

| Grief & Loss Clinicians                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                              |                                                    |                             |
|------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------------|-----------------------------|
| Monroe County                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                              |                                                    |                             |
| Clinician Name                                       | Contact & Website                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Address                                                                      | Ages/Clients Seen                                  | Insurance                   |
| Lifetime Care: Rochester Supports Groups             | (585) 475-8800,<br><a href="https://www.nyconnects.ny.gov/services/bereavement-services-7725">https://www.nyconnects.ny.gov/services/bereavement-services-7725</a>                                                                                                                                                                                                                                                                                                    | 330 Monroe Avenue,<br>Rochester, NY 14607                                    | Families, Children (4+), Adolescents (12+), Adults | Various                     |
| Mental Health Association Bereavement Support Groups | <ul style="list-style-type: none"> <li>- General Bereavement Support Groups:<br/><a href="https://www.mharochester.org/directory/bereavement/general-bereavement/">https://www.mharochester.org/directory/bereavement/general-bereavement/</a></li> <li>- Children's Support Groups:<br/><a href="https://www.mharochester.org/directory/bereavement/childrens-bereavement/">https://www.mharochester.org/directory/bereavement/childrens-bereavement/</a></li> </ul> |                                                                              |                                                    |                             |
| Kate Klatt, CCLS                                     | (585) 245-2115, <a href="mailto:SmilingThroughTears@yahoo.com">SmilingThroughTears@yahoo.com</a> ,<br><a href="https://smilingthroughtears.godaddysites.com/">https://smilingthroughtears.godaddysites.com/</a>                                                                                                                                                                                                                                                       | 7353 Victor-Pittsford Road,<br>Victor, New York 14564                        | Families, Children (4+), Adolescents (12+), Adults | No, Private Pay             |
| Elizabeth MacKinnon, LCSW-R                          | (585) 313-7100, <a href="mailto:eamac@twc.com">eamac@twc.com</a>                                                                                                                                                                                                                                                                                                                                                                                                      | 497 Beahan Road,<br>Rochester, NY                                            | Families, Children (4+), Adolescents (12+), Adults | Unsure                      |
| Peg DeBaise, LMFT                                    | (585) 598-9845,<br><a href="https://www.psychologytoday.com/us/therapists/peg-debaise-rochester-ny/111284">https://www.psychologytoday.com/us/therapists/peg-debaise-rochester-ny/111284</a>                                                                                                                                                                                                                                                                          | 95 Allens Creek Road<br>Bldg 1, Suite 317<br>Rochester, New York 14618       | Couples, Families, Children (6+), Adults           | No, Private pay             |
| West End Psychotherapy:<br>• Linda Golden, LCSW-R    | (585) 225-9292, <a href="mailto:lindagoldenlcsw.r@gmail.com">lindagoldenlcsw.r@gmail.com</a>                                                                                                                                                                                                                                                                                                                                                                          | 1800 English Road, Suite # 5,<br>Rochester, NY, 14616                        | Couples, Families, Adolescents (12+)               | Excellus                    |
| Dr. David Driscoll, Psy D                            | (585) 248-8740                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 2505 East Ave #108,<br>Rochester, NY 14610                                   | Children (6+), Adolescents (12+)                   | Excellus, Aetna, MVP, Cigna |
| Margaret Figueroa, LCSW-R                            | (585) 727-0136, Text Message: (585) 727-0136,<br><a href="mailto:mpftherapy@gmail.com">mpftherapy@gmail.com</a> ,<br><a href="http://www.mpftherapy.com/index.html">http://www.mpftherapy.com/index.html</a>                                                                                                                                                                                                                                                          | 1150 Pittsford-Victor Road<br>Building J, First Floor<br>Pittsford, NY 14534 | Couples, Families, Adolescents (14+)               | Excellus, Aetna             |
| Debbie Burke Gravetter, LCSW                         | (585) 415-4913                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 80 West Avenue<br>Brockport, NY 14420                                        | Couples, Families, Children & Adolescents, Adults  | Excellus, Aetna, MVP        |

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| Kara Juszczak, LCSW-R      | 585-880-8838, <a href="mailto:kmjbreath@gmail.com">kmjbreath@gmail.com</a> ,<br><a href="http://www.kmjcounseling.com/">http://www.kmjcounseling.com/</a>                                                  | 2300 East Avenue<br>Rochester, NY 14610                              | Couples, Families,<br>Adolescents<br>(12+), Adults | Excellus, Medicare,<br>Aetna, Independent<br>Health, Lifetime Benefit<br>Solutions              |
| Pete Navratil, LCSW-R      | 585-355-7418, <a href="mailto:pnavratil@rochester.rr.com">pnavratil@rochester.rr.com</a> ,<br><a href="http://www.pknnavratil.com/">http://www.pknnavratil.com/</a>                                        | 2300 East Ave.<br>Rochester, NY 14610                                | Couples, Families,<br>Adults                       | Excellus, Medicare,<br>Aetna, Independent<br>Health, Lifetime Benefit<br>Solutions Fidelis, MVP |
| John Aceto, MS, LMHC       | 585-481-7466, Call or Text, <a href="mailto:acetocounseling@gmail.com">acetocounseling@gmail.com</a> ,<br><a href="https://www.acetocounseling.com/">https://www.acetocounseling.com/</a>                  | 46 Prince St., Suite LL004<br>Rochester, NY 14607                    | Adults                                             | Excellus, Fidelis                                                                               |
| Megan Clifford, LCSW-R     | 585-433-5919,<br><a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="https://www.meganclifford.com/">https://www.meganclifford.com/</a>     | 2300 East Ave.<br>Rochester, NY 14610                                | Young adults<br>(18+)                              | Excellus                                                                                        |
| Brendan Cooper, LCSW       | (585)310-8988, <a href="https://www.brendancooperlcsw.com/">https://www.brendancooperlcsw.com/</a>                                                                                                         | 95 Allens Creek Road<br>Building 1, Suite 268<br>Rochester, NY 14618 | Adults                                             | Excellus, Aetna, MVP,<br>Cigna, United Health,<br>Medicare                                      |
| Bree Scribner, LCSW        | (585) 200-3438,<br><a href="https://www.psychologytoday.com/us/therapists/bree-scribner-lcsw-rochester-ny/143392">https://www.psychologytoday.com/us/therapists/bree-scribner-lcsw-rochester-ny/143392</a> | 2300 East Ave.<br>Rochester, NY 14610                                | Families,<br>Adolescents<br>(13+), Adults          | No, Private pay                                                                                 |
| Alexis Slaninka, LMHC      | 585-474-5680, <a href="mailto:ams@alexistherapy.com">ams@alexistherapy.com</a> ,<br><a href="http://www.alexistherapy.com/home.html">http://www.alexistherapy.com/home.html</a>                            | 2300 East Ave.<br>Rochester, NY 14610                                | Adolescents<br>(12+), Adults                       | No, Private pay                                                                                 |
| Stacey E. Kulik, LCSW      | (585) 496-1525,<br><a href="https://www.psychologytoday.com/us/therapists/stacey-e-kulik-rochester-ny/154752">https://www.psychologytoday.com/us/therapists/stacey-e-kulik-rochester-ny/154752</a>         | 2300 East Ave.<br>Rochester, NY 14610                                | Children (3+),<br>Families                         | No, Private pay                                                                                 |
| Dr. Karen McDermott, PhD   | (585) 271-4030                                                                                                                                                                                             | 120 Allens Creek Rd,<br>Rochester, NY 14618                          | Couples, Families,<br>Children (6+),<br>Adults     | Excellus, Aetna, Cigna,<br>Empire                                                               |
| Dr. Elizabeth Meeker, PsyD | (585) 248-8740                                                                                                                                                                                             | 2505 East Ave #108,<br>Rochester, NY 14610                           | Children (6+),<br>Adolescents (12+)                | Excellus, Aetna, MVP                                                                            |
| Madeline Reynolds, LCSW-R  | (585) 746-2191                                                                                                                                                                                             | 95 Allens Creek Rd,<br>Rochester, NY 14618                           | Couples, Families,<br>Children (3+)                | Excellus, Excellus<br>Choice Option, Aetna,<br>Empire                                           |
| Dr. Michael Teisl, PhD     | (585) 953-4834                                                                                                                                                                                             | 877 Elmwood Ave,<br>Rochester, NY 14620                              | Families,<br>Adolescents (12+)                     | Unsure                                                                                          |

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| Paul Swiatek, LMSW                                | (585) 353 4119, <a href="mailto:paulswiatek1@gmail.com">paulswiatek1@gmail.com</a> ,<br><a href="http://www.paulswiatek.com">www.paulswiatek.com</a>                                                                                                       | 1580 Elmwood Avenue,<br>Rochester, New York<br>14620                                                                                  | Couples, Families,<br>Adolescents<br>(12+), Adults      | No, Private pay                                                                                    |
| <b>Ontario County</b>                             |                                                                                                                                                                                                                                                            |                                                                                                                                       |                                                         |                                                                                                    |
| Jennifer Luffman, LMHC<br>Seeds of Hope           | (315) 325-8882, <a href="mailto:jenn@seedsofhopecs.com">jenn@seedsofhopecs.com</a> ,<br><a href="https://www.seedsofhopecs.com/">https://www.seedsofhopecs.com/</a>                                                                                        | 590 Pre-Emption Road<br>Geneva, New York 14456                                                                                        | Families, Children<br>(6+), Adolescents<br>(12+)        | No, Private pay                                                                                    |
| Sacred Pathways Counseling<br>• Jessica Cary LMHC | (585) 382-6224,<br><a href="mailto:jcary.sacredpathwayscounseling@gmail.com">jcary.sacredpathwayscounseling@gmail.com</a> ,<br><a href="http://www.sacred-pathways-counseling.com/contact.html">http://www.sacred-pathways-counseling.com/contact.html</a> | 90 East Main Street Victor,<br>NY                                                                                                     | Families,<br>Adolescents (14+)                          | Excellus (BCO & CHP),<br>Cigna, Evernorth, Oscar<br>Health, Oxford<br>UnitedHealthcare UHC,<br>UBH |
| William Riley, LCSW-R                             | (315) 765-7899, <a href="mailto:wriley88@yahoo.com">wriley88@yahoo.com</a>                                                                                                                                                                                 | 17 Seneca Street<br>Suite 5<br>Geneva, New York 14456                                                                                 | Children (6+),<br>Adolescents (12+)                     | Excellus, Aetna, MVP,<br>Cigna, Beacon, UHC                                                        |
| Jayne Abbott, LMHC                                | (585) 318-8723,<br><a href="https://www.psychologytoday.com/us/therapists/jayne-abbott-canandaigua-ny/713541">https://www.psychologytoday.com/us/therapists/jayne-abbott-canandaigua-ny/713541</a>                                                         | 5297 Parkside Drive<br>Suite 400<br>Canandaigua, New York<br>14424                                                                    | Families, Children<br>(5+) Adolescents<br>(12+), Adults | Aetna, Cigna, Optum,<br>Oscar, Oxford, UHC                                                         |
| Victor Counseling Practice                        | 585-398-8835, <a href="https://victorcounseling.com/">https://victorcounseling.com/</a><br><br>Larger practice with multiple providers (i.e. clinical<br>supports, medication management, life coaching, etc.)                                             | Victor: 6539 Anthony Dr<br>Suite A, Victor, New York<br>14564<br><br>Henrietta: 755 Jefferson<br>Rd., Suite 4A<br>Rochester, NY 14623 | Families, Children<br>(5+) Adolescents<br>(12+), Adults | Excellus, Aetna, MVP,<br>Cigna, Beacon, UHC,<br>Fidelis                                            |
| Brook Slaby, LMHC                                 | (585) 610-4568                                                                                                                                                                                                                                             | 5297 Parkside Dr<br>Suite 400, Office 411<br>Canandaigua, New York<br>14424                                                           | Families, Children<br>(5+) Adolescents<br>(12+)         | No, Private pay                                                                                    |
| Christine Kaiser, LCSW                            | <a href="https://meetmonarch.com/therapist/christine-kaiser-lcsw-pittsford-ny">https://meetmonarch.com/therapist/christine-kaiser-lcsw-pittsford-ny</a>                                                                                                    | 10 Office Park Way Suite<br>100 Pittsford, NY 14534                                                                                   | Families,<br>Young Adults,<br>Adults                    | Excellus, Aetna, MVP,<br>Medicare                                                                  |
| Upstate of Mind: Claire Higman,<br>LCSW           | (585) 206-7798, <a href="mailto:claire@upstate.support">claire@upstate.support</a> ,<br><a href="https://www.upstate.support/">https://www.upstate.support/</a>                                                                                            | 21 Willow Pond Way<br>Suite 201<br>Penfield, NY 14526                                                                                 | Families,<br>Adolescents<br>(14+), Adults               | Excellus, MVP, Aetna                                                                               |

