, LCSW	(585) 210-2240, http://www.douglashurlbutlcsw-r.com/	625 Panorama Trail Building 2, Suite 200 Rochester, NY 14625	Adolescents (12+) *DBT Specialty*	Excellus, BCBS, Aetna, Medicare, Oscar, Oxford UHC
Serenity Life: Mattye McKibben	(585) 210-0150, https://serenitylifecounselingservices.com/	Serenity Life Creative Arts Therapy PLLC Webster, NY 14580	Families, Children (2+), Adolescents (12+)	Yes, Varies
Bree Scribner, LCSW	(585) 200-3438, https://www.psychologytoday.com/us/therapists/bree-scribner-lcsw-rochester-ny/143392	2300 East Ave. Rochester, NY 14610	Families, Adolescents (11+), Adults	No, Private pay

Alexis Slaninka, LMHC	585-474-5680, ams@alexistherapy.com , http://www.alexistherapy.com/home.html	2300 East Ave. Rochester, NY 14610	Adolescents (12+), Adults	No, Private pay
Jesse Williams, LMHC	585-478-4696, jqw counseling@gmail.com , https://www.jqw counseling.com/	25 Canterbury Rd. Rochester, NY 14607	Young Adults (18+), Adults	No, Private pay
Rachel Zielinski, LCSW-R	(585) 317-2018, HopefulCounseling@gmail.com , http://www.hopefulcounseling.com/	95 Allens Creek Rd. Bldg. 1, Ste. 304 Rochester, NY 14618	Adolescents (12+), Adults (CBT & DBT Skills)	Excellus, Aetna, Medicare, TRICARE, Independent Health, POMCO, Lifetime Benefits, UHC
Lotus Counseling: - Kaitlen Knowles (LCSW)	(585) 734-8713, https://knowleslotuscounselingservices.com/services	920 South Winton Road, Suite 204, Rochester, NY 14618	Adolescents (12+), Adults ** DBT Group for teens **	No, Private Pay & Sliding Fee Scale
Rachel Bowen, LMHC	(585) 902-9610, rachelbowencounseling@gmail.com , https://www.rachelbowencounseling.com/	Rochester, New York 14616	Families, Children (6+), Adolescents (12+)	Aetna, Cigna, Empire BC/BS, Oscar, Oxford, UHC
Vilma Vendrell, LCSW	(585) 502 -1445, VLVCounseling@outlook.com , scheduling: https://vlvcounseling.clientsecure.me	36 Winthrop Street, Rochester, New York 14607	Families, Adolescents (14+), Adults	Aetna, Beacon Health Options, Carelon, BC/BS, CDPHP, Excellus BC/BS, Highmark BCBS of Western New York, Medicaid, Medicare, MVP Health Care, Optum, UHC
Mark & Debbie Greenfeld, LCSW Greenfeld/Eastside Counseling	(585) 425-3700, http://www.greenfeld-counseling.com/	55 Sullys Trail, Suite D Pittsford, NY 14534	Couples, Families, Children (6+), Adolescents (12+), Adults	Excellus, Aetna, MVP, Cigna, United Health, Fidelis
Aaliyah El-Amin-Turner, LMHC	(585) 332-5307,	46 Prince Street Suite LL001 Rochester, New York 14607	Families, Children (6+), Adolescents (12+), Adults	Fidelis
Charles Iker, LCSW-R	(585) 461-4810	160 Allens Creek Rd, Rochester, NY 14618	Adolescents (12+), Adults	Unsure

Amy Normann, LMSW	(585) 410-2691, amynormann@yahoo.com , https://www.amynormann.com/	1441 East Avenue Rochester, NY 14610	Families, Children (6+), Adolescents (12+)	No, Private Pay
Samantha Elaine Golden, LMHC,	(585) 367-4820, https://www.sgoldencounseling.com/	13 Water Street, Suite 3 Brockport, NY 14420	Families, Children (6+), Adolescents (12+), Adults	Aetna, Cigna, Oscar Health, Oxford United Healthcare
Quantum Leap Therapy	(585) 294-1390, hello@qltherapy.com , https://qltherapy.com/	1160F Pittsford Victor Rd Pittsford, NY 14534	Families, Children (6+), Adolescents (12+), Adults	No, Private Pay
New Horizons of the Genesee Valley - Dr. Mark Spezzano (PhD) - Steven French (LMSW)	(585) 624-1350, http://www.nhgv.org/ , nhgv@juno.com	3 Episcopal Ave, Honeoye Falls, NY 14472	Families, Children (6+), Adolescents (12+), Adults	Blue Choice, Aetna, BC/BS, Preferred Care, MHN, Empire, Statewide Independent, Genesee Area Healthcare, RMSCO, Doctor's Health Plan, etc.)
Sara Ormsby, LCSW Webster Counseling	Webster Individual, Marital & Family Counseling (585) 234-6061, sara@webstercounseling.com , http://webstercounseling.com/	98 North Avenue Webster, NY 14580-3041	Families, Adolescents (12+), Adults	No, Private Pay
Andrew Bellush, LMHC	(585) 332-4584, Homeagaincounseling@gmail.com	Fairport, NY 14450	Families, Adolescents (12+), Adults	Aetna, Cigna, Oscar, Oxford, UHC
Whole Wellness Counseling	(585) 598-1927 (Text # 585-730-9769), imlivingwhole@gmail.com , https://www.wholewellnessservices.com/treatmentteam	200 Fairport Rd, Fairport, New York 14450	Families, Children (6+), Adolescents (12+), Adults	Yes, Varies
Life Solutions Clinical Therapy	(585) 225-9720, https://www.lifesolutionspsychotherapy.com/counselors/	20 Arcampus Dr, Rochester, NY 14612	Families, Children (6+), Adolescents (12+), Adults	Yes, Various
Mary Van Voorhis, LCSW	(585) 432-0717, https://www.maryvanvoorhislcsw.com/ , maryvanvoorhislcsw@gmail.com	10 Office Park Way, Pittsford, NY, 14534	Families, Children (6+), Adolescents (12+), Adults	\$95 for the initial 1 hour & \$80 for 45-minute sessions
Lena Kieliszak, LMHC	(585) 805-5719, Lena.Kieliszak@gmail.com , https://lenakieliszak.vpweb.com/about	3380 Monroe Avenue Suite 211 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Excellus, Cigna, Fidelis, Optum

Brian F. Chaffee, LCSW-R	(585) 682-2860, https://www.psychologytoday.com/us/therapists/brian-f-chaffee-fairport-ny/124374 , bchaf@frontiernet.net	6 North Main Street, Suite 150, Fairport, NY 14450,	Families, Adolescents (12+), Adults	Excellus, Aetna, Beacon, BC/BS, MVP
Peaceful Mind Therapy: Nichole Butler, LCSW	(585) 953-8476, https://nicholebutler.com/	625 Ayrault Rd., Fairport, NY 14450	Families, Adolescents (12+), Adults	Excellus, BC/BS
Dr. Aubree Giuffre, Psychologist	(585) 378-5880, https://www.psychologytoday.com/us/therapists/aubree-giuffre-rochester-ny/901331 , agiuffre.phd@gmail.com	1815 South Clinton Avenue, Suite 360, Rochester, NY 14618	Families, Adolescents (12+), Adults	Aetna, Cigna, Evernorth. Excellus BC/BS, Fidelis, MVP
Ontario County				
Donna Selner, LMHC	(585) 229-6949, donna.selner@yahoo.com , https://www.psychologytoday.com/us/therapists/donna-marie-selner-macedon-ny/270033	1025 Brixton Dr Macedon, New York 14502	Families, Children (6+), Adolescents (12+)	No, Private Pay
Maggie Morrissey, LMSW	(585) 326-5849, https://www.psychologytoday.com/us/therapists/maggie-morrissey-victor-ny/485100	New York 96 Victor, NY 14564 (585) 326-5849	Families, Adolescents (12+), Adults	No, Private Pay
Valley Counseling Center • Laurie Walker, LCSWR	(585) 229-7083, https://www.psychologytoday.com/us/therapists/laurie-walker-honeoye-ny/104677	1 Honeoye Commons PO Box 663 Honeoye, NY 14471	Families, Adolescents (10+)	Aetna, Beacon Health Options/Carelon, BC/BS, Empire BC/BS, Excellus BC/BS, Highmark BCBS of Western New York Independent Health, Magellan, Medicare MultiPlan, MVP Health Care, NYSHIP NY, State Empire Plan Optum, Others not listed, TRICARE UHC, Univera
Renew Counseling (formerly Victor Counseling Practice)	585-398-8835, hello@renewhopeandhealing.com , https://renewhopeandhealing.com/	Victor, Henrietta, Pittsford & Penfield Locations	Families, Children (5+) Adolescents (12+), Adults	Various insurances accepted