| Child & Adolescent Psychologists |                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                      |                                                          |                                                                                  |
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| Clinician Name                   | Contact & Website                                                                                                                                                                                                                                                                                                                                                                                                 | Address                                                              | Ages/Clients Seen                                        | Insurance                                                                        |
| Dr. Christopher Pollack, PhD     | 585-586-9420, <a href="mailto:cfpollack@rochester.rr.com">cfpollack@rochester.rr.com</a> ,<br><a href="http://www.cfpollackpsychology.com/">http://www.cfpollackpsychology.com/</a>                                                                                                                                                                                                                               | 220 Linden Oaks<br>Suite 200<br>Rochester, New York<br>14625         | Children (3+),<br>Adolescents (12+)                      | Excellus, Aetna, Cigna,<br>UHC                                                   |
| Dr. Caroline Richards, PhD       | (585) 391-9136,<br><a href="https://www.psychologytoday.com/us/therapists/caroline-richards-rochester-ny/60675">https://www.psychologytoday.com/us/therapists/caroline-richards-rochester-ny/60675</a>                                                                                                                                                                                                            | 95 Allens Creek Road<br>Building 1, Suite 104<br>Rochester, NY 14618 | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Aetna, Beacon Health,<br>BC/BS, CHP, Cigna,<br>Evernorth, Excellus<br>BC/BS, MVP |
| Dr. Clarissa Wood, PhD           | (585) 978-7937, <a href="https://illuminatepsc.com/">https://illuminatepsc.com/</a>                                                                                                                                                                                                                                                                                                                               | 110 Allen's Creek Road<br>Suite 230<br>Rochester, NY 14618           | Families, Children<br>(5+) Adolescents<br>(12+), Adults  | Excellus, Aetna, Cigna,<br>MVP                                                   |
| Christina Ruzicka, PsyD          | (585) 667-0970, <a href="https://christina-ruzicka.clientsecure.me/">https://christina-ruzicka.clientsecure.me/</a>                                                                                                                                                                                                                                                                                               | 1577 South Avenue<br>Rochester, NY 14620                             | Adults                                                   | No, Private Pay                                                                  |
| Dr. Dayton Walsh, PhD            | (585) 210-2028, <a href="mailto:connect@daytonwalsh.com">connect@daytonwalsh.com</a> ,<br><a href="https://www.daytonwalsh.com/services">https://www.daytonwalsh.com/services</a>                                                                                                                                                                                                                                 | 34A State St<br>Pittsford, NY 14534                                  | Families,<br>Adolescents (12+),<br>Adults                | Aetna                                                                            |
| Dr. Margaret (Peggy) Lane, PhD   | (585) 282-6091, <a href="mailto:freshalternativecounseling@gmail.com">freshalternativecounseling@gmail.com</a> ,<br><a href="https://freshalternativecounseling.com/">https://freshalternativecounseling.com/</a>                                                                                                                                                                                                 | 21 Willow Pond Way, Suite<br>204 Rochester, NY, 14625.               | Families, Children<br>(8+), Adolescents<br>(12+)         | Excellus, Aetna, Cigna                                                           |
| Dr. Christopher Dehon, PhD       | (585) 598-4344, <a href="mailto:drchrisdehon@gmail.com">drchrisdehon@gmail.com</a><br><a href="https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/83424?sid=5e78cfdb30737&amp;ref=7&amp;rec_next=1&amp;tr=ResultsName">https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/83424?sid=5e78cfdb30737&amp;ref=7&amp;rec_next=1&amp;tr=ResultsName</a> | 919 Winton Road South<br>Suite 304, Rochester, New<br>York 14618     | Families, Children<br>(3+), Adolescents<br>(12+)         | Excellus, Excellus<br>Choice Option, Aetna,<br>Fidelis, Univera                  |
| Dr. Karin Theurer-Kaufman, PhD   | (585) 445-7098,<br><a href="https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/169152?sid=5e78cfdb30737&amp;ref=9&amp;rec_next=1&amp;tr=ResultsName">https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/169152?sid=5e78cfdb30737&amp;ref=9&amp;rec_next=1&amp;tr=ResultsName</a>                                                                  | 11 Hunt Club Drive<br>Honeoye Falls, NY 14472                        | Families, Children<br>(3+), Adolescents<br>(12+)         | Excellus, Aetna                                                                  |
| Dr. Colleen Saar, PhD            | (585) 880-8640, <a href="mailto:csaar@rocneuropsych.com">csaar@rocneuropsych.com</a> ,<br><a href="https://www.rocneuropsych.com/contact.html">https://www.rocneuropsych.com/contact.html</a>                                                                                                                                                                                                                     | 6780 Pittsford Palmyra Rd.<br>3D, Fairport, New York<br>14450        | Families, Children<br>(6+), Adolescents<br>(12+), adults | Excellus, Aetna, BC/BS,<br>MVP                                                   |
| Dr. Christina McCann, PhD        | (585) 229-6530,<br><a href="https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/169152?sid=5e78cfdb30737&amp;ref=9&amp;rec_next=1&amp;tr=ResultsName">https://www.psychologytoday.com/us/therapists/child-or-adolescent/ny/monroe-county/169152?sid=5e78cfdb30737&amp;ref=9&amp;rec_next=1&amp;tr=ResultsName</a>                                                                  | 130 Allens Creek Rd<br>Suite 230                                     | Families, Children<br>(3+), Adolescents<br>(12+)         | Aetna, Cigna                                                                     |

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|                                 | <a href="#">county/374529?sid=5e78cfdb30737&amp;ref=16&amp;rec_next=1&amp;tr=ResultsName</a>                                                                                                                    | Rochester, New York 14618                                    |                                            |                                                        |
| Dr. Kathryn Karch, PhD          | (585) 638-3038, <a href="mailto:Kathryn.karch.phd@gmail.com">Kathryn.karch.phd@gmail.com</a> ,<br><a href="https://www.childandfamilytherapyrochester.com/">https://www.childandfamilytherapyrochester.com/</a> | 130 Allens Creek Road Suite 230<br>Rochester, New York 14618 | Families, Children (3+), Adolescents (12+) | Excellus, Aetna                                        |
| Dr. Kathleen Tracy, PhD         | (585) 473-5810                                                                                                                                                                                                  | 130 Allens Creek Rd,<br>Rochester, NY 14618                  |                                            | Excellus, Cigna, MVP                                   |
| Dr. Christine Steerman, PhD     | (585) 292-9720                                                                                                                                                                                                  | 980 Westfall Rd # 125,<br>Rochester, NY 14618                | Families, Adolescents (12+)                | Excellus, Excellus Choice Option, Aetna, Empire, Cigna |
| Dr. Amanda James, PhD           | (585) 703-7147                                                                                                                                                                                                  | 141 Sullys Trail Suite 7B<br>Pittsford, NY 14534             | Families, Adolescents (12+)                | Excellus                                               |
| Dr. Michael Teisl, PhD          | (585) 953-4834                                                                                                                                                                                                  | 877 Elmwood Ave,<br>Rochester, NY 14620                      | Families, Adolescents (12+)                | Unsure                                                 |
| Dr. Sarah Farney, Psy D         | (585) 678-4449,<br><a href="https://www.linkedin.com/in/sarahkiddfarney/">https://www.linkedin.com/in/sarahkiddfarney/</a>                                                                                      | 305 Packetts Landing,<br>Fairport, NY 14450                  | Families, Children (3+), Adolescents (12+) | No, Private pay                                        |
| Dr. Erin Stronach, PhD          | (585) 270-7207, (585) 256-0400,<br><a href="http://erinstronachphd.com/">http://erinstronachphd.com/</a>                                                                                                        | 1580 Elmwood Avenue Suite D<br>Rochester, New York 14620     | Couples, Families, Adolescents (12+)       | Excellus, Aetna                                        |
| Dr. Lynn Lambert, Psy D         | (585) 429-0749                                                                                                                                                                                                  | 2290 East Avenue<br>Rochester, NY 14610                      | Couples, Families, Adolescents (12+)       | Unsure                                                 |
| Dr. Deanna Sams, PhD            | (585) 271-6030,<br><a href="https://www.urmc.rochester.edu/people/21770081-deanna-p-sams">https://www.urmc.rochester.edu/people/21770081-deanna-p-sams</a>                                                      | 120 Allens Creek Rd,<br>Rochester, NY 14618                  | Families, Children (3+), Adolescents (12+) | Unsure                                                 |
| Dr. Todd Deneen                 | (585) 632-5037, <a href="https://deneenpsychservices.com/">https://deneenpsychservices.com/</a> ,<br><a href="mailto:deneenpsychservices@gmail.com">deneenpsychservices@gmail.com</a>                           | 2509 Browncroft Boulevard Suite 109<br>Rochester, NY 14607   | Families, Children (6+), Adolescents (12+) | Excellus. BCBS, Medicare, Healthy NY                   |
| Dr. Lori R. Costa-Mitrano, PsyD | (585) 586-2223                                                                                                                                                                                                  | 500 Helendale Rd,<br>Rochester, NY 14609                     | Families, Adolescents (12+)                | Excellus, Aetna                                        |
| Dr. Sherry Schwartz, PhD        | (585) 286-5384,<br><a href="https://www.psychologytoday.com/us/therapists/sherry-z-schwartz-rochester-ny/160808">https://www.psychologytoday.com/us/therapists/sherry-z-schwartz-rochester-ny/160808</a>        | 132 Allens Creek Road<br>Rochester, New York 14618           | Couples, Families, Children (3+),          | Excellus, Aetna, Cigna                                 |