Hubbard & Welch Therapy: - Dr. Jaman Welch, Psychologist - Uma (Tina) Hubbard, LCSW-R	(585) 412-9187, Fax# (585) 310-8514, https://hubbardandwelchcounseling.com/ , thubbardlcswr@gmail.com , dr.jamanwelch@gmail.com	275 Parrish Street, Suite A Canandaigua, NY 14424	Dr. Welch: Treatment (16+), Evaluation (8+) Uma Hubbard: Families, Children (4+) Adolescents (12+), Adults	Dr. Welch: Aetna, Excellus/Blue Choice Option, Fidelis, MVP/Beacon, Tricare Uma Hubbard: Excellus/Blue Choice Option, Fidelis, MVP/Beacon
Paige Gayle Blazak, LMHC, CASAC	(585) 378-5751, https://www.psychologytoday.com/us/therapists/paige-gayle-blazak-canandaigua-ny/381405	Canandaigua, NY 14424	Families, Adolescents (14+), Adults	Aetna, Beacon Health, BC/BS, Fidelis, Humana, MVP, Empire, Excellus, MVP, Optum, Tricare, UHC
Southern Tier				
Clinical Associates of the Southern Tier	Corning, Bath & Elmira: (607) 936-1771, https://www.clinicalassociates.org/	77 E 1st St, Corning, NY 14830 209 Liberty St, Bath, NY 14810 311 W Water St, Elmira, NY 14901	Families, Children (6+), Adolescents (12+), Adults	Various
Holly Hill, LMHC & Wendy Pinder, LMHC	(607) 542-9109 Holly: https://headway.co/providers/hollie-hill#intro Wendy: https://headway.co/providers/wendy-pinder#cost	9990 Main St, Dansville, NY 14437	Families, Adults	Aetna, Cigna, Oxford, Oscar, UHC
Spectrum Mental Health	(585) 786-0220, https://www.shswny.org/locations/wyoming-county-counseling-center	34 N Main St, Warsaw, NY 14569	Families, Children (6+), Adolescents (12+), Adults	Various
Clarity Wellness	Warsaw: (585) 786-0190 Allegany: (585) 593-6300 https://www.claritywellnesscommunity.org/	39 Duncan Street, Warsaw, NY 4220 State Rt. 417W, Wellsville, NY	Families, Children (6+), Adolescents (12+), Adults	Various

EMDR Clinicians				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Andy Petronio, LCSW	(585) 312-0280, https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/354975?sid=61b78f79e23c9&ref=7	95 Allens Creek Road Building 2, Suite 219 Rochester, NY 14618	Adolescents (17+), Adults	Excellus, BCBS, Aetna, Cigna, Independent Health, UMR, Beacon Health
Soul Shine Counseling: Jane Cottier, LCSW	(585) 465-3182, https://www.soulshinecounseling.co/#about	2220 South Clinton Avenue Brighton, NY 14618-2622	Families, Children (8+) Adolescents (12+), Adults	Excellus, Aetna, MVP, MCO (Medicaid)
Ellen Simon Irving, LCSW	(585) 460-4406, http://www.ellensimonirving.com/	55 Canterbury Rd Suite 1 Rochester, NY 14607	Adolescents (15+), Adults	Excellus, BCBS, Aetna, Cigna, Medicare
Jayne Abbott, LMHC	(585) 318-8723, https://www.psychologytoday.com/us/therapists/jayne-abbott-canandaigua-ny/713541	5297 Parkside Drive Suite 400 Canandaigua, New York 14424	Families, Children (5+) Adolescents (12+), Adults	Aetna, Cigna, Optum, Oscar, Oxford, UHC
Mind, Body and Soul Counseling	(631) 885-8990, aspinner@mbascounseling.com , https://www.mbasocounseling.com/team-4	24 Main St, Fairport NY 14450	Families, Children (6+), Adolescents (12+), Adults	Excellus, UHC, Aetna, Option Plans, Various
Interact Counseling: Christopher Charlton, LCSW	(585) 388-8010, interact@interactcounseling.com , http://interactcounseling.com/staff/christopher-j-charleton - Speaks German	2136 Penfield Road Penfield, NY 14526 (585) 302-4198	Families, Adolescents (12+)	No, Private Pay
Brittany Raczkiewicz, LMSW	(585) 540-1449, https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/920943?sid=61b78f79e23c9&ref=9	132 Allens Creek Road Suite 200 Rochester, NY 14618	Adolescents (15+), Adults	No, Private Pay
Allison Fitzsimmons, LCAT	(585) 628-2598, Allison.Fitzsimmons.lcat@gmail.com , https://www.psychologytoday.com/us/therapists/allison-s-fitzsimmons-rochester-ny/1181992 *Specializing in Teens and Adults with PTSD, anxiety disorders, mood Disorders, personality disorders, life transitions and survivors of domestic violence. Extensive experience in treating sexual reactivity in teens.	Only only	Families, Adults, Adolescents (12+)	Cigna

Julia Parker, LCSW	(585) 270-7783,	95 Allens Creek Road Building #1 Suite 307 Rochester, NY 14618	Adolescents (17+), Adults	Excellus, BCBS, BCO, Aetna, Medicare
Philippa Proudfoot, LCSW-R	(585) 433-4003, https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/99303?sid=61b78f79e23c9&ref=3	16 North Goodman Street Suite 227 Rochester, NY 14607	Adolescents (15+), Adults	Excellus, BCBS, BCO, Aetna
Sustainable Wellness Practice	(585) 206-2631, https://sustainablewellnessny.com/ , hello@sustainablewellnessny.com	600 Park Avenue Carriage House Rochester, NY 14607	Adolescents (12+), Adults	Various
Lynda Spiegel, LMHC	(585) 670-6388, https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/164938?sid=61b78f79e23c9&ref=13	160 Allens Creek Road Rochester, NY 14618 (585) 670-6388	Adults	No, Private Pay
Quiet Minds Therapy • Sara Adams, LCSW	(585) 207-0432, https://quietmindtherapyservices.com/ , https://quietmindtherapyservices.com/staff/therapist-4/	150 Allens Creek Rd 1st Floor Rochester, NY 14618	Adolescents (12+), Adults	Excellus, BCBS, BCO, Aetna
Carol Inzinga, LCSW	(585) 703-5861, http://carolinzingalcsw.com/index.html , carol.inzinga@gmail.com	130 Brighton Corners Office Park 1655 Elmwood Ave Suite 125 Rochester, NY 14620	Adults	Excellus, BCBS, Aetna
Dr. Jennifer Lukomski, Ph.D.	(585) 485-4292		Families, Adolescents (15+) *EMDR Certified & ASL Proficient*	Unsure

Psychiatry & Psychiatric Nurse Practitioners				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Kristina Moss, Psych NP	(585) 270-6411, npmoss3@gmail.com , https://www.psychologytoday.com/us/psychiatrists/kristina-m-moss-psychiatric-nurse-practitioner-rochester-ny/278965	550 Latona Road, Bldg D Ste 411, Rochester, New York 14626	Children (6+), Adolescents (12+), Adults	No, Private pay

Serenity Cove Pediatrics Dr. Stephanie Spain, Psych NP	(585) 633-0680, SerenityCovePediatrics@gmail.com	Teletherapy only	Children (6+), Adolescents (12+), Adults	No, Private Pay: - Intake Process: New client 50 minute Telehealth appointment. Please contact me for pricing options and availability. - Routine client follow up: 25 minute Telehealth appointments \$175
Steven Burr, Psych NP	(585) 201-8404, steven.burr@burrpsychnp.com , https://www.burrpsychnp.com/	11 Schoen Place, Floor 5 Office A, Pittsford, NY, 14534	Children (6+), Adolescents (12+), Adults	Aetna, Cigna, United Healthcare, Oxford, and Oscar Health; via Headway
Paige Cool, Psych NP	(585) 204-7255, paige@picmentalhealth.com , https://www.picmentalhealth.com/	** Teletherapy Only ** PIC Mental Health Penfield, NY 14526	Children (6+), Adolescents (12+), Adults	Aetna, Cigna and Evernorth, Oscar Health, Oxford, United Healthcare UHC UBH
Asia L Todd, Psych NP	(585) 207-6123, https://headway.co/providers/asia-todd	4050 West Ridge Road Rochester, NY 14626	Families, Adolescents (14+)	Excellus BC/BS, Aetna, Oxford, Oscar, UHC, Cigna
Penfield Psychiatry	(585) 388-6000, info@penfieldpsych.com http://penfieldpsych.com/wp-content/uploads/2018/08/Penfield-Psychiatry-ADD-ADHD.pdf	481 Penbrooke Drive - Suite 6 Penfield, NY 14526	Families, Children (4+), Adolescents (12+), Adults	Excellus, Aetna, MVP (possibly others, noted outreach for more information)
Soulshine Pediatric Integrative Health – Shari Hogan (C.P.N.P.) & team	(585) 797-9417, https://soulshineforhealing.com/	40 Clinton Street, Brockport, NY	Families, Adolescents (12+), Adults	Excellus BCO, CHP, BC/BS & Medicaid
Kim Sadwick, PMHNP	(585) 331-9604, Fax (872) 241-0392, https://app2.luminello.com/kimsadwickpmhnp#intake-tab-content	2450 West Ridge Rd, Suite 304 A Rochester, NY 14626	Children (6+), Adolescents (12+), Adults	Excellus BC/BS
West End Psychotherapy: Amanda Lewis, Psych NP	(585) 225-9292	1800 English Road, Suite # 5, Rochester, NY, 14616	Couples, Families, Adolescents (12+)	Excellus

A. Cyrus Marcy, Psych NP	(585) 563-9989, Cyrus@MarcyNP.com , https://sites.google.com/marcynp.com/home	95 Allens Creek Road Building 1, Suite 306, Rochester, NY &	Children (6+), Adolescents (12+), Adults	No, Private pay
Bryan Zeller, Psych NP	(585) 474-3724, Bryan@ZellerNP.com https://sites.google.com/marcynp.com/home/collaborating-providers/ZellerNP			
Leah Fromm, Psych NP	(585) 454-9662, mail@LeahFrommNPP.com , https://www.leahfrommnpp.com/	3 Saredon Place Suite 300 Rochester, New York 14606	Adults	No, Private pay
Henrietta Psychiatric Care Laura Baker, Psych NP	Phone/Text: (585) 471-3407, info@henriettapsych.com , https://henriettapsych.com/about/ Fax: (866) 557- 9530	250-B Lucius Gordon Drive Suite 4B, West Henrietta, NY 14586	Adolescents (14+), Adults	Aetna, Excellus, Fidelis, United Health Care, Cigna, Medicare and Medicaid.
Psychiatric Nursing Group: Dr. Douglas Landy, Psychiatrist	(585) 218-0766, Fax (585) 218-0765	625 Panorama trail, Suite 2200, Rochester, NY, 144625	Families, Adolescents (12+), Adults	Medicare, Medicaid
Linden Oaks Therapy Office	(585) 586-1600, https://www.lindenoakstherapyoffices.com/	100 Linden Oaks, Suite 200 Rochester, NY 14625	Families, Adolescents (12+), Adults	Excellus BCO, Various
Dr. John Connors, MD	(585) 500-9420, treeofhopecounselingrochester@gmail.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html	2300 East Ave. Rochester, NY 14610	Children (6+), Adolescents (12+)	Excellus, Aetna, Cigna, Empire, MVP, Beacon
Ryan Houghtalen, Psych NP	(585) 381-1558, Fax: (585) 381-0109 Cell: (315) 665-1646	135 Sully's Trail, Suite 11, Pittsford, NY, 14534	Adolescents (12+), Adults	Unsure
Joanne Bartlett, Psych NP Dr. David Garrison, MD	(585) 484-1678, joanne@bartlettnp.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html garrisonimh@gmail.com , https://www.healthgrades.com/physician/dr-david-garrison-xtps7	2300 East Ave. Rochester, NY 14610	Adolescents (12+), Adults Children (8+), Adolescents (12+)	Excellus, Aetna, MVP Various insurances
Elizabeth (Bits) Shannon, Psych NP	585-201-8155, treeofhopecounselingrochester@gmail.com , http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html	2300 East Ave. Rochester, NY 14610	Adolescents (12+), Adults	No, Private pay

Catherine “Kate” Grasta, Psych NP	(585) 363-3103	45 Allens Creek Road, Rochester, NY 14618	Children (6+), Adolescents (12+), Adults	Excellus
Susan Sweet, Psych NP	(585) 857-3929, https://provider.kareo.com/susan-sweet	110 Allens Creek, Park Suite 230, Rochester, NY 14618	Children (6+), Adolescents (12+), Adults	Excellus, Aetna
Arbor Health, Functional Medicine & Psychiatry: Dr. Zendi Moldenhauer, MD	(585) 302-2614, https://www.arbor-health.com/	613 Pittsford Victor Road Pittsford, NY 14534	Children (6+), Adolescents (12+), Adults	No, Private pay
Kara Naylor-Kruoka, Psych NP	(585) 448-0035, Kara.Naylor.Krupka@gmail.com , www.NaylorKrupkaNP.com	140 Allens Creek Road, Suite 4, Rochester, NY, 14618	Children (8+), Adolescents (12+), Adults	No, Private Pay
Terry Jean Yonker, Psych NP	(315) 310-7148	21 Goodway Dr Rochester, NY 14623	Adults, Families	Excellus BC/BS, Aetna
Ontario County				
Becky Meritt, Psych NP	(585) 398-8835, https://www.beckymerrittpsychiatricnp.com/	6539 Anthony Dr Suite A, Victor, New York 14564	Families, Children (7+), Adolescents (12+), Adults	Aetna, Oxford, Oscar Health, UHC, Cigna
Angela Manjgaladze, Psych NP	(585) 919-0014, https://angelamariacanandaiguapsychiatricassociates.com/s ervices	42 North Main Street, Canandaigua, New York 14424	Children (3+), Adolescents (12+), Families, Adults	Aetna, BC/BS, Cigna, Humana, MVP, Magellan, Medicaid, Medicare, Optum, UHC
Sandra Boebel, Psych NP	(585) 286-5067, https://www.psychologytoday.com/us/psychiatrists/sandra -boebel-victor-ny/319036	Sandra Boebel, Psychiatric NP, PLLC Victor, NY 14564	Adolescents (16+), Families, Adults	Aetna, BC/BS

Phobia & Medical Exposure Clinicians				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Genesee Valley Institute of Psychology	(585) 201-8017, Fax (585) 495-2384, https://gviproc.org/ocd Groups: Obsessive-Compulsive Disorder (OCD) Exposure/ERP Group (Mondays 5:15; Tuesdays	200 White Spruce Blvd, Suite 220, Rochester, NY, 14623	Families, Children (4+), Adolescents (12+), Adults *Provides individual, family	Excellus, Aetna, Sliding Fee

	5:15-5:50; Wednesdays, 5:15-6pm and/or Thursdays, 4-4:50pm): The most powerful and effective treatment for OCD is exposure therapy (ERP). That being said, exposure is hard to do, especially alone. For that reason, we have the OCD Exposure Group where you can learn skills and do exposures to treat your OCD, in a supportive and fun setting. • Obsessive Compulsive Disorder (OCD) Support Group (Thursdays, 12-12:50pm): The OCD support group offers people a supportive environment to connect with others who have OCD. We discuss challenges, strengths, strategies, and build skills together. • OCD Family Support & Skills Group (First Wednesdays of the Month): The OCD Family Support and Skills group is for loved one of people with OCD (partners, friends, parents, etc.). The group provides a supportive space to learn skills that will help you reduce accommodation and support your loved one's treatment. • Peer-led OCD Support Group in Rochester started and run by people with OCD: https://www.meetup.com/Rochester-OCD-Support-Group/		& group support around OCD & ERP interventions*	
Kate Klatt, CCLS	(585) 245-2115, SmilingThroughTears@yahoo.com , https://smilingthroughtears.godaddysites.com/	7353 Victor-Pittsford Road, Victor, New York 14564	Families, Children (4+), Adolescents (12+), Adults	No, Private Pay
Dr. Amber Keshishian, PhD	(585) 244-4161, https://www.goodbrain.co/ ,	130 Allens Creek Road Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults **OCD specialty**	Aetna, MVP, Cigna (others)

Mindfit Therapy Services	(585) 682-2135, https://www.mindfitmentalhealth.com/	349 W. Commercial St., Suite 2450, East Rochester, New York 14445	Families, Children (6+), Adolescents (12+)	Various
Stephan Haramis, LCSW	(585) 207-6027, https://quietmindtherapyservices.com/staff/stephen-haramis-lcsw/	150 Allens Creek Road Rochester, NY 14618	Adults	Excellus, BC/BC, Aetna
Dr. Felicia Jackson, Psychologist	(404) 692-7005, https://www.jacksonpsych.com/	200 White Spruce Boulevard Rochester, NY 14623	Families, Adolescents (16+), Adults (ERP & CBT Speciality) *All Online*	No, Private Pay
Dr. Julie Vitale, Psychologist	(585) 639-3188	Rochester, NY 14607	Families, Adolescents (12+), Adults	No, Private Pay
Dr. Raquel Bateman, Psychologist	(585) 432-4514	Rochester, NY 14618	Families, Adolescents (15+), Adults	Excellus, BCO, Aetna, Cigna, Optum, UHC, Independent Health, MVP
Sharon Mattsson, LCSW	(585) 312-6806	125 Allens Creek Road Rochester, NY 14618	Families, Adolescents (12+), Adults	Excellus
Sean Brouty, LCSW	(585) 207-3697	250 Mill Street Suite 405 Rochester, NY 14614	Families, Adolescents (12+), Adults	Aetna
Reframe Diabetes	(585) 348-7886, info@reframediabetes.com , https://www.reframediabetes.com/about/ Reframe Diabetes aims to remove the false idea that diabetes is only a physical condition by supporting the psychological, emotional and social impacts of living with the condition. We provide services and resources that aim to improve healthy diabetes management, overall wellness and self-care.	600 Park Ave., Carriage House, Rochester, NY 14607	Families, Adolescents (12+), Adults	Yes, various