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|                            |                                                                                                                                                                              |                                                                              | Adolescents (12+),<br>Adults                             |                                                             |
| Dr. Karen Connors, PhD     | (585) 271-4030                                                                                                                                                               | 120 Allens Creek Rd,<br>Rochester, NY 14618                                  | Families, Children<br>(3+), Adolescents<br>(12+)         | Excellus, Aetna, Cigna,<br>MVP                              |
| Dr. Robert Robbins, PhD    | (585) 381-1731                                                                                                                                                               | 100 Linden Oaks Ste 102<br>Rochester, NY 14625                               | Families,<br>Adolescents (12+)                           | Excellus, Aetna                                             |
| Dr. David Driscoll, PhD    | (585) 248-8740                                                                                                                                                               | 2505 East Ave #108,<br>Rochester, NY 14610                                   | Families, Children<br>(6), Adolescents<br>(12+)          | Excellus                                                    |
| Dr. Angela Stewart, PhD    | (585) 427-7333                                                                                                                                                               | 440 White Spruce Blvd<br>Rochester, NY 14623                                 | Families, Children<br>(6+), Adolescents<br>(12+)         | Unsure                                                      |
| Dr. Cara Regan, PhD        | (585) 586-8550                                                                                                                                                               | 121 Sully's Trail #5,<br>Pittsford, NY 14534                                 | Families, Children<br>(3+), Adolescents<br>(12+)         | Excellus, Excellus<br>Choice Option Cigna,<br>MVP           |
| Dr. Camille Simonetti, PhD | (585)204-7061, <a href="mailto:cam.simonetti@gmail.com">cam.simonetti@gmail.com</a> ,<br><a href="http://www.csimonettiphd.com/about">http://www.csimonettiphd.com/about</a> | 141 Sully's Trail<br>Suite #7B<br>Pittsford, New York 14534                  | Families,<br>Adolescents (12+),<br>Adults                | Excellus, Aetna                                             |
| Dr. Kristen Davidson, PhD  | (585) 797-7084                                                                                                                                                               | 1175 Pittsford Victor Rd<br>Suite 100<br>Pittsford, New York 14534-<br>3811  | Families, Children<br>(6+), Adolescents<br>(12+)         | Excellus, Excellus<br>Choice Option, Aetna,<br>MVP          |
| Dr. Mark Brogan, PhD       | (585) 234-9494                                                                                                                                                               | 40A Grove St Pittsford,<br>NY 14534                                          | Families,<br>Adolescents (12+),<br>Adults                | Excellus, Excellus<br>Choice Option, Aetna,<br>MVP, Fidelis |
| Dr. Paul Howes, PhD        | (585) 223-6510                                                                                                                                                               | 1387 Fairport Rd #500,<br>Fairport, NY 14450                                 | Families, Children<br>(6+), Adolescents<br>(12+)         | Excellus, Aetna, Cigna,<br>MVP                              |
| Dr. Justin Russotti, PhD   | (585) 366-8939, <a href="https://kaleidoscopewellness.org/">https://kaleidoscopewellness.org/</a>                                                                            | 95 Allens Creek Road<br>Building 1 Suite 273<br>Rochester, New York<br>14618 | Families, Children<br>(3+), Adolescents<br>(12+), Adults | No, Private pay                                             |
| Dr. Kate Taylor, PhD       | (585) 351-9737                                                                                                                                                               | 1175 Pittsford-Victor Road<br>Suite 100, Pittsford, New<br>York, 14534,      | Families,<br>Adolescents (12+),<br>Adults                | Unsure                                                      |

|                                      |                                                                                                                                                                                                                                                                                                                                                                        |                                                        |                                                                                                                                                   |                                                                                                  |
|--------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| Dr. Miriam Iker, PhD                 | (585) 377-3540                                                                                                                                                                                                                                                                                                                                                         | 21 Willow Pond Way,<br>Penfield, NY 14526              | Families, Children<br>(6+), Adolescents<br>(12+), Adults                                                                                          | Excellus                                                                                         |
| Dr. Kathryn Bamford, PhD.            | (585) 259-4792                                                                                                                                                                                                                                                                                                                                                         | Telehealth                                             | Families, Adults                                                                                                                                  |                                                                                                  |
| Dr. Kathleen Wright-Knothe,<br>Ph.D. | (585) 314-0274, <a href="mailto:kwknothe@gmail.com">kwknothe@gmail.com</a>                                                                                                                                                                                                                                                                                             | Telehealth                                             | Families, Adults<br>(18+)<br>*Does not work<br>with Borderline<br>Personality or<br>Disordered 4-5*                                               | Excellus, BCBS, Aetna,<br>Cigna, MVP Health<br>Care, Medicare                                    |
| Dr. Ernesto Michelucci, Ph.D.        | (585) 615-5036,<br><a href="https://www.psychologytoday.com/us/therapists/ernesto-michelucci-pittsford-ny/178964?sid=5fd0f0be7fe21&amp;name=Ernesto+Michelucci%2C&amp;ref=1&amp;tr=ResultsName">https://www.psychologytoday.com/us/therapists/ernesto-michelucci-pittsford-ny/178964?sid=5fd0f0be7fe21&amp;name=Ernesto+Michelucci%2C&amp;ref=1&amp;tr=ResultsName</a> | 20 Office Parkway<br>Suite #113<br>Pittsford, NY 14534 | Families, Adults                                                                                                                                  | Excellus, BCBS, Aetna<br>Beacon, Cigna. Empire<br>BlueCross, MVP Health<br>Care, Medicare, Optum |
| Dr. Michael D. Griffin, Ph.D.        | (716) 636-1375                                                                                                                                                                                                                                                                                                                                                         | 9750 Transit Rd, East<br>Amherst, NY 14051             | Families, Children<br>(6+), Adolescents<br>(12+)<br>*Specializes in<br>evaluation and<br>treatment of<br>behavioral &<br>emotional<br>challenges* |                                                                                                  |
| Dr. Jennifer Lukomski, Ph.D.         | (585) 485-4292                                                                                                                                                                                                                                                                                                                                                         |                                                        | Families,<br>Adolescents (15+)<br>*EMDR Certified<br>& ASL Proficient*                                                                            | Unsure                                                                                           |
| Dr. Ilisa Stein, Psy.D               | (585) 364-2553, <a href="mailto:ilisa.stein2@gmail.com">ilisa.stein2@gmail.com</a>                                                                                                                                                                                                                                                                                     | Telehealth                                             | Adolescents (14+),<br>Adults                                                                                                                      | Excellus, Aetna, Cigna,<br>MVP, Medicare                                                         |
| Dr. Paul Decancq, Psy.D.             | (585) 577-7830                                                                                                                                                                                                                                                                                                                                                         |                                                        | Adults (focus on<br>Men's issues &<br>PTSD)                                                                                                       |                                                                                                  |
| Dr. Lindsay Henderson, PsyD          | (585) 229-8747,<br><a href="mailto:LindsayHenderson@DrLindsayHenderson.com">LindsayHenderson@DrLindsayHenderson.com</a> ,<br><a href="https://drlindsayhenderson.com/">https://drlindsayhenderson.com/</a>                                                                                                                                                             | Sunset Boulevard, Pittsford,<br>NY 14534               | Families,<br>Adolescents (16+),<br>Adults (**Parent                                                                                               | Private Pay ( \$110 per 50<br>Minute Session)                                                    |

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|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------------------|
|                                              |                                                                                                                                                                                                                                                                                                                                                                                                 |                                                              | Guidance<br>Specialty**)                                                              |                                                |
| Dr. Amber Keshishian, PhD                    | (585) 244-4161, <a href="https://www.goodbrain.co/">https://www.goodbrain.co/</a> ,                                                                                                                                                                                                                                                                                                             | 130 Allens Creek Road<br>Rochester, NY 14618                 | Families, Children<br>(6+), Adolescents<br>(12+), Adults<br>**OCD specialty**         | Excellus, BC/BS, Aetna,<br>MVP, Cigna (others) |
| Dr. Margo J Markesteijn: LCSW<br>& PhD       | (585) 612-5478,<br><a href="https://www.psychologytoday.com/us/therapists/margo-j-markesteijn-rochester-ny/152973">https://www.psychologytoday.com/us/therapists/margo-j-markesteijn-rochester-ny/152973</a>                                                                                                                                                                                    | 595 Blossom Road<br>Suite 301-c<br>Rochester, NY 14610       | Families, Children<br>(6+), Adolescents<br>(12+), Adults<br>**Holistic<br>specialty** | Excellus, BC/BS, Aetna                         |
| Dr. Paul Schwartzman, Fairport<br>Counseling | (585) 377-2720,<br><a href="http://www.fairportcounselingservices.com/">http://www.fairportcounselingservices.com/</a> ,<br><a href="https://www.psychologytoday.com/us/therapists/male/ny/mendon/448772?sid=613a42b9ccc2b&amp;zipdist=7&amp;spec=326&amp;ref=1">https://www.psychologytoday.com/us/therapists/male/ny/mendon/448772?sid=613a42b9ccc2b&amp;zipdist=7&amp;spec=326&amp;ref=1</a> | 307 Packetts Landing,<br>Fairport, NY                        | Families,<br>Adolescents (14+),<br>Adults                                             | Excellus, Aetna, Cigna,<br>MVP                 |
| Genesee Valley Institute of<br>Psychology    | (585) 201-8017, Fax (585) 495-2384,<br><a href="https://gviproc.org/contact-us">https://gviproc.org/contact-us</a>                                                                                                                                                                                                                                                                              | 200 White Spruce Blvd,<br>Suite 220, Rochester, NY,<br>14623 | Families, Children<br>(4+), Adolescents<br>(12+), Adults                              | Excellus, Aetna, Sliding<br>Fee                |

| Children Therapists (4-5+)                |                                                                                                                                                                                                                                                                                                                     |                                                                                    |                                                          |                 |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------|
| Clinician Name                            | Contact & Website                                                                                                                                                                                                                                                                                                   | Address                                                                            | Ages/Clients Seen                                        | Insurance       |
| Villa of Hope Behavioral<br>Health Clinic | (585) 328-0834, <a href="mailto:cdcclinic@villaofohope.org">cdcclinic@villaofohope.org</a> ,<br><a href="mailto:mhclinic@villaofohope.org">mhclinic@villaofohope.org</a> ,<br><a href="http://villaofohope.org/Programs-Services/Behavioral-Health">http://villaofohope.org/Programs-Services/Behavioral-Health</a> | 1099 Jay Street, Building J,<br>Rochester, NY                                      | Families, Children<br>(5+), Adolescents<br>(12+), Adults | All             |
| Catina Richardsen, LMHC                   | (585) 622-5063 (text or call), <a href="mailto:catina.lmhc@gmail.com">catina.lmhc@gmail.com</a> ,<br><a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html</a>                                          | 25 Canterbury Road, #301<br>Rochester, NY 14607                                    | Families, Children<br>(2+), Adolescents<br>(12+)         | Excellus        |
| Jenny Mural, LCSW-R                       | (585) 512-8626, <a href="mailto:Jennifermural@gmail.com">Jennifermural@gmail.com</a>                                                                                                                                                                                                                                | 95 Allens Creek, Bldg 2,<br>Suite 330, Rochester, New<br>York 14618, United States | Families, Children<br>(2+), Adolescents<br>(12+)         | No, Private Pay |