	- Diabetes Young Adult Support Group: - Tuesdays from 6:00-7:00pm EST. Enrollment is open and continuous, though a commitment of at least 4 consecutive weeks is required. - Group Cost: The fee is \$160 for every 4 weeks (\$40/session). - Age Requirement: Most of our group participants are between the ages of 18-28 years old. If you are outside of this age bracket, please inquire about other opportunities for connection!			
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Maternal MH/PPD Clinicians				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Reflections Counseling: Jennifer Steffenhagen, LMHC	(585) 329-8528, jennifer.steffenhagen@yahoo.com , https://reflectionsounselingny.weebly.com/	919 South Winton Road Suite 302, 3 rd Floor Rochester, New York 14618	Adolescents (15+), Adults	Excellus, Aetna, Cigna, Empire, MVP, Beacon, Fidelis
Maternal Mental Health of Rochester: Jennifer Gresh, LMHC	(585) 760-4090, (585) 598-0559, jennifergreshlmhc@gmail.com , https://maternalmentalhealthrochester.com/	Fairport, NY	Families, Adolescents (15+), Adults	Aetna, United Healthcare
Samantha Green, LMHC	(315) 333-2385, www.samanthagreenLMHC.com	1900 Empire Blvd, Suite 184 Webster	Families, Adults	Aetna, Cigna, UHC, Oscar & Oxford
Evergreen Counseling & Assessment Services	(585) 204-6637, EvergreenCAS@gmail.com , https://www.evergreencas.com/services	1580 Elmwood Avenue, Suite D., Rochester, NY 14620	Families, Adolescents (17+), Adults	No, Private Pay
Marshall Psychological Services, LLC	(585) 568-7793, admin@christamarshall.com , http://www.christamarshall.com/directions/	70 Office Park Way Pittsford, NY 14534	Families, Adolescents (15+), Adults	Various
Jessica Fowler, LMHC	(585) 208-8140, http://www.jlfcounselingservices.com/	2300 East Avenue Rochester, NY 14610	Families, Adolescents (15+), Adults	Unsure

Barbara Klump, LCSW-R	(585) 461-4840	100 Allens Creek Office Park, Rochester, New York 14618 & 857 Embury Road Penfield, New York, 14526	Families, Adults	UHC
Mind, Body and Soul Counseling	(631) 885-8990, aspinner@mbascounseling.com , https://www.mbasocounseling.com/team-4	24 Main St, Fairport NY 14450	Families, Children (6+), Adolescents (12+), Adults	Excellus, UHC, Aetna, Option Plans, Various
Women's Health & Family Therapy: Kristie Jewitt, LMFT	(585) 244-4161, info@kristiejewitt.com , http://kristiejewitt.com/new_patients.html	The Park at Allens Creek, 130 Allens Creek Road, Rochester, NY 14618	Families, Children (6+), Adolescents (12+)	No, Private Pay
Lena Kieliszkak LMHC	(585) 805-5719, Lena.Kieliszkak@gmail.com , https://lenakieliszkak.vpweb.com/about	3380 Monroe Avenue Suite 211 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	Excellus, Cigna, Fidelis, Optum
Crossbridge Wellness	(585) 473-2673, Fax: (585)473-2678, therapists@crossbridgewellness.com , https://www.crossbridgewellness.com/	2000 S Winton Rd Crossbridge Office Park Bldg 4 Suite 200, Rochester, NY, 14618, United States	Families, Children (6+), Adolescents (12+), Adults	Various
Dorothy Weishaar, LMHC: Building Foundations Counseling Services	(585) 298-2406	Victor, NY 14564	Families, Adolescents (14+), Adults	Excellus, BC/BS
Judy Sroka MS, LMHC	(585) 451-3691, JsrokaLMHC@gmail.com , http://www.judysroka.com/about-me.html	3380 Monroe Avenue, Suite 215, Rochester, New York 14618	Families, Adults	No, Sliding Fee Scale
Prince Street Counseling	(585) 586-8433, madeleine@madeleinereynolds.com , https://www.madeleinereynolds.com/	46 Prince Street Suite LL01 Rochester, NY 14607	Families, Adults	Excellus, BC/BS, Aetna, Cigna
Jenny Mural, LCSW-R	(585) 512-8626, Jennifermural@gmail.com	95 Allens Creek, Bldg 2, Suite 330, Rochester, New York 14618, United States	Families, Children (2+), Adolescents (12+)	No, Private Pay
Postpartum Support International	(800) 944-4773, https://www.postpartum.net/	Website	Families, Adults	Free resource network

Postpartum Resource Center of NY	https://postpartumny.org/	Website	Families, Adults	Free resource network
Ontario County				
Paige Gayle Blazak, LMHC, CASAC	(585) 378-5751, https://www.psychologytoday.com/us/therapists/paige-gayle-blazak-canandaigua-ny/381405	Online Only	Families, Adults	Aetna, Beacon Health Options, Carelon BC/BS, Empire BC/BS, Excellus BC/BS, Fidelis, HealthFirst, Humana, MVP Health Care, Optum, TRICARE, UHC
Serenity Walk Counseling: Sarah Gwen Martyn, LCSW & CASAC	(585) 905-5468, SerenityWalkCounseling@gmail.com , https://serenitywalkcounseling.com/	10 East Main Street, Suite 210, Victor, New York 14564, United States	Families, Adolescents (15+), Adults	Aetna, Anthem, Elevance, BlueCross and BlueShield, Cigna and Evernorth, Excellus BC/BS, Optum, Oscar Health, Oxford, UHC
Kathleen Pullano, LCSW	(315) 514-3598, https://headway.co/providers/kathleen-pullano	324 West North Street Suite 4 Geneva, NY 14456	Families, Adolescents (15+), Adults	Aetna, Blue Cross Blue Shield of Massachusetts, Cigna, Oscar Health, Oxford, and United Healthcare
Mercy R. Austen, LCSW	(585) 476-3523, https://secure.helloalma.com/providers/mercy-austen/	Online only	Families, Adults	Aetna, Cigna and Evernorth, Empire BC/BS, Medicaid, Optum, Oscar Health, Oxford, UHC

Gender Identity Clinicians & Resources				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Dr. Emma Forbes-Jones, Psychologist	(585) 244-2429, emma@forbesjones.com , http://www.forbesjones.com/?page_id=16	2048 Clinton Avenue South, Suite 2, Rochester, NY 14618	Families, Adolescents (12+), Adults	Excellus, Aetna, MVP
Tina Lombardi, LMHC	(585) 378-5605	95 Allens Creek Road, Bldg 2, Suite 17,	Families, Adolescents (12+), Adults	No, Private Pay

		Rochester, New York 14618		
Peace Project Mental Health Counseling PLLC	(585) 206-8060, Peaceproject.life@gmail.com , https://www.peaceproject.life/	Teletherapy only	Families, Children (2+), Adolescents (12+), Adults	No, Private Pay
Johnny Sparrow, LCSW	(585)957-0447, jsparrowcounseling@gmail.com , https://jsparrowcounseling.squarespace.com/	Teletherapy only	Families, Adolescents (12+), Adults	Excellus BC/BS
Patti A Follanbee, LMFT	(585) 326-1444	Family Therapy, 1441 East Avenue, Rochester, New York 14610	Families, Adolescents (16+), Adults	No, Private Pay
Ryan Howles, LMHC	(585) 484-1962, https://www.crossbridgewellness.com/ryan-howles	Thriving Counseling NY: Rochester, New York 14607	Families, Adolescents (12+), Adults	No, Private Pay
Sean Brouty, LCSW	(585) 207-3697	250 Mill Street Suite 405 Rochester, NY 14614	Families, Adolescents (12+), Adults	Aetna
Despine Mitchell, LMFT	(585) 387-0008, despina@eastsidemft.com , https://www.eastsidemft.com/	Eastside Marriage and Family Therapy PLLC: 625 Panorama Trail, Building #2 Suite 200, Rochester, New York 14625	Families, Children (6+), Adolescents (12+)	No, Private Pay
Sparrow Counseling Services: Johnny Sparrow, LMSW	(585)957-0447, sparrowcounselingservices@hushmail.com , https://jsparrowcounseling.squarespace.com/services	95 Allens Creek Rd Bldg. 2, Suite 242 Rochester, NY 14618	Families, Adolescents (12+), Adults	No, Private Pay
Emma Wolford, LCSW-R	(585) 440-7107, https://www.therainbowcouch.com/about-5	2300 East Avenue Rochester, NY 14610	Families, Adolescents (16+), Adults	
Carrie Robinson-Elhassen, LMHC	(585) 397-7216, cre.lmhc@gmail.com ,	3380 Monroe Ave, Suite 218 Rochester, NY 14618	Families, Children (6+), Adolescents (12+), Adults	No, Private Pay
URMC Gender Health Services:	(585) 275-2964, https://www.urmc.rochester.edu/childrens-hospital/adolescent/gender-health-services/for-teens.aspx	Division of Adolescent Medicine Golisano Children's Hospital: 601 Elmwood Avenue, Box 690	Families, Children (6+), Adolescents (12+), Adults	Yes, Most Insurances

		Rochester, NY 14642		
Rochester Center for Sexual Wellness	(585) 865-3584, https://rochestercenterforsexualwellness.com/rcsw-trans-and-non-binary-resource-guide/#mentalhealth	625 Panorama Trail, Building 3, Suite 200, Rochester, NY 14625	Families, Children (3+), Adolescents (12+), Adults	Varies
A.L.L.Y. Group for Adolescents	https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/childrens-hospital/Pediatric%20Behavioral%20Health/documents/LGBTQ-brochure-2018.pdf - To register for one of the groups call SBH & W at (585) 279-7800 - Thursdays at 6 pm - Group Leaders: Smallcomb & Broomfield - Group description: This is a group appropriate for teens who are questioning their gender identity and/or sexuality and/or identify as a sexual minority. It's a wonderful intervention and provides a great community for the kiddos involved. There is also a monthly parent component to summarize what the group has covered and provide support to parents of group members.	315 Science Pkwy Entrance C, Rochester, NY 14620	Families, Adolescents (12+), Adults	Yes, Most Insurances
Out Alliance	(585) 244-8640, https://outalliance.org/ They offer additional supports centered more for youth and families than Trillium Health does at this time. Supports groups and activities for families and clients in the Monroe area and do have chapters out in the Ontario county area as well!	100 College Ave #100, Rochester, NY 14607	Families, Adolescents (12+), Adults	N/A
Trillium Health Support Groups, (585)545-7200	https://www.trilliumhealth.org/patient-and-community-services/support-groups Gender Expansive Kids group, Transgender Support Group, Living Authentically, Bridging the Gap	259 Monroe Avenue, Rochester, NY 14607 & 170 Science Parkway, Rochester, NY 14620	Families, Adolescents (12+), Adults	N/A

Marriage & Family Therapy Clinicians				
Whole Wellness Counseling	(585) 598-1927 (Text # 585-730-9769), imlivingwhole@gmail.com , https://www.wholewellnessservices.com/treatmentteam	200 Fairport Rd, Fairport, New York 14450	Families, Children (6+), Adolescents (12+), Adults	Yes, Varies
Sustainable Wellness	(585) 206-2631, hello@sustainablewellnessny.com , https://sustainablewellnessny.com/meet-the-team/	600 Park Ave., Carriage House, Rochester, NY 14607	Families, Children (6+), Adolescents (12+), Adults	Yes, Varies
Harvest House	(315) 663-7060, https://www.harvesthousecounseling.com/contact-us/marriage-family-therapy	1100 S Goodman St., Rochester, New York, 14620	Families, Children (3+), Adolescents (12+), Adults	Yes, Varies
RocResilience Psychotherapy, William Schroeder (LMFT)	Sets up appt via the “Email Me” function on his Psychology Today profile: https://www.psychologytoday.com/us/therapists/william-schroeder-rochester-ny/399645?preview=1&return_to=https://member.psychologytoday.com/us/home&_ga=2.95698652.1193477199.1686090101-603436657.1674564082	1100 South Goodman Street, Suite 118 Rochester, NY 14620	Families, Adults, Couples	No, Private Pay
The Center for Self Enhancement: - Mark Head, LCSW-R - Brian Head, LMSW	(585) 507-2871, https://centerforselfenhancement.com/contact/ ** Anger Management & Parenting Specialities**	1580 Elmwood Ave Upper Level Suite A Rochester NY 14620	Families, Adolescents (12+), Adults	Aetna, Excellus BC/BS, MVP
Dr. Melissa Almendinger, Psychologist	(585) 382-1833, malmendingerpsyd@gmail.com , https://www.psychologytoday.com/us/therapists/melissa-almendinger-victor-ny/872037	10 East Main Street, Suite 306, Victor, NY 14564, (585) 382-183	Families, Children (2+), Adolescents (12+)	Excellus, BC/BS, Anthem
URMC Family Therapy Services	(585) 275-0320, https://www.urmc.rochester.edu/psychiatry/institute-for-the-family/strong-family-therapy/services.aspx	300 Crittenden Blvd, Rochester, NY 14642	Families, Children (2+), Adolescents (12+)	All (or most)
Sandra Hope, LMFT	585-413-7774, info@sandrahopecounseling.com , https://www.sandrahopecounseling.com/about	25 West Ave Suite 203, Spencerport NY 14559	Families, Couples, Adults	Sessions are 45 minutes and cost \$80. Sandra does not accept insurance or credit cards at this time, and payment is expected at the time of the session.
Carrie Medley, LMHC	(585) 286-3246	95 Allens Creek Road Bldg 1, Suite 307 Rochester, NY 14618	Families, Adolescents (12+), Adults	Cigna, UHC, Optum, UMR

Ellie Mental Health	(585) 207-8237, (585) 283-0850 – Fax number ellieNY08801@elliementalhealth.com , https://elliementalhealth.com/locations/rochester-ny/	3019 Monroe Ave Suite 200R, Rochester, NY 14618	Families, Children (4+), Adolescents (12+), Adults	Aetna, Cigna/Evernorth, Optum, Self Pay
Matthew McKenna, LMFT	(585) 636-3419	East Avenue Rochester, NY 14610	Families, Adolescents (12+), Adults	Aetna, BC/BS, Empire, Cigna, Fidelis, MVP, Optum, Oscar Health, Excellus & Highmark BCBS
David Markham, LCSW-R	(585) 637-0040, https://www.davidgmarkham.com/contact_us , davidgmarkham@gmail.com	58 Market St Brockport, NY 14420	Families, Children (6+), Adolescents (12+)	Aetna, Beacon Health Options, BC/BS, Cigna, Excellus, Fidelis, MVP Health Care, Premier Option
Kavod Psychotherapy: Molly Farrell, LMFT	(585) 546-5180, dmorris@kavodrecovery.com , https://www.kavodrecovery.com/	25 Circle Street Rochester, NY 14607	Families, Children (6+), Adolescents (12+)	Excellus BC/BS, UHC, Independent Health
Heather Elston, LCSW-R	(585) 484- 9022, https://www.heatherelston.com/#about	625 Panorama Trail Building 2, Suite 200 Rochester, NY 14625	Families, Adolescents (12+), Adults	No, Private Pay Sliding Fee Scale
Christina Williams, LMFT	(585) 357-4992, cwilliamslmft@gmail.com , https://www.christinalmft.com/	Rochester, NY 14626	Families, Children (6+), Adolescents (12+)	Aetna, Cigna, Optum, Oscar Health, Oxford, UMR, UHC
Pam Spallacci, LMFT	(585) 440-6091, https://www.psychologytoday.com/us/therapists/pam-spallacci-rochester-ny/273285	Rochester, NY 14607	Families, Children (6+), Adolescents (12+)	No, Private Pay
Patti A Follanbee, LMFT	(585) 326-1444	Family Therapy, 1441 East Avenue, Rochester, New York 14610	Families, Adolescents (16+), Adults	No, Private Pay
Sara Ormsby, LCSW Webster Counseling	Webster Individual, Marital & Family Counseling (585) 234-6061, sara@webstercounseling.com , http://webstercounseling.com/	98 North Avenue Webster, NY 14580-3041	Families, Adolescents (12+), Adults	No, Private Pay
Despine Mitchell, LMFT	(585) 387-0008, despina@eastsidemft.com , https://www.eastsidemft.com/	Eastside Marriage and Family Therapy PLLC: 625 Panorama Trail, Building #2 Suite 200, Rochester, New York 14625	Families, Children (6+), Adolescents (12+)	No, Private Pay

Brooke LaLone Ward, LMFT	(585) 440-9063, https://www.psychologytoday.com/us/therapists/brooke-lalone-ward-webster-ny/724919	Webster, NY 14580	Families, Adolescents (12+), Adults	Empire BC/BS, Aetna, Cigna, Optum, Oscar Health, Oxford, UCH
Peg DeBaise, LMFT	(585) 598-9845, https://www.psychologytoday.com/us/therapists/peg-debaise-rochester-ny/111284	95 Allens Creek Road Bldg 1, Suite 317 Rochester, New York 14618	Couples, Families, Children (6+), Adults	No, Private pay
Women's Health & Family Therapy: Kristie Jewitt, LMFT	(585) 244-4161, info@kristiejewitt.com , http://kristiejewitt.com/new_patients.html	The Park at Allens Creek, 130 Allens Creek Road, Rochester, NY 14618	Families, Children (6+), Adolescents (12+)	No, Private Pay
Pamela Harwood, LMFT	(585) 770-7215, https://www.psychologytoday.com/us/therapists/pamela-j-harwood-honeoye-falls-ny/69349?sid=628f7f93316ae&spec=325&spec=330&ref=S0008W0002005F00	61 N Main Street The Lower Mill Honeoye Falls, NY 14472	Families, Children (3+), Adolescents (12+)	No, Private Pay
Adriana Eylise Rogachefsky, LMFT	(585) 763-0114, info@soltherapyandwellness.com , http://soltherapyandwellness.com/about-us/	1501 East Ave, Suite 100 Rochester, NY, 14607	Families, Children (6+), Adolescents (12+)	No, Private Pay
Couples Counseling Center: Shannon Joy Barry, LMFT	585-505-3110, rene@couplescounseling.biz , https://www.couplescounseling.biz/	919 South Winton Road, Suite 119, Rochester, NY 14618	Families, Adolescents (12+)	No, Private Pay
Ontario County				
Family Counseling of the Finger Lakes	familycounseling@fcsfl.org , https://fcsfl.org/ • Geneva (Main office): 315-789-2613 • Canandaigua: 585-394-8220 • Newark: 315-331-8494	Multiple locations in the Finger Lakes	Families, Children (3+), Adolescents (12+)	Various Insurances Accepted

Art & Music Therapists				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Siera Weiss, LCAT	585-259-4842, sieraweiss@yahoo.com , https://www.sieraweiss.com/	45 Allens Creek Rd. Rochester, NY 14618	Families, Children (6+), Adolescents (12+)	Cigna