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|--------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Jamie Williams, LMHC, NCC                                          | Jamiejwilliamslmhc@gmail.com                                                                                                                                                                                                                                                                 | Rochester, NY                                                        | Families, Children (4+), Adolescents (12+)                                                                          | No, Private Pay                                                                    |
| Erica Lannon, LMHC, CCPT (Certified Child Centered Play Therapist) | (315) 573-9246, <a href="https://www.psychologytoday.com/us/therapists/erica-b-lannon-fairport-ny/423192">https://www.psychologytoday.com/us/therapists/erica-b-lannon-fairport-ny/423192</a>                                                                                                | 625 Ayrault Road, Fairport, NY                                       | Families, Children (6+), Adolescents (12+)                                                                          | Aetna, United Healthcare, Cigna                                                    |
| Jillian Burgess, LMHC, NCC                                         | (585) 210-8062, <a href="mailto:jillianburgesslmhc@gmail.com">jillianburgesslmhc@gmail.com</a> , <a href="https://secure.helloalma.com/providers/jillian-burgess/">https://secure.helloalma.com/providers/jillian-burgess/</a>                                                               | Teletherapy only                                                     | Families, Children (2+), Adolescents (12+)                                                                          | Aetna, Cigna, UHC, UMR, Oscar Health                                               |
| Dr. Brian Harrison, Psychologist                                   | <a href="mailto:admin@bryanharrisonphd.com">admin@bryanharrisonphd.com</a> , <a href="http://www.bryanharrisonphd.com/services">http://www.bryanharrisonphd.com/services</a>                                                                                                                 | 610 Pittsford-Victor Road, Pittsford, NY, 14534                      | Families, Children (4+), Adolescents (12+), Adults<br><br><b>** Will complete evaluations for babies as well **</b> | Excellus, Aetna                                                                    |
| Christy Paradise, LCSW-R                                           | (585) 366-0050, <a href="mailto:therapy@christyparadise.com">therapy@christyparadise.com</a> , <a href="http://www.christyparadise.com/">http://www.christyparadise.com/</a>                                                                                                                 | 97 Canal Landing Blvd Suite 8A Rochester, NY 14626                   | Families, Children (4+), Adolescents (12+), Adults                                                                  | Excellus, Excellus Choice Option, Aetna, Cigna, MVP, Fidelis, UHC, CHP             |
| Peggy Derivan, LMHC: Discoveries Counseling                        | (585) 544-5342, <a href="mailto:peggy@discoveries-counseling.com">peggy@discoveries-counseling.com</a> ,                                                                                                                                                                                     | 590 Titus Ave. Rochester, NY 14617                                   | Families, Children (4+), Adolescents (12+), Adults                                                                  | Excellus, Aetna, Tricare, Fidelis Care, Lifetime Benefit Solutions, EAP providers. |
| Barbara Higgins, LCSW-R                                            | (585) 503-6805, <a href="mailto:bhiggins@bhigginstherapy.com">bhiggins@bhigginstherapy.com</a> , <a href="https://www.bhigginstherapy.com/">https://www.bhigginstherapy.com/</a>                                                                                                             | 2300 East Ave, Rochester, NY 14610                                   | Families, Children (2+), Adolescents (12+), Adults                                                                  | No, Private Pay                                                                    |
| Saralicia Hernandez, MA, MFT-LP, CCPT                              | (585) 500 9420, <a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> , <a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html</a> | 2300 East Ave, Rochester, NY 14610                                   | Families, Adolescents (12+)                                                                                         | Unsure                                                                             |
| Women's Health & Family Therapy: Kristie Jewitt, LMFT              | (585) 244-4161, <a href="mailto:info@kristiejewitt.com">info@kristiejewitt.com</a> , <a href="http://kristiejewitt.com/new_patients.html">http://kristiejewitt.com/new_patients.html</a>                                                                                                     | The Park at Allens Creek, 130 Allens Creek Road, Rochester, NY 14618 | Families, Children (6+), Adolescents (12+)                                                                          | No, Private Pay                                                                    |
| Sankofa Counseling                                                 | (585) 491-6646, <a href="mailto:ktillman@sankofafamilycounseling.com">ktillman@sankofafamilycounseling.com</a> , <a href="https://www.sankofafamilycounseling.com/">https://www.sankofafamilycounseling.com/</a>                                                                             | 1400 Portland Ave. Ste. #54 Rochester, NY 14621                      | Families, Children (3+), Adolescents (12+), Adults                                                                  | BC/BS, Excellus, Cigna, Medicare, Independent Health, MVP, Blue                    |

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|                                                                                            |                                                                                                                                                                                                                                                                    |                                                                                    |                                                    | Cross Blue Shield of Western NY. Aetna                                   |
| Serenity Life: Mattye McKibben                                                             | (585) 210-0150, <a href="https://serenitylifecounselingservices.com/">https://serenitylifecounselingservices.com/</a>                                                                                                                                              | Serenity Life Creative Arts Therapy PLLC<br>Webster, NY 14580                      | Families, Children (5+), Adolescents (12+)         | No, Private Pay                                                          |
| Madeline Micciche-Calcano, LCSW-R                                                          | (585) 746-2191                                                                                                                                                                                                                                                     | 95 Allens Creek Rd,<br>Rochester, NY 14618                                         | Families, Children (4+), Adolescents (12+)         | Excellus                                                                 |
| Carl Christensen, LCSW-R, North Coast Counseling                                           | (585) 262-4303, <a href="mailto:carlc@northcoastcounselingny.com">carlc@northcoastcounselingny.com</a> , <a href="http://northcoastcounselingny.com/index.html">http://northcoastcounselingny.com/index.html</a>                                                   | 277 Alexander St<br>Suite 306<br>Rochester, NY 14607                               | Families, Children (4+), Adolescents (12+), Adults | Excellus, Excellus BCO, Aetna, Cigna, Medicare, MVP/MVP Option, CHP, FHP |
| Elizabeth MacKinnon, LCSW-R                                                                | (585) 313-7100, <a href="mailto:eamac@twc.com">eamac@twc.com</a>                                                                                                                                                                                                   | 497 Beahan Road,<br>Rochester, NY                                                  | Families, Children (4+), Adolescents (12+), Adults | Unsure                                                                   |
| Nazareth College Play Therapy Clinic                                                       | (585) 389-2545, <a href="mailto:sdemanc8@naz.edu">sdemanc8@naz.edu</a> , <a href="https://www2.naz.edu/york-wellness-rehabilitation-institute/clinic-care/play-therapy/">https://www2.naz.edu/york-wellness-rehabilitation-institute/clinic-care/play-therapy/</a> | 4245 East Ave, Rochester, NY 14618, York Wellness and Rehabilitation Institute 263 | Children (3-10 y/o)                                | Low-cost care & financial support for families                           |
| Janet Wiesensel, LCSW-R                                                                    | (585)-377-6470, ext. 3, <a href="mailto:janetweisensel4@gmail.com">janetweisensel4@gmail.com</a>                                                                                                                                                                   | 401 Pennbrooke Drive,<br>Building 2, Suite K,<br>Penfield, NY                      | Families, Children (4+)                            | No, Private pay                                                          |
| Regina Gonek, LCSW-R                                                                       | (585) 733-3531, <a href="mailto:ReginaGonek@gmail.com">ReginaGonek@gmail.com</a> , <a href="https://sites.google.com/site/reginagonek/services?authuser=0">https://sites.google.com/site/reginagonek/services?authuser=0</a>                                       | 25 Canterbury Rd<br>Suite 305<br>Rochester, New York 14607                         | Families, Children (6+), Adolescents (12+), Adults | Excellus, Aetna, MVP, Cigna, Lifetime Benefits, Tricare                  |
| Dr. Melissa Almendinger, Psychologist: Linden Oaks Therapy                                 | (585) 586-1600, <a href="https://www.lindenOakstherapyoffices.com/therapists/melissa-almendinger-psyd/">https://www.lindenOakstherapyoffices.com/therapists/melissa-almendinger-psyd/</a>                                                                          | 100 Linden Oaks, Suite 200,<br>Rochester, NY, 14625                                | Families, Children (2+), Adolescents (12+)         | Excellus, BC/BS, Anthem                                                  |
| Amy Thomas, LCAT (Licensed Creative Art Therapy), MT-BC (Music Therapy - Board Certified), | (585) 750-1156, <a href="mailto:amythomastherapy@gmail.com">amythomastherapy@gmail.com</a>                                                                                                                                                                         | 401 Penbrooke Drive,<br>Penfield NY                                                | Families, Children (3+), Adolescents (12+)         | No, Private Pay                                                          |
| Andrea Marron, LCSW                                                                        | (585) 410-7486, <a href="mailto:Andrea.M.Marron@gmail.com">Andrea.M.Marron@gmail.com</a> , <a href="https://andreamarroncounseling.com/">https://andreamarroncounseling.com/</a>                                                                                   | 95 Allens Creek Road,<br>Building 2, Suite 17                                      | Families, Children (6+), Adolescents (12+), Adults | No, Private Pay                                                          |