Allison Fitzsimmons, LCAT	(585) 628-2598, Allison.Fitzsimmons.lcat@gmail.com , https://www.psychologytoday.com/us/therapists/allison-s-fitzsimmons-rochester-ny/1181992 *Specializing in Teens and Adults with PTSD, anxiety disorders, mood Disorders, personality disorders, life transitions and survivors of domestic violence. Extensive experience in treating sexual reactivity in teens.	Only only	Families, Adults, Adolescents (12+)	Cigna
Danielle Klapper, LCAT, ATR	(585) 310-2609, Danielle.Klapper@wellnesssourcecounseling.com	Rochester, NY	Adolescents (14+)	No, Private Pay & Sliding Fee Scale
Rochester Art Therapy: Sheilagh McGreal, MS-ATR, LCAT	(585) 420-8494, info@rochesterarttherapy.com , http://www.rochesterarttherapy.com/contact.html	595 Blossom Rd. Suite 310 Rochester, NY 14610	Families, Adolescents (12+)	No, Private Pay & Sliding Fee Scale
Serenity Life: - Matty McKibben, LCAT - Sara Creary, LCAT	(585) 210-0150, https://serenitylifecounselingservices.com/	2 locations: 98 North Avenue Webster, NY 14580 & 93 West Main Street, Webster, NY 14580	Families, Children (5+), Adolescents (12+)	No, Private Pay
Halligan Creative Arts Therapy - Shannon Halligan, L-CAT - Aubrey Donovan, L-CAT	(585) 770-3323, shannon_halligan@yahoo.com , http://www.halliganarts.com/	215 Alexander St. Suite 200 Rochester, NY 14607	Families, Adolescents (12+), Adults	No, Private Pay & Sliding Fee Scale
Creative Art Therapy, Sheilagh McGreal, LCAT	(585) 420-8494, info@rochesterarttherapy.com , http://www.rochesterarttherapy.com/	595 Blossom Rd. Suite 310 Rochester, NY 14610	Families, Children (8+), Adolescents (12+), Adults	No, Private Pay & Sliding Fee Scale
Amy Thomas, LCAT (Licensed Creative Art Therapy), MT-BC (Music Therapy - Board Certified),	(585) 750-1156, amythomastherapy@gmail.com	401 Penbrooke Drive, Penfield NY	Families, Children (3+), Adolescents (12+)	No, Private Pay
Spotted Rabbit Studio Sarah Beren, LCAT	(585) 430-9877, https://spottedrabbitsstudio.com/ , https://spottedrabbitsstudio.com/	2376 Monroe Avenue Rochester, NY 14618	Families, Children (6+), Adolescents (12+)	No, Private Pay & Sliding Fee Scale

• Alexis Plastow, LCAT-LP • Lyrah Wallace, LCAT				
Andrea Witter, LCSW & DSW	(585) 326-9028, https://www.awcounselingservices.com/	2510 Chili Avenue Rochester, New York 14624	Families, Children (4+), Adolescents (12+)	Aetna, Cigna and Evernorth, Empire BC/BS, Oscar Health, Oxford, UHC
Jania Otto. LCAT	(585) 562-9154, janiaoitto@gmail.com , https://www.ottoarttherapy.com/	349 West Commercial St, Suite 2195, East Rochester, NY 14445	Families, Children (6+), Adolescents (12+)	No, Private Pay
Amy Lyons, LCAT	(585) 735-9904, https://www.psychologytoday.com/us/therapists/amy-lyons-rochester-ny/121058	Behavioral Health Practice 500 Helendale Road, Suite 230, Rochester, NY 14609	Families, Children (6+), Adolescents (12+)	No, Private Pay & Sliding Fee Scale
Lavender Art Therapy: Andrea Mundt, LCAT	(585) 502-9156, https://www.psychologytoday.com/us/therapists/andrea-mundt-brockport-ny/925233	4107 Lake Rd N, Brockport, NY 14420	Families, Children (6+), Adolescents (12+)	No, Private Pay
River Birch Therapy: Erin K Brazill, LCSW	(585) 622-1909, erinbrazill@riverbirchtherapyny.com , https://www.riverbirchtherapyny.com/	1159 Pittsford Victor Road, Suite 210, Pittsford, NY 14534	Families, Children (6+), Adolescents (12+)	No, Private Pay

Disordered Eating Providers				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Cara Conroe, LCSW	(585) 728-4613	Fairport, NY 14450	Families, Children (6+), Adolescents (12+), Adults	No, Private Pay
Dr. Helena Boersma, EdD & LMHC	(585) 415-3638, integrativehealth@helenaboersma.com , https://www.helenaboersma.com/	2000 S. Winton Road Crossbridge Office Park Building 4, Suite 200 Rochester, NY 14618	Families, Adolescents (12+)	No, Private Pay
Rochester Center for Integrative Therapy & Biofeedback: Lesley Randall, LCAT	(585) 415-6547, lesleyra@gmail.com , https://rochesterminds.com/	625 Panorama Trail, Bldg 1, Suite 230, Rochester, NY 14625	Families, Adolescents (12+)	No, Private Pay
Interact Counseling: Christopher Charlton, LCSW	(585) 388-8010, interact@interactcounseling.com , http://interactcounseling.com/staff/christopher-j-charleton - Speaks German	2136 Penfield Road Penfield, NY 14526 (585) 302-4198	Families, Adolescents (12+)	No, Private Pay
Kavod Psychotherapy: Molly Farrell, LMFT	(585) 546-5180, dmorris@kavodrecovery.com , https://www.kavodrecovery.com/	25 Circle Street Rochester, NY 14607	Families, Children (6+), Adolescents (12+)	Excellus BC/BS, UHC, Independent Health
Adriana Eylise Rogachefsky, LMFT	(585) 763-0114, info@soltherapyandwellness.com , http://soltherapyandwellness.com/about-us/	1501 East Ave, Suite 100, Rochester, NY, 14607	Families, Children (6+), Adolescents (12+)	No, Private Pay
Shannon Joy Barry, LMFT	585-505-3110, rene@couplescounseling.biz , https://www.couplescounseling.biz/	919 South Winton Road, Suite 119, Rochester, NY 14618	Families, Adolescents (12+)	No, Private Pay
Dr. Raquel Bateman, Psychologist	(585) 432-4514	Rochester, NY 14618	Families, Adolescents (15+), Adults	Excellus, BCO, Aetna, Cigna, Optum, UHC, Independent Health, MVP
Brooke LaLone Ward, LMFT	(585) 440-9063, https://www.psychologytoday.com/us/therapists/brooke-lalone-ward-webster-ny/724919	Webster, NY 14580	Families, Adolescents (12+), Adults	Empire BC/BS, Aetna, Cigna, Optum, Oscar Health, Oxford, UCH
Dr. Dayton Walsh, PhD	(585) 210-2028, connect@daytonwalsh.com , https://www.daytonwalsh.com/services	34A State St Pittsford, NY 14534	Families, Adolescents (12+), Adults	Aetna
Stephanie Catlin-Rakoski, LMHC	(585) 440-6281, https://www.psychologytoday.com/us/therapists/stephanie-catlin-rakoski-rochester-ny/312678	2300 Buffalo Road Building 100-B Rochester, NY 14624 &	Families, Adolescents (12+), Adults	No, Private Pay

		1387 Fairport Road Building 500, Suite 540 Fairport, NY 14450		
Kerry Spinosa, LMHC	(585) 460-2156, https://www.psychologytoday.com/us/therapists/kerry-spinosa-rochester-ny/206911	1501 East Avenue Suite 100 Rochester, NY 14610	Adults	No, Private Pay
Diane Barone, LMHC	(585) 280-3674, https://dbarone-lmhc.business.site/?m=true	34 State Street Suite A Pittsford, NY 14534	Families, Adolescents (12+)	No, Private Pay
Christina Ruzicka, PsyD	(585) 667-0970, https://christina-ruzicka.clientsecure.me/	1577 South Avenue Rochester, NY 14620	Adults	No, Private Pay
Kerri Wemett, LCSW, PhD	(585) 457-0460, https://www.psychologytoday.com/us/therapists/kerri-wemett-rochester-ny/457272	722 Weiland Road Suite 200 Rochester, NY 14626	Families, Adolescents (12+), Adults	No, Private Pay
URMC Child & Adolescent Eating Disorder Program	(585) 275-2964, https://www.urmc.rochester.edu/childrens-hospital/adolescent/eating-disorders.aspx ,	601 Elmwood Avenue, Box 690 Rochester, NY 14642	Families, Adolescents (12+), Adults	Various
WNY Comprehensive Care Center for Eating Disorders	- General Outreach: (800) 700-4573 - University of Rochester School of Nursing (Core Site): (585) 276-6102 - Child and Adolescent Eating Disorder Program (Core Site): (585) 275-2964 https://www.nyeatingdisorders.org/index.html	Various sites	Families, Adolescents (12+), Adults	Various
The Healing Connection	(585) 641-0281, info@TheHealingConnectionInc.org , https://www.thehealingconnectioninc.org/about-us-1 Fax: (585) 641-0286	1320 University Avenue Rochester, New York 14607	Families, Adolescents (10+), Adults	Various
Rochester Eating Disorders Organization	(585) 507-5774, http://www.redony.org/contact/	Online	Families, Adolescents (12+), Adults	Various