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|------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------|
|                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Rochester, New York<br>14618                                                                                         |                                                          |                                |
| Peace Project Mental Health<br>Counseling PLLC | (585) 206-8060, <a href="mailto:Peaceproject.life@gmail.com">Peaceproject.life@gmail.com</a> ,<br><a href="http://www.peaceproject.life/">http://www.peaceproject.life/</a>                                                                                                                                                                                                                                                                                                                                                                                                | Teletherapy only                                                                                                     | Families, Children<br>(2+), Adolescents<br>(12+), Adults | No, Private Pay                |
| Claire M Higman, LCSW                          | (585) 206-7798, <a href="https://www.upstate.support/">https://www.upstate.support/</a> ,<br><a href="mailto:claire@upstate.support">claire@upstate.support</a>                                                                                                                                                                                                                                                                                                                                                                                                            | 21 Willow Pond Way<br>Suite 201<br>Penfield, NY 14526                                                                | Families, Children<br>(5+) Adolescents<br>(12+), Adults  | Excellus, Aetna, MVP           |
| Dr. Clarissa Wood,<br>Psychologist             | (585) 978-7937, <a href="https://illuminatepsc.com/">https://illuminatepsc.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 110 Allen's Creek Road<br>Suite 230<br>Rochester, NY 14618                                                           | Families, Children<br>(5+) Adolescents<br>(12+), Adults  | Excellus, Aetna, Cigna,<br>MVP |
| Tree of Hope                                   | (585) 500 9420,<br><a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-<br/>about-our-therapists.html</a><br><br>Complete screening tool:<br><a href="https://docs.google.com/forms/d/e/1FAIpQLScP3tw2FmyWtaNHBMnDeCgqb9xM9Wkh9VwgucDeN0CgpymBoG/viewform">https://docs.google.com/forms/d/e/1FAIpQLScP3tw2F<br/>myWtaNHBMnDeCgqb9xM9Wkh9VwgucDeN0CgpymBo<br/>g/viewform</a> | 2300 East Ave, Rochester,<br>NY 14610                                                                                | Families, Children<br>(2+), Adolescents<br>(12+)         | Various                        |
| Mindful Psychology:                            | (585) 510-0015, <a href="mailto:admin@mindfulpsychology.us">admin@mindfulpsychology.us</a> ,<br><a href="https://www.mindfulpsychology.us/contact">https://www.mindfulpsychology.us/contact</a>                                                                                                                                                                                                                                                                                                                                                                            | 3200 Brighton Henrietta TL<br>Road<br>Rochester, NY 14623<br><br>500 Helendale Road Suite<br>160 Rochester, NY 14609 | Families, Children<br>(4+), Adolescents<br>(12+)         | Various                        |

| OPWDD                                              |                                                                                                                                                                                                                                                                                                                                               |                                                                               |                                                    |                                 |
|----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------|---------------------------------|
| Clinician Name                                     | Contact & Website                                                                                                                                                                                                                                                                                                                             | Address                                                                       | Ages/Clients Seen                                  | Insurance                       |
| URMC: Levine Autism Clinic                         | (585) 275-2986,<br><a href="https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services/levine.aspx">https://www.urmc.rochester.edu/childrens-hospital/developmental-disabilities/services/levine.aspx</a><br><br>- Mary Brzustowicz (bilingual navigator): (585) 273-4513                                          | 200 East River Road,<br>Rochester, NY, 14623                                  | Families, Children (6+), Adolescents (12+), Adults | Various                         |
| Presence Developmental & Counseling Services       | (315) 515-5183, <a href="mailto:info@presencedevelopmental.com">info@presencedevelopmental.com</a> ,<br><a href="https://presencedevelopmental.com/">https://presencedevelopmental.com/</a><br><br>Online referral form:<br><a href="https://presencedevelopmental.com/make-a-referral">https://presencedevelopmental.com/make-a-referral</a> | 115 Fall Street Seneca Falls,<br>NY 13148<br>(Serves Monroe, Ontario, Seneca) | Families, Children (6+), Adolescents (12+), Adults | OPWDD Medicaid                  |
| Autism UP! (Located in the Golisano Autism Center) | (585) 248-9011, <a href="https://autismup.org/">https://autismup.org/</a> ,<br><a href="mailto:contact@autismup.org">contact@autismup.org</a>                                                                                                                                                                                                 | 50 Science Parkway<br>Rochester, NY 14620                                     | Families, Children (6+), Adolescents (12+), Adults | Various                         |
| Applied ABC                                        | (585) 685-2385, <a href="https://www.appliedabc.com/location-list/new-york-rochester-autism-therapy-at-home-applied-behavior-analysis-aba">https://www.appliedabc.com/location-list/new-york-rochester-autism-therapy-at-home-applied-behavior-analysis-aba</a>                                                                               | 75 South Clinton Ave.<br>Suite 510 Clinton Square<br>Rochester, NY 14604      | Families, Children (6+), Adolescents (12+)         | Various                         |
| Center for Autism & Related Disorders (CARD)       | (585) 377-6590, <a href="https://www.centerforautism.com/">https://www.centerforautism.com/</a>                                                                                                                                                                                                                                               | 6 N Main St #110<br>Fairport, NY 14450                                        | Families, Children (6+), Adolescents (12+)         | Various                         |
| Mary Cariola Enhanced Waiver Program               | <a href="https://www.marycariola.org/community-and-residential">https://www.marycariola.org/community-and-residential</a> ,<br><br>Maureen Shaffer at <a href="mailto:mchaffer@marycariola.org">mchaffer@marycariola.org</a> ,<br>(585) 359-0761                                                                                              | 1000 Elmwood Ave., Suite 100<br>Rochester, NY 14620                           | Families, Children (6+), Adolescents (12+)         | Various                         |
| Autism Learning Partners                           | (888) 805-0759, <a href="mailto:admissions@autismlearningpartners.com">admissions@autismlearningpartners.com</a> ,<br><a href="http://www.autismlearningpartners.com">www.autismlearningpartners.com</a>                                                                                                                                      | 620 Park Avenue, Suite 246<br>Rochester, NY 14607                             | Families, Children (6+), Adolescents (12+)         | Various                         |
| ACCESS-VR                                          | (585) 238-2900, <a href="http://www.acces.nysed.gov/vr/apply-vocational-rehabilitation-services#orientation">http://www.acces.nysed.gov/vr/apply-vocational-rehabilitation-services#orientation</a>                                                                                                                                           | 109 S Union St, Rochester,<br>NY 14607                                        | Families, Adolescents (16+)                        | N/A                             |
| Dr. Dan Mruzek, Psychologist                       | (585) 766.2430, <a href="mailto:rochester@proudmomentsaba.com">rochester@proudmomentsaba.com</a> ,<br><a href="https://www.proudmomentsaba.com/about-aba-1">https://www.proudmomentsaba.com/about-aba-1</a>                                                                                                                                   | Rochester, NY                                                                 | Families, Children (6+), Adolescents (12+)         | Various<br>**Autism Specialty** |
| Prime Care Services                                | General Information: 1-844-347-3168,<br><a href="mailto:info@primecareny.org">info@primecareny.org</a> , <a href="https://primecareny.org/enroll">https://primecareny.org/enroll</a><br><br>Western New York: (716) 392-4812<br>Finger Lakes: (585) 217-3233                                                                                  | Rochester, NY                                                                 | Children (Birth+), Adolescents (12+)               | OPWDD Medicaid,<br>Various      |

|                                                                                                    |                                                                                                                                                                                                                                                                                                                                  |                                                           |                                                                                                     |                                                                                                                                                           |
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|                                                                                                    | Central New York: (315) 584-3635<br>Southern Tier: (607) 222-9156<br>Mohawk Valley: (315) 584-3636                                                                                                                                                                                                                               |                                                           |                                                                                                     |                                                                                                                                                           |
| Person Centered Services                                                                           | Enrollment & Eligibility: (855) 208-3533, General Inquiries (888) 977-7030, <a href="mailto:customerservice@personcenteredservices.com">customerservice@personcenteredservices.com</a><br><br>Intake Coordinator: (585) 689-7459, <a href="mailto:aalbanese@personcenteredservices.com">aalbanese@personcenteredservices.com</a> | 2060 Brighton-Henrietta Town Line Rd, Rochester, NY 14263 | Children (Birth+), Adolescents (12+)                                                                | OPWDD Medicaid, Various                                                                                                                                   |
| Dr. Bryan Harrison, Psychologist                                                                   | <a href="mailto:admin@bryanharrisonphd.com">admin@bryanharrisonphd.com</a> , <a href="http://www.bryanharrisonphd.com/services">http://www.bryanharrisonphd.com/services</a>                                                                                                                                                     | 610 Pittsford-Victor Road, Pittsford, NY, 14534           | Families, Children (4+), Adolescents (12+), Adults                                                  | Excellus, Aetna                                                                                                                                           |
| Dr. Colleen Saar, PhD                                                                              | (585) 880-8640, <a href="mailto:csaar@rocneuropsych.com">csaar@rocneuropsych.com</a> , <a href="https://www.rocneuropsych.com/contact.html">https://www.rocneuropsych.com/contact.html</a>                                                                                                                                       | 6780 Pittsford Palmyra Rd. 3D, Fairport, New York 14450   | Families, Children (6+), Adolescents (12+), adults                                                  | Excellus, Aetna, BC/BS, MVP                                                                                                                               |
| Meghan Fox, PsyD                                                                                   | Voice & Text: (585) 201-8008, Video Phone: (585) 286-4393, Fax: (585) 340-7948, <a href="mailto:meghan@meghanfoxpsyd.com">meghan@meghanfoxpsyd.com</a> , <a href="https://www.meghanfoxpsyd.com/Services/Rates-Insurance">https://www.meghanfoxpsyd.com/Services/Rates-Insurance</a>                                             | 1580 Elmwood Ave, Suite D, Rochester NY 14620             | Families, Children (6+), Adolescents (12+), adults                                                  | No, private pay                                                                                                                                           |
| WNY Center for Children and Families Psychological and Educational Services<br>• Dr. Justin Naylor | (716) 531-8050, <a href="mailto:support@wnyccf.com">support@wnyccf.com</a> , <a href="https://wnyccf.business.site/?utm_source=gmb&amp;utm_medium=referral">https://wnyccf.business.site/?utm_source=gmb&amp;utm_medium=referral</a>                                                                                             | 792 B Davison Road Lockport, New York 14094               | Families, Children (4+), Adolescents (12+), Adults                                                  | Highmark Blue Cross of WNY, Fidelis Care, Independent Health, Univera, Aetna, UHC                                                                         |
| Magyar Psychological Services: Dr. Caroline Magyar, Psychologist & ABS                             | (585) 797- 8802, Fax (585) 347- 4759, <a href="mailto:info@magyarpsychservices.com">info@magyarpsychservices.com</a> , <a href="https://www.magyarpsychservices.com/index.cfm?Page=About">https://www.magyarpsychservices.com/index.cfm?Page=About</a>                                                                           | 70 Linden Oaks, 3rd Floor, #25 Rochester, NY 14625        | Assessment Services: Adolescents (12+), Adults<br><br>Treatment Services: Adolescents (17+), Adults | Excellus BCBS, Aetna, Cigna.<br><br>Does NOT accept Blue Choice Option, Essential Plan, HMO Blue Option, Blue Option Plus, Child Health Plus and Medicaid |
| <b>Outside of Monroe County (Livingston, Genesee, Wyoming, Steuben)</b>                            |                                                                                                                                                                                                                                                                                                                                  |                                                           |                                                                                                     |                                                                                                                                                           |
| Legal Aid Society, Youth Advocates                                                                 | - Laura Calla: (585) 297-3466<br>- Stewart Atkin: (585) 243-7944                                                                                                                                                                                                                                                                 | Livingston, Genesee & Wyoming Counties                    | Family & children support services                                                                  | N/A                                                                                                                                                       |