Animal Assisted Therapy				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Andrea Witter, LCSW & DSW	(585) 326-9028, https://www.awcounselingservices.com/	2510 Chili Avenue Rochester, New York 14624	Families, Children (4+), Adolescents (12+)	Aetna, Cigna and Evernorth, Empire BC/BS, Oscar Health, Oxford, UHC
Christine Magee, LMSW	(585) 500-9420, treeofhopecounselingrochester@gmail.com , https://www.meganclifford.com/	2300 East Ave. Rochester, NY 14610	Families, Children (6+), Adolescents (12+)	No, Private Pay
EquiCenter Inc	(585) 624-7772, Barn/ Programs: (585) 624-7777, info@equicenterny.org	3247 Rush Mendon Road Honeoye Falls, NY 14472	Families, Children (6+), Adolescents (12+)	No, Private Pay
Heritage Christian Stables	(585) 340-2000, https://heritagechristianservices.org/about/community-impact-programs/heritage-christian-stables/	PO Box 200 Webster, NY 14580	Families, Children (6+), Adolescents (12+), Adults	\$40.00 for about a one-hour lesson with three or more participants, 45-minute lesson with two participants and one-half hour private lesson with one participant.
RocDog	https://rocdog.org/	321 Wood Road, Rochester NY 14626	Families, Children (6+), Adolescents (12+), Adults	Unsure

Behavioral Interventionists/Specialist				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
RGH Developmental & Behavioral Pediatrics	Phone (585) 922-4698, Fax (585) 922-5702, https://www.rochesterregional.org/services/pediatrics/services-and-treatments/developmental-behavioral-pediatrics-program	Wilson Medical Building, 2nd Floor, Suite 260 800 Carter Street Rochester, NY 14621	Families, Children (6+), Adolescents (12+)	All (or most)
Dr. Vincenzo Ragonese, Psychologist	(585) 225-5750, https://doctor.webmd.com/doctor/vincenzo-ragonese-354d0095-7982-4ee5-8e23-24f1df065761-appointments	687 Lee Rd #175, Rochester, NY 14606	Families, Adolescents (12+)	Excellus, MVP, Aetna

Julie Cenzi, LMHC	(585) 682-2135, https://www.mindfitmentalhealth.com/	Mindfit Mental Health, 349 W. Commercial St., Suite 2450, East Rochester, New York 14445	Families, Children (6+), Adolescents (12+)	Excellus, MVP, Univera, Beacon
The Center for Self Enhancement: - Mark Head, LCSW-R - Brian Head, LMSW	(585) 507-2871, https://centerforselfenhancement.com/contact/ ** Anger Management & Parenting Specialities**	1580 Elmwood Ave Upper Level Suite A Rochester NY 14620	Families, Adolescents (12+), Adults	Aetna, Excellus BC/BS, MVP
Heather Elston, LCSW-R	(585) 484- 9022, https://www.heatherelston.com/#about	625 Panorama Trail Building 2, Suite 200 Rochester, NY 14625	Families, Adolescents (12+), Adults	No, Private Pay Sliding Fee Scale
Dan DeClerck, LMHC	(585) 682-2135, https://www.mindfitmentalhealth.com/	Mindfit Mental Health, 349 W. Commercial St., Suite 2450, East Rochester, New York 14445	Families, Children (6+), Adolescents (12+)	No, Private Pay **Autism Specialty**
Dr. Paul Howe, Psychologist	(585) 223-6510, https://www.paulhowesphd.com/	120 Allens Creek Rd., Bldg 120 Rochester, NY 14618 (585) 223-6510	Families, Children 5+), Adolescents (12+), Adults	Aetna, BC/BS, Cigna, Excellus, MVP
Dr. Andrew Connors, PhD	(585) 517-2380	1175 Pittsford Victor Road, Suite 125, Pittsford, NY 14534	Families, Adolescents (12+), Adults	No, Private Pay
Mindfit Therapy Services	(585) 682-2135, https://www.mindfitmentalhealth.com/	349 W. Commercial St., Suite 2450, East Rochester, New York 14445	Families, Children (6+), Adolescents (12+)	Various
Brigid Gavin, M.S.Ed., Behavior Specialist	(716) 818-2344, Brigid.cbsolutions@gmail.com , https://childhoodbehaviorsolutions.com/#services	N/A	Families, Children (3+), Adolescents (12+)	Unsure
Dr. Dan Mruzek, Psychologist	(585) 766.2430, rochester@proudmomentsaba.com , https://www.proudmomentsaba.com/about-aba-1	Rochester, NY	Families, Children (6+), Adolescents (12+)	Various **Autism Specialty**

Gregory Duffy, LMHC	(585) 645-0505, https://www.webstermentalhealth.com/about-gregory.html	807 Ridge rd Ste 203 Webster, NY 14580	Families, Children (6+), Adolescents (12+)	Excellus, BCBS, Aetna, MVP
Dr. Sara Atkinson, Psychiatrist	(585) 241-9670, flcr@flclinical.com , http://flclinical.com/dr-atkinson/	885 Winton Road South Rochester, NY 14618-1609	Families, Children (6+), Adolescents (12+)	Various
Ontario County				
Seeds of Hope, Jennifer Luffman (LMHC)	(315)273-1883, jenn@seedsofhopecs.com , https://www.seedsofhopecs.com/reachout	590 Pre-Emption Road Geneva, NY 14456	Families, Children (6+), Adolescents (12+)	Excellus, BC/BS, Aetna, Cigna, Empire Plan
Dr. Doyle Pruitt, Psychologist	(585) 314-0321, dpruittlcsw@gmail.com , https://www.doylepruitt.com/bio	243 Center Street Canandaigua, NY 14424	Families, Children (6+), Adolescents (12+)	Excellus, BC/BS, MVP, Fidelis, Independent Health

SA Supports/Recovery Options				
Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Dr. Patricia Halligan, MD	(585) 445-4181, info@drpatriciahalligan.com , https://www.drpatriciahalligan.com/clinical-services	Teletherapy Only	Adolescents (14+), Young Adults	Various
Henrietta Psychiatric Care Laura Baker, Psych NP	Phone/Text: (585) 471-3407, info@henriettapsych.com , https://henriettapsych.com/about/ Fax: (866) 557- 9530	250-B Lucius Gordon Drive Suite 4B, West Henrietta, NY 14586	Adolescents (14+), Adults	Aetna, Excellus, Fidelis, United Health Care, Cigna, Medicare and Medicaid.
Strong TIES	(585) 279-4900, https://www.urmc.rochester.edu/mental-health-wellness/adult-services/outpatient/strong-ties.aspx	2613 West Henrietta Road, Suite A Rochester, NY 14623	Young Adults (18+)	Various
Strong Adolescent & Young Adult Program	(585) 275-3161, https://www.urmc.rochester.edu/mental-health-wellness/addiction-services/adolescent-and-young-adult-clinic.aspx ,	2613 W. Henrietta Road, Suites C & D Rochester, NY 14623	Adolescents (14+), Young Adults	Various
Strong Outpatient CD	(585) 275-5400, https://www.urmc.rochester.edu/mental-health-wellness/addiction-services/adolescent-and-young-adult-clinic.aspx	300 Crittenden Blvd, Rochester, NY 14642	Adolescents (14+), Young Adults	Various
Seven Challenges: - Villa of Hope - Liberty Resources	VOH: (585) 328-0834, Fax (585) 436-0103, cdclinic@villaofhope.org Liberty Resources: (315) 425-1004, Fax: (315) 479-7884	VOH: 1099 Jay Street Water Tower Park, Bldg J, Suite 202 Rochester, NY 14611	Adolescents (12+)	Various

		Liberty Resources: 175 Winton Rd N. Rochester, NY 14610		
Unity Chemical Dependency	(585) 723-7366, Fax: 585-723-7341, CDInpatientIntakeTeam@rochesterregional.org	1565 Long Pond Rd, Rochester, NY 14626	Adolescents (12+)	Various
Westfall Associates	(585) 473-1500, info@westfallcd.com , http://www.westfallassociates.com/page.asp?id=47	919 Westfall Road Building B, Suite 60 Rochester, NY 14618	Families, Adolescents (12+), Adults	Various
CCA Monroe Recovery Network Recovery Center-CORE	(585) 328-8230, Fax: (585) 328-8232 http://communityalternatives.org/ , cca@communityalternatives.org	803 West Avenue, Suite 196, Rochester, NY 14611 (Syracuse & NYC locations as well)	Young adults	Various
Delphi Rise: Open Access	(585) 627-1777, https://www.delphirise.org/	1350 University Ave. Rochester, NY	Adolescents (12+)	Excellus, Cigna, MVP, UHC, YourCare, Fidelis (Full document on website)
Finger Lakes Addiction Counseling & Referral Agency (FLACRA)	(315) 462-9466, https://www.flacra.org/outpatient-services	28 E. Main Street Clifton Springs NY 14432 **Multiple Locations**	Families, Adolescents (12+), Adults	Various
Finger Lakes Addiction Resource Center	https://ncadd-ra.org/services/finger-lakes-addiction-resource-center/	Covers Monroe, Seneca, Wayne, Genesee, Orleans, Wyoming Livingston, Ontario, & Yates Counties	Various	Various
Conifer Park	(585) 442-8422, Fax: (585) 442-8494, https://www.coniferpark.com/rochester-outpatient-clinic	556 Clinton Avenue – South, Rochester, NY 14620	Young Adults	Various
Alateen (Local Chapter)	(585) 288-0540, http://aisrochester.org/	2480 Browncroft Blvd., Suite 140, Rochester NY 14625	Adolescents (12+)	No payment required
Catholic Family Center: Restart	(585) 546-3046, Fax: (585) 546-4856, https://www.cfcrochester.org/our-services/building-community/outpatient-drug-and-behavioral-health-	79 N Clinton Ave., Rochester, NY 14604	Young Adults (18+)	Various

	treatment/#co-occurring-mental-health-and-substance-abuse			
Baden Street Chemical Dependency	(585) 325-4910 x1141, Fax: (585) 546-1491, www.badenstreet.org ,	585 Joseph Ave (corner of Clifford) Rochester, NY 14605	Young Adults (18+)	Various
CASA Trinity	https://casa-trinity.org/	Multiple clinics in the Southern Tier region	Young Adults (16+)	Various