|                                            |                                 |                                      |                                    |                |
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| OPWDD Intake – Livingston & Steuben County | - Jean Angilili: (585) 519-5709 | Livingston, Wayne & Steuben Counties | Family & children support services | OPWDD Medicaid |
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| Educational Supports                       |                                                                                                                                                                                                                                                                                              |                                                            |                                                    |                                                                             |
|--------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------------------------|
| Clinician Name                             | Contact & Website                                                                                                                                                                                                                                                                            | Address                                                    | Ages/Clients Seen                                  | Insurance                                                                   |
| Dr. Dan DeMarle, PhD                       | (585) 730-8888, <a href="mailto:ddemarle@yahoo.com">ddemarle@yahoo.com</a> ,<br><a href="https://demarleinc.com/">https://demarleinc.com/</a>                                                                                                                                                | 1501 East Avenue,<br>Rochester, NY 14610                   | Families, Children (4+), K-12 Supports             | No, Private Pay; Offers sliding fee scale                                   |
| Educational Solutions, CNY                 | (315) 320-6404, <a href="mailto:info@educationsolutionscny.com">info@educationsolutionscny.com</a> ,<br><a href="https://www.educationsolutionscny.com/services.html">https://www.educationsolutionscny.com/services.html</a>                                                                | 118 Julian Place<br>P.O. Box: # 943<br>Syracuse, NY 13210  | Families, Children (4+), K-12 Supports             | No, Private Pay; Offers sliding fee scale                                   |
| Dr. Christopher Dehon, Psychologist        | (585) 598-4344, <a href="mailto:drchrisdehon@gmail.com">drchrisdehon@gmail.com</a><br>(provides individual counseling supports but offers educational evaluations and assistance with the system as well)                                                                                    | 919 Winton Road South<br>Suite 304<br>Rochester, NY 14618  | Families, Children (6+), Adolescents (12+), Adults | Excellus. CHP, Aetna, UHC, Fidelis, Univera                                 |
| Dr. Kelly Newby, Psychologist              | (585) 448-0936,<br><a href="https://www.drkellynewby.com/contact.php">https://www.drkellynewby.com/contact.php</a><br>(Psychological assessments)                                                                                                                                            | 2450 West Ridge Road<br>Suite 303<br>Rochester, NY 14626   | Families, Children (6+), Adolescents (12+), Adults | Excellus, Aetna, Fidelis, MVP, UHC, Medicaid, Medicare                      |
| Penfield Psychiatry                        | (585) 388-6000 (Penfield), <a href="mailto:info@penfieldpsych.com">info@penfieldpsych.com</a><br><br><a href="http://penfieldpsych.com/wp-content/uploads/2018/08/Penfield-Psychiatry-ADD-ADHD.pdf">http://penfieldpsych.com/wp-content/uploads/2018/08/Penfield-Psychiatry-ADD-ADHD.pdf</a> | 481 Penbrooke Drive -<br>Suite 6<br>Penfield, NY 14526     | Families, Children (4+), Adolescents (12+), Adults | Excellus, Aetna, MVP (possibly others, noted outreach for more information) |
| Meghan Fox, Psyd                           | Voice & Text: (585) 201-8008, Video Phone: (585) 286-4393, Fax: (585) 340-7948, <a href="mailto:meghan@meghanlfoxpsyd.com">meghan@meghanlfoxpsyd.com</a> ,<br><a href="https://www.meghanlfoxpsyd.com/Services/Rates-Insurance">https://www.meghanlfoxpsyd.com/Services/Rates-Insurance</a>  | 1580 Elmwood Ave, Suite D,<br>Rochester NY 14620           | Families, Children (6+), Adolescents (12+), adults | No, private pay                                                             |
| Dr. Brian Harrison, Psychologist           | <a href="mailto:admin@bryanharrisonphd.com">admin@bryanharrisonphd.com</a> ,<br><a href="http://www.bryanharrisonphd.com/services">http://www.bryanharrisonphd.com/services</a>                                                                                                              | 610 Pittsford-Victor Road,<br>Pittsford, NY, 14534         | Families, Children (4+), Adolescents (12+), Adults | Excellus, Aetna                                                             |
| Dr. Clarissa Wood, Psychologist            | (585) 978-7937, <a href="https://illuminatepsc.com/">https://illuminatepsc.com/</a>                                                                                                                                                                                                          | 110 Allen's Creek Road<br>Suite 230<br>Rochester, NY 14618 | Families, Children (5+) Adolescents (12+), Adults  | Excellus, Aetna, Cigna, MVP                                                 |
| Starbridge Educational Supports: Sue Wyatt | 585-224-7350, <a href="mailto:swyatt@starbridgeinc.org">swyatt@starbridgeinc.org</a> ,<br><a href="https://www.starbridgeinc.org/how-we-can-help/with-school">https://www.starbridgeinc.org/how-we-can-help/with-school</a>                                                                  | 1650 South Avenue, Suite 200<br>Rochester, NY 14620        | Families, Children (6+), Adolescents (12+)         | Various                                                                     |

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| Mental Health Association:<br>Maria Cruz, Program Manager      | (585) 325-3145 x152, <a href="mailto:mhafssreferral@mhrochester.org">mhafssreferral@mhrochester.org</a> ,<br><a href="https://www.mhrochester.org/services/family-support/">https://www.mhrochester.org/services/family-support/</a> | 320 N. Goodman Street<br>Rochester, NY 14607 | Families, Children<br>(6+), Adolescents<br>(12+) | Various |
| <b>Outside of Monroe County (Livingston, Genesee, Wyoming)</b> |                                                                                                                                                                                                                                      |                                              |                                                  |         |
| Legal Aid Society, Youth<br>Advocates                          | - Laura Calla: (585) 297-3466<br>Stewart Atkin: (585) 243-7944                                                                                                                                                                       | Livingston, Genesee &<br>Wyoming Counties    | Family & children<br>support services            | N/A     |

| <b>Bilingual Clinicians</b>                                                |                                                                                                                                                                                                                                                                    |                                                                                     |                                                          |                                                             |
|----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------|
| Clinician Name                                                             | Contact & Website                                                                                                                                                                                                                                                  | Address                                                                             | Ages/Clients Seen                                        | Insurance                                                   |
| Hilda Santos, LCSW                                                         | (585) 678-6193                                                                                                                                                                                                                                                     | 945 E Henrietta Rd<br>Rochester, NY 14623                                           | Families,<br>Adolescents (11+),<br>Adults                | No, Private Pay                                             |
| Vilma Vendrell, LCSW                                                       | (585) 502 -1445, <a href="mailto:VLVCounseling@outlook.com">VLVCounseling@outlook.com</a> ,<br>scheduling: <a href="https://vlvcounseling.clientsecure.me">https://vlvcounseling.clientsecure.me</a>                                                               | 36 Winthrop Street,<br>Rochester, New York<br>14607                                 | Families,<br>Adolescents (14+),<br>Adults                | Excellus, Aetna, UHC                                        |
| Leslie Villodas, LMHC                                                      | (585) 270-1766, <a href="mailto:LesVillodas@gmail.com">LesVillodas@gmail.com</a> ,<br><a href="https://www.leslievillodas.com/">https://www.leslievillodas.com/</a>                                                                                                | Rochester, NY 14626                                                                 | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Aetna, Cigna, UHC                                           |
| Interact Counseling:<br>Christopher Charlton, LCSW                         | (585) 388-8010, <a href="mailto:interact@interactcounseling.com">interact@interactcounseling.com</a> ,<br><a href="http://interactcounseling.com/staff/christopher-j-charleton">http://interactcounseling.com/staff/christopher-j-charleton</a><br>- Speaks German | 2136 Penfield Road<br>Penfield, NY 14526<br>(585) 302-4198                          | Families,<br>Adolescents (12+)                           | No, Private Pay                                             |
| Maria Canete, LCSW                                                         | (585) 367-4836                                                                                                                                                                                                                                                     | 945 East Henrietta Road,<br>Suite A2<br>Rochester, NY 14623                         | Families,<br>Adolescents (14+),<br>Adults                | No, Private Pay                                             |
| Pathways Counseling and<br>Educational Services:<br>Richard Ferguson, LMHC | (585) 542-8909, <a href="http://pathwaysmhc.org/">http://pathwaysmhc.org/</a>                                                                                                                                                                                      | 100 White Spruce Blvd<br>Suite L303<br>Rochester, NY 14623                          | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Excellus, Empire, Aetna,<br>Cigna, MVP, Fidelis,<br>Tricare |
| Linda Casira, LMHC                                                         | (585) 978-6949, <a href="https://www.lindacasiralmhc.com/">https://www.lindacasiralmhc.com/</a>                                                                                                                                                                    | 87 North Clinton Avenue,<br>Suite 409<br>Rochester, NY 14604-<br>1453 United States | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Cigna, UHC                                                  |
| Claire M Higman, LCSW                                                      | (585) 206-7798, <a href="https://www.upstate.support/">https://www.upstate.support/</a> ,<br><a href="mailto:claire@upstate.support">claire@upstate.support</a>                                                                                                    | 21 Willow Pond Way<br>Suite 201<br>Penfield, NY 14526                               | Families, Children<br>(5+), Adolescents<br>(12+), Adults | Excellus, Aetna, MVP                                        |