Clinics

**** Please call prior to providing to individuals; hours & ability to accept change frequently****

Clinician's accepting new patients: <https://availablementalhealth.weebly.com/>

Monroe County

Clinician Name	Contact & Website	Address	Ages/Clients Seen	Insurance
Monroe County Crisis Numbers:				
URMC Mobile Crisis: (585) 529-3721				
URMC Behavioral Health Line: (585) 275-8686				
Strong INTERCEPT	(585) 276-9270, https://www.urmc.rochester.edu/mental-health-wellness/intercept.aspx	2613 West Henrietta Road, Suite E Rochester, NY 14623	Ages 15 - 28	All (or most)
Charlie Health	(866) 484-8218 ** Teletherapy support only **: https://www.charliehealth.com/?utm_medium=ppc&utm_source=googleAds&utm_campaign=Branded&campaignid=10979044058&adgroupid=108610959315&creative=659020760300&matchtype=p&network=g&device=c&keyword=charlie%20health&utm_term=charlie%20health&utm_content=CharlieHealth(p)&gclid=CjwKCAjwOunBhB4EiwA94JWsHqPWIV3k7K9K1XwDTztd87RHdYGpMSP-bmzHUc1RL8-oEq49Tpv1BoCO38QAvD_BwE	Teletherapy intensive mental healthcare - often referred by Mobile Crisis and CPEP	Ages 15 – 28 - Intensive Outpatient Virtual Programs Individual, Family and Group options	Aetna, UHC, Cigna, Humana, Excellus BC/BS, Optum, Tricare
Jewish Family Services Counseling Center	(585)562-9771, hstarks@jfsrochester.org , https://jfsrochester.org/counseling-wellness/	441 East Ave Rochester, NY 14607	Families, Children (2+), Adolescents (12+)	Various
Genesee Mental Health	(585) 922-7770, https://www.rochesterregional.org/locations/rochester/genesee-mental-health-center Walk-In Appts: • Adults: Tuesday, Thursday 8-10:30am • Children: M & W from 8:00 – 10:00 am	224 Alexander Street Suite 100 Rochester, NY 14607	Families, Children (5+), Adolescents (12+), Adults	All BUT Aetna, Medicare & Workman's Comp.
Liberty Resources	(585) 410-3370, Fax: 585-978-7217, info@liberty-resources.org , https://www.liberty-resources.org/integrated-behavioral-health-and-substance-use/ Office Hours: Monday–Thursday: 8 am – 7pm, Friday: 8 am–5 pm	175 Winton Rd N. Rochester, NY 14610	Families, Children (3+), Adolescents (12+)	All (or most), no Workman's comp

	Walk-In Appts: M, T & Th: 8:30 am – 10 am			
Villa of Hope	(585) 328-0834, mhclinic@villaofhope.org , https://www.villaofhope.org/programs-services/behavioral-health/#mental-health-outpatient-clinic	1099 Jay Street Water Tower Park, Bldg J, Suite 202 Rochester, NY 14611	Families, Children (5+), Adolescents (12+)	All (or most)
Center for Dispute Settlement	(585) 546-5110, Fax: (585) 546-4391, info@cadsadr.org , https://www.cadsadr.org/?q=programs	Reynolds Arcade Building Suite 800 (Eighth Floor) 16 East Main Street Rochester, NY 14614	Families, Children (5+), Adolescents (12+)	All (or most)
Rochester Mental Health Center/East Ridge Road Behavioral Health	(585) 922-9900, https://www.rochesterregional.org/locations/mental-health/rochester-behavioral-health-network Walk-in: Monday – Friday 9am-3pm	490 East Ridge Road Rochester, New York 14621	Families, Adults	All (or most)
Rochester Rehabilitation Center	(585) 271-2520, https://www.rochesterrehab.org/mental-health Walk-In Appts.: Monday – Friday 9am-3pm	1000 Elmwood Avenue Rochester, New York 14620	Families, Adolescents (12+)	
Catholic Family Center	(585) 238-8699, https://www.cfcrochester.org/our-services/enabling-independence/mental-health-services/ Walk-In: Tuesday – Thursday 9 am – 12:30 pm	87 N Clinton Ave., Rochester, NY 14604	Families, Children (5+), Adolescents (12+)	All (or most)
Endeavor Mental Health Services	(585) 445-5310, https://www.ehsny.org/ Central Intake Line: (716) 895-6701 Wed & Thursdays – medication management	150 Mt. Hope Avenue Rochester, NY 14620	Adult Mental Health Clinics, Domestic Violence, Anger Management, Forensic, Medication Management	All (or most)
Evergreen Counseling & Assessment Services	(585) 204-6637, EvergreenCAS@gmail.com , https://www.evergreencas.com/services	1580 Elmwood Avenue, Suite D., Rochester, NY 14620	Families, Adolescents (17+), Adults	No, Private Pay
Brain Works ROC	(585) 378-3604, https://www.westsideroc.com/services-1	Rochester, NY 14607		

Gavia Life Center	(585) 371-6464, info@GaviaLifeCare.com , https://www.gavialifecarecenter.com/contact-us/ Kim, Adolescent Intake: (585) 371-7141	Adult Clinics: - 1081 Long Pond Rd, Ste 100, Rochester NY 14626 - 1777 English Road, Rochester, NY, 14626 Adolescent Clinic: 1100 Long Pond Road, Suite 111, Rochester, NY, 14626	Families, Adolescents (12+), Adults	All (or most)
Ontario County				
Ontario County Crisis Line				
Clifton CPEP Mobile Crisis: (315) 462-1080				
Canandaigua Clinic-Ontario County Mental Health Center	(585) 396-4363, https://ontariocountyny.gov/99/Mental-Health Walk-In Appts: M 8 -10:30 am, T 1:00-3:30pm and Thurs. 8 - 10:30 am & 1 - 3:30 pm	3019 County Complex Dr., Canandaigua, NY 14424	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Geneva Clinic- Ontario County Mental Health Center	(315) 789-6706 Walk-In Appts: Mondays 8:30-10:30 am, Tuesdays 8:30-10:30am or 1:00-3:30pm	83 Seneca St. Geneva, NY 14456-3501	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Livingston County				
Livingston County Crisis Line				
Lifeline: 211				
Livingston County MH	(585) 243-7250, https://www.livingstoncounty.us/152/Mental-Health-Community-Services	4600 Millennium Dr, Geneseo, NY 14454	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Catholic Charities	(585) 658-4466, https://ccsteubenlivingston.org/ Walk-In Appts: Monday and Thursday 9 - 12 and 1 - 4	34 E. State Street Mt. Morris, NY 14510	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Noyes Mental Health Clinic	Dansville: (585) 335-4316, https://www.urmc.rochester.edu/noyes/healthcare-services/mental-health.aspx	9221 Robert Hart Drive Dansville, NY 14437	Families, Children (5+), Adolescents (12+), Adults	All (or most)

	Avon: (585) 658-0900, https://www.urmc.rochester.edu/noyes/healthcare-services/mental-health.aspx	& 5712 Tec Drive Avon, NY 14414		
Wayne County				
Wayne County Crisis Line				
Lifeline: 211				
Wayne Behavioral Health Network	(315) 946-5722, https://web.co.wayne.ny.us/index.php/wbhn/ Walk-In: Monday through Friday: 8 am to 4 pm	1519 Nye Rd, Lyons, NY 14489	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Orleans County				
Orleans County Crisis Line				
Care & Crisis Helpline: (585) 283-5200				
Orleans County Department of Mental Health	(585) 589-7066, https://orleanscountyny.com/departments/mental_health.php Walk-In Appts: M-F 12:30-1:30pm	14014 Route 31W Albion, NY 14411	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Steuben County				
Steuben County Crisis Line				
Emergency Mobile Integration Team: (607) 937-7800				
Steuben County Mental Health	(607) 324-2483	115 Liberty Street, Bath, NY, 14810	Families, Children (5+), Adolescents (12+), Adults	All (or most)
Genesee County				
Genesee County Crisis Line				
Care & Crisis Helpline: (585) 283-5200				
Genesee County Mental Health	(585) 344-1421, https://www.co.genesee.ny.us/departments/mentalhealth/index.php Fax (585) 345-3080	5130 East Main Street Road, Suite 2 Batavia, New York 14020-3496	Families, Children (5+), Adolescents (12+), Adults	All (or most)

Wyoming County				
Wyoming County Crisis Line				
Care & Crisis Helpline:(585) 283-5200				
Wyoming County Mental Health	(585) 786-8871, https://www.wyomingco.net/434/Mental-Health Fax: 585-786-8874 Mobile Crisis #: (585) 283-5200	460 N Main St Warsaw, NY 14569	Families, Children (5+), Adolescents (12+), Adults	All (or most)