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|-------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------|-----------------|
| Mary Gomez DeSantis, LMSW<br>CASAC        | (585) 378-5289,<br><a href="https://www.psychologytoday.com/us/therapists/mary-gomez-desantis-rochester-ny/168144">https://www.psychologytoday.com/us/therapists/mary-gomez-desantis-rochester-ny/168144</a>                                                                                       | Counseling Services<br>945 East Henrietta Road<br>Suite 2A<br>Rochester, NY 14623 | Families,<br>Adolescents (12+),<br>Adults | No, Private Pay |
| Saralicia Hernandez, MA, MFT-<br>LP, CCPT | (585) 500 9420,<br><a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html</a> | 2300 East Ave, Rochester,<br>NY 14610                                             | Families,<br>Adolescents (12+)            | Unsure          |

| Anxiety & Depression                                                     |                                                                                                                                                                                                                                 |                                                                  |                                                          |                                                                  |
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| Clinician Name                                                           | Contact & Website                                                                                                                                                                                                               | Address                                                          | Ages/Clients Seen                                        | Insurance                                                        |
| Regina Gonek, LCSW-R                                                     | (585) 733-3531, <a href="mailto:ReginaGonek@gmail.com">ReginaGonek@gmail.com</a> ,<br><a href="https://sites.google.com/site/reginagonek/services?authuser=0">https://sites.google.com/site/reginagonek/services?authuser=0</a> | 25 Canterbury Rd<br>Suite 305<br>Rochester, New York<br>14607    | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Excellus, Aetna, MVP,<br>Cigna, Lifetime Benefits,<br>Tricare    |
| Carrie Medley, LMHC                                                      | (585) 286-3246                                                                                                                                                                                                                  | 95 Allens Creek Road<br>Bldg 1, Suite 307<br>Rochester, NY 14618 | Families,<br>Adolescents (12+),<br>Adults                | Cigna, UHC, Optum,<br>UMR                                        |
| Erica Lannon, LMHC, CCPT<br>(Certified Child Centered Play<br>Therapist) | (315) 573-9246                                                                                                                                                                                                                  | 625 Ayrault Road,<br>Fairport, NY                                | Families, Children<br>(6+), Adolescents<br>(12+)         | Aetna, United<br>Healthcare, Cigna                               |
| Cheryl Bianchi, LCSW-R<br>Eastside Psychotherapy<br>Associates           | (585) 492-6195                                                                                                                                                                                                                  | 1441 East Ave<br>Suite 311<br>Rochester, New York<br>14610       | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Excellus, Aetna, Cigna,<br>MVP, Humana, Tricare,<br>UHC          |
| Emma Wirlo, (L)MHC                                                       | (585) 476-1228                                                                                                                                                                                                                  | 56 North Main Street<br>Pittsford, NY 14534                      | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Aetna, Beacon Health,<br>Cigna, Evernorth,<br>Humana, Tricare    |
| Aliyah Mitchell, LMHC                                                    | (585) 312-6891,<br><a href="https://www.psychologytoday.com/us/therapists/aliyah-mitchell-rochester-ny/868375">https://www.psychologytoday.com/us/therapists/aliyah-mitchell-rochester-ny/868375</a>                            | Rochester, NY 14623                                              | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Aetna, Cigna, Empire<br>BC/BS, Optum, Oscar,<br>Oxford, UMR, UHC |
| West End Psychotherapy: Linda<br>Golden, LCSW-R                          | (585) 225-9292, <a href="mailto:lindagoldenlcsw.r@gmail.com">lindagoldenlcsw.r@gmail.com</a>                                                                                                                                    | 1800 English Road, Suite<br># 5, Rochester, NY, 14616            | Couples, Families,<br>Adolescents (12+)                  | Excellus                                                         |
| Kara Juszczak, LCSW-R                                                    | 585-880-8838, <a href="mailto:kmjbreathe@gmail.com">kmjbreathe@gmail.com</a> ,<br><a href="http://www.kmjcounseling.com/my-practice.html">http://www.kmjcounseling.com/my-practice.html</a>                                     | 2300 East Avenue<br>Rochester, NY 14610                          | Couples, Families,<br>Adolescents (12+),<br>Adults       | Excellus, Medicare,<br>Aetna, Independent                        |

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|----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
|                                                          |                                                                                                                                                                                                                                           |                                                                                        |                                                          | Health, Lifetime Benefit Solutions                                                                                 |
| Tracy Bussey, LMHC                                       | (585) 857-6081, <a href="mailto:tracy@busseyholistictherapy.com">tracy@busseyholistictherapy.com</a> ,<br><a href="http://busseyholistictherapy.com/">http://busseyholistictherapy.com/</a>                                               | 95 Allens Creek Road<br>Building 2, Suite 324<br>Rochester, NY 14618                   | Couples, Families,<br>Adolescents (12+),<br>Adults       | No, Private pay                                                                                                    |
| Sankofa Counseling                                       | (585) 491-6646, <a href="mailto:kwillman@sankofafamilycounseling.com">kwillman@sankofafamilycounseling.com</a> ,<br><a href="https://www.sankofafamilycounseling.com/">https://www.sankofafamilycounseling.com/</a>                       | 1400 Portland Ave. Ste.<br>#54 Rochester, NY 14621                                     | Families, Children<br>(3+), Adolescents<br>(12+), Adults | BC/BS, Excellus, Cigna,<br>Medicare, Independent<br>Health, MVP, Blue<br>Cross Blue Shield of<br>Western NY. Aetna |
| Jenny Mural, LCSW-R                                      | (585) 455-0518, <a href="https://psidirectory.com/listing/jenny-mural-lcsw-r.html">https://psidirectory.com/listing/jenny-mural-lcsw-r.html</a>                                                                                           | 95 Allens Creek, Bldg 2,<br>Suite 330 , Rochester,<br>New York 14618, United<br>States | Families, Children<br>(6+), Adolescents<br>(12+)         | No, Private Pay                                                                                                    |
| Heather Elston, LCSW                                     | (585) 357-4815                                                                                                                                                                                                                            | 625 Panorama Trail<br>Building 2, Suite 200<br>Rochester, NY 14625                     | Families, Children<br>(6+), Adolescents<br>(12+), Adults | No, Private Pay                                                                                                    |
| Lauren Ayello, LMHC                                      | <a href="https://headway.co/providers/lauren-ayello-2?utm_source=pem&amp;utm_medium=direct_link&amp;utm_campaign=32354">https://headway.co/providers/lauren-ayello-2?utm_source=pem&amp;utm_medium=direct_link&amp;utm_campaign=32354</a> | Teletherapy                                                                            | Families,<br>Adolescents (12+),<br>Adults                | Aetna, Cigna, Empire<br>BC/BS, Optum, Oscar,<br>Oxford, UHC                                                        |
| Women's Health & Family<br>Therapy: Kristie Jewitt, LMFT | (585) 244-4161, <a href="mailto:info@kristiejewitt.com">info@kristiejewitt.com</a> ,<br><a href="http://kristiejewitt.com/new_patients.html">http://kristiejewitt.com/new_patients.html</a>                                               | The Park at Allens Creek,<br>130 Allens Creek Road,<br>Rochester, NY 14618             | Families, Children<br>(6+), Adolescents<br>(12+)         | No, Private Pay                                                                                                    |
| Rochester Therapy & Wellness:<br>Andrea Luke, LCSW       | (585) 709-8319, <a href="mailto:andrealukelcsw@gmail.com">andrealukelcsw@gmail.com</a> ,<br><a href="https://rochestertherapy.org/">https://rochestertherapy.org/</a>                                                                     | * Telehealth Only at this<br>time *                                                    | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Aetna, Cigna and<br>Evernorth, Empire<br>BC/BS, Optum, Oscar<br>Health, Oxford, UHC,<br>UBH                        |
| Megan Clifford, LCSW-R                                   | 585-433-5919, <a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="https://www.meganclifford.com/">https://www.meganclifford.com/</a>                                       | 2300 East Ave.<br>Rochester, NY 14610                                                  | Families, Children<br>(6+), Adolescents<br>(12+)         | Excellus                                                                                                           |
| Brendan Cooper, LCSW                                     | (585)310-8988, <a href="https://www.brendancooperlcsw.com/">https://www.brendancooperlcsw.com/</a>                                                                                                                                        | 95 Allens Creek Road<br>Building 1, Suite 268<br>Rochester, NY 14618                   | Adults                                                   | Excellus, Aetna, MVP,<br>Cigna, United Health,<br>Medicare                                                         |

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| Kate L. Dunlavey, LCSW         | 585-500-9420, <a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,                                                                                       | 2300 East Ave.<br>Rochester, NY 14610                                                    | Families, Children (6+), Adolescents (12+)         | Unsure                                                      |
| Cemre Korman, LCSW             | (585) 484-1848, <a href="mailto:gembkorman@gmail.com">gembkorman@gmail.com</a> ,<br><a href="http://cemrekorman.com/">http://cemrekorman.com/</a>                                                          | 2300 East Ave.<br>Rochester, NY 14610                                                    | Adolescents (10+), Adults                          | No, Private pay                                             |
| Kristin Luce, LCSW             | 585-237-8616, <a href="mailto:Kristinluce@NLtherapy.org">Kristinluce@NLtherapy.org</a> ,<br><a href="https://www.nltherapy.org/">https://www.nltherapy.org/</a>                                            | 2300 East Ave.<br>Rochester, NY 14610                                                    | Families, Children (6+), Adolescents (12+)         | No, Private pay                                             |
| Christine Magee, LMSW          | 585-500-9420, <a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,                                                                                       | 2300 East Ave.<br>Rochester, NY 14610                                                    | Families, Children (6+), Adolescents (12+)         | No, Private Pay                                             |
| Michelle Bowersox, LMHC        | (585) 643-1448,<br><a href="https://www.psychologytoday.com/us/therapists/michele-bowersox-fairport-ny/473948">https://www.psychologytoday.com/us/therapists/michele-bowersox-fairport-ny/473948</a>       | 300 Cross Keys Office<br>Park<br>Suite 390<br>Fairport, NY 14450                         | Families, Children (6+), Adolescents (12+), Adults | Aetna, Excellus, Optum<br>United Healthcare UHC             |
| Lisa D. Maynard, LMSW          | 585-507-7588, <a href="mailto:lmaynard@sativirya.com">lmaynard@sativirya.com</a> ,<br><a href="http://www.sativirya.com/">http://www.sativirya.com/</a>                                                    | 2300 East Avenue, Suite 13,<br>Rochester NY 14610                                        | Families, Children (6+), Adolescents (12+)         | No, Private pay                                             |
| Dr. Jay Nittoli, LCSW-R        | (585) 510-2233, <a href="mailto:Jay.Nittoli@gmail.com">Jay.Nittoli@gmail.com</a> ,<br><a href="https://www.jaynittolipsychotherapy.com/">https://www.jaynittolipsychotherapy.com/</a>                      | 421 Penbrooke Drive,<br>Suite 2, Penfield, New York 14526                                | Families, Adolescents (12+)                        | Excellus                                                    |
| Tara Pierce, LCSW-R            | (315) 791-4293,<br><a href="https://www.psychologytoday.com/us/therapists/tara-pierce-rochester-ny/246439">https://www.psychologytoday.com/us/therapists/tara-pierce-rochester-ny/246439</a>               | 95 Allen Creek Rd<br>Executive Square, Bldg 2,<br>Suite 325<br>Rochester, New York 14618 | Families, Children (6+), Adolescents (12+)         | Excellus, Aetna,<br>Medicaid, Tricare, UHC,<br>Beacon       |
| Douglas Hurlbut, LCSW          | (585) 210-2240, <a href="http://www.douglashurlbutlcsw-r.com/">http://www.douglashurlbutlcsw-r.com/</a>                                                                                                    | 625 Panorama Trail<br>Building 2, Suite 200<br>Rochester, NY 14625                       | Adolescents (12+)<br>*DBT Specialty*               | Excellus, BCBS, Aetna,<br>Medicare, Oscar,<br>Oxford<br>UHC |
| Serenity Life: Mattye McKibben | (585) 210-0150, <a href="https://serenitylifecounselingservices.com/">https://serenitylifecounselingservices.com/</a>                                                                                      | Serenity Life Creative Arts<br>Therapy PLLC<br>Webster, NY 14580                         | Families, Children (5+), Adolescents (12+)         | No, Private Pay                                             |
| Bree Scribner, LCSW            | (585) 200-3438,<br><a href="https://www.psychologytoday.com/us/therapists/bree-scribner-lcsw-rochester-ny/143392">https://www.psychologytoday.com/us/therapists/bree-scribner-lcsw-rochester-ny/143392</a> | 2300 East Ave.<br>Rochester, NY 14610                                                    | Families, Adolescents (11+), Adults                | No, Private pay                                             |

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|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| Alexis Slaninka, LMHC                                             | 585-474-5680, <a href="mailto:ams@alexistherapy.com">ams@alexistherapy.com</a> ,<br><a href="http://www.alexistherapy.com/home.html">http://www.alexistherapy.com/home.html</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 2300 East Ave.<br>Rochester, NY 14610                           | Adolescents (12+),<br>Adults                                         | No, Private pay                                                                                   |
| Jesse Williams, LMHC                                              | 585-478-4696, <a href="mailto:jqwcounseling@gmail.com">jqwcounseling@gmail.com</a> ,<br><a href="https://www.jqwcounseling.com/">https://www.jqwcounseling.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 25 Canterbury Rd.<br>Rochester, NY 14607                        | Young Adults<br>(18+), Adults                                        | No, Private pay                                                                                   |
| Rachel Zielinski, LCSW-R                                          | (585) 861-6916, <a href="mailto:HopefulCounseling@gmail.com">HopefulCounseling@gmail.com</a> ,<br><a href="http://www.hopefulcounseling.com/">http://www.hopefulcounseling.com/</a><br><br>(585) 317-2018 -- use this number                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 95 Allens Creek Rd. Bldg.<br>1, Ste. 304<br>Rochester, NY 14618 | Adolescents (12+),<br>Adults<br><br>(CBT & DBT<br>Skills)            | Excellus, Aetna,<br>Medicare, TRICARE,<br>Independent Health,<br>POMCO, Lifetime<br>Benefits, UHC |
| Rachel Bowen, LMHC                                                | (585) 902-9610, <a href="mailto:rachelbowencounseling@gmail.com">rachelbowencounseling@gmail.com</a> ,<br><a href="https://www.rachelbowencounseling.com/">https://www.rachelbowencounseling.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Rochester, New York<br>14616                                    | Families, Children<br>(6+), Adolescents<br>(12+)                     | Aetna, Cigna, Empire<br>BC/BS, Oscar, Oxford,<br>UHC                                              |
| Vilma Vendrell, LCSW-R                                            | (585) 502 – 1445, <a href="mailto:VLVCounseling@outlook.com">VLVCounseling@outlook.com</a> ,<br><a href="https://urldefense.proofpoint.com/v2/url?u=https-3A_vlvcounseling.clientsecure.me&amp;d=DwMF-g&amp;c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&amp;r=O-mc4z6uL.GZwaq550oiqHiBoOYLGR8WbflTJQrkhLYg&amp;m=17Dc-kbqjgElbiKln3JlqZWw062pSDIFZo-Cw0arWG8&amp;s=pN1ie4EeGthAMaPCXj1et7E92HhPZf8G-JEdlvafMVM&amp;e=">https://urldefense.proofpoint.com/v2/url?u=https-3A_vlvcounseling.clientsecure.me&amp;d=DwMF-g&amp;c=4sF48jRmVAe_CH-k9mXYXEGfSnM3bY53YSKuLUQRxhA&amp;r=O-mc4z6uL.GZwaq550oiqHiBoOYLGR8WbflTJQrkhLYg&amp;m=17Dc-kbqjgElbiKln3JlqZWw062pSDIFZo-Cw0arWG8&amp;s=pN1ie4EeGthAMaPCXj1et7E92HhPZf8G-JEdlvafMVM&amp;e=</a> | 36 Winthrop Street 2nd<br>Floor, Rochester New<br>York 14607    | Families, Children<br>(6+), Adolescents<br>(12+), Adults             | Excellus                                                                                          |
| Mark & Debbie Greenfeld,<br>LCSW<br>Greenfeld/Eastside Counseling | (585) 425-3700, <a href="http://www.greenfeld-counseling.com/">http://www.greenfeld-counseling.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 55 Sullys Trail, Suite D<br>Pittsford, NY 14534                 | Couples, Families,<br>Children (6+),<br>Adolescents (12+),<br>Adults | Excellus, Aetna, MVP,<br>Cigna, United Health,<br>Fidelis                                         |
| Aaliyah El-Amin-Turner,<br>LMHC                                   | (585) 332-5307,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 46 Prince Street<br>Suite LL001<br>Rochester, New York<br>14607 | Families, Children<br>(6+), Adolescents<br>(12+), Adults             | Fidelis                                                                                           |
| Charles Iker, LCSW-R                                              | (585) 461-4810                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 160 Allens Creek Rd,<br>Rochester, NY 14618                     | Adolescents (12+),<br>Adults                                         | Unsure                                                                                            |
| Amy Normann, LMSW                                                 | (585) 410-2691, <a href="mailto:amynormann@yahoo.com">amynormann@yahoo.com</a> ,<br><a href="https://www.amynormann.com/">https://www.amynormann.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 1441 East Avenue<br>Rochester, NY 14610                         | Families, Children<br>(6+), Adolescents<br>(12+)                     | No, Private Pay                                                                                   |

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|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------|
| Samantha Elaine Golden, LMHC,                  | (585) 367-4820, <a href="https://www.sgoldencounseling.com/">https://www.sgoldencounseling.com/</a>                                                                                                                                                                   | 13 Water Street, Suite 3<br>Brockport, NY 14420        | Families, Children (6+), Adolescents (12+), Adults | Aetna, Cigna, Oscar Health, Oxford United Healthcare      |
| Quantum Leap Therapy                           | (585) 294-1390, <a href="mailto:hello@qltherapy.com">hello@qltherapy.com</a> ,<br><a href="https://qltherapy.com/">https://qltherapy.com/</a>                                                                                                                         | 1160F Pittsford Victor Rd<br>Pittsford, NY 14534       | Families, Children (6+), Adolescents (12+), Adults | No, Private Pay                                           |
| New Horizons of the Genesee Valley             | (585) 624-1350, <a href="http://www.nhgv.org/">http://www.nhgv.org/</a> , <a href="mailto:nhgv@juno.com">nhgv@juno.com</a>                                                                                                                                            | 3 Episcopal Ave, Honeoye Falls, NY 14472               | Families, Children (6+), Adolescents (12+), Adults | Unsure                                                    |
| Sara Ormsby, LCSW<br>Webster Counseling        | Webster Individual, Marital & Family Counseling<br>(585) 234-6061, <a href="mailto:sara@webstercounseling.com">sara@webstercounseling.com</a> ,<br><a href="http://webstercounseling.com/">http://webstercounseling.com/</a>                                          | 98 North Avenue<br>Webster, NY 14580-3041              | Families, Adolescents (12+), Adults                | No, Private Pay                                           |
| Andrew Bellush, LMHC                           | (585) 332-4584, <a href="mailto:Homeagaincounseling@gmail.com">Homeagaincounseling@gmail.com</a>                                                                                                                                                                      | Fairport, NY 14450                                     | Families, Children (6+), Adolescents (12+), Adults | Aetna, Cigna, Oscar, Oxford, UHC                          |
| Whole Wellness Counseling                      | (585) 598-1927 (Text # 585-730-9769),<br><a href="mailto:imlivingwhole@gmail.com">imlivingwhole@gmail.com</a> ,<br><a href="https://www.wholewellnessservices.com/treatmentteam">https://www.wholewellnessservices.com/treatmentteam</a>                              | 200 Fairport Rd, Fairport, New York 14450              | Families, Children (6+), Adolescents (12+), Adults | Yes, Varies                                               |
| Life Solutions Clinical Therapy                | (585) 225-9720,<br><a href="https://www.lifesolutionspsychotherapy.com/counselors/">https://www.lifesolutionspsychotherapy.com/counselors/</a>                                                                                                                        | 20 Arcampus Dr,<br>Rochester, NY 14612                 | Families, Children (6+), Adolescents (12+), Adults | Yes, Various                                              |
| Mary Van Voorhis, LCSW                         | (585) 432-0717, <a href="https://www.maryvanvoorhislcsw.com/">https://www.maryvanvoorhislcsw.com/</a> ,<br><a href="mailto:maryvanvoorhislcsw@gmail.com">maryvanvoorhislcsw@gmail.com</a>                                                                             | 10 Office Park Way,<br>Pittsford, NY, 14534            | Families, Children (6+), Adolescents (12+), Adults | \$95 for the initial 1 hour & \$80 for 45-minute sessions |
| Lena Kieliszkak, LMHC                          | (585) 805-5719, <a href="mailto:Lena.Kieliszkak@gmail.com">Lena.Kieliszkak@gmail.com</a> ,<br><a href="https://lenakieliszkak.vpweb.com/about">https://lenakieliszkak.vpweb.com/about</a>                                                                             | 3380 Monroe Avenue<br>Suite 211<br>Rochester, NY 14618 | Families, Children (6+), Adolescents (12+), Adults | Excellus, Cigna, Fidelis, Optum                           |
| Brian F. Chaffee, LCSW-R                       | (585) 682-2860,<br><a href="https://www.psychologytoday.com/us/therapists/brian-f-chaffee-fairport-ny/124374">https://www.psychologytoday.com/us/therapists/brian-f-chaffee-fairport-ny/124374</a> , <a href="mailto:bchaf@frontiernet.net">bchaf@frontiernet.net</a> | 6 North Main Street, Suite 150,<br>Fairport, NY 14450, | Families, Adolescents (12+), Adults                | Excellus, Aetna, Beacon, BC/BS, MVP                       |
| Peaceful Mind Therapy:<br>Nichole Butler, LCSW | (585) 953-8476, <a href="https://nicholebutler.com/">https://nicholebutler.com/</a>                                                                                                                                                                                   | 625 Ayrault Rd., Fairport, NY 14450                    | Families, Adolescents (12+), Adults                | Excellus, BC/BS                                           |
| Dr. Aubree Giuffre, Psychologist               | (585) 378-5880, <a href="https://www.aubreegiuffrephd.com/">https://www.aubreegiuffrephd.com/</a> ,<br><a href="mailto:agiuffre.phd@gmail.com">agiuffre.phd@gmail.com</a>                                                                                             | Telehealth only                                        | Families, Adolescents (12+), Adults                | No, Private Pay                                           |

| Ontario County                                                                                                                                  |                                                                                                                                                                                                                                                                                      |                                                                                                                                       |                                                                                                                                  |                                                                                                                                                                    |
|-------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Donna Selner, LMHC                                                                                                                              | (585) 229-6949, <a href="mailto:donna.selner@yahoo.com">donna.selner@yahoo.com</a> ,<br><a href="https://www.psychologytoday.com/us/therapists/donna-marie-selner-macedon-ny/270033">https://www.psychologytoday.com/us/therapists/donna-marie-selner-macedon-ny/270033</a>          | 1025 Brixton Dr<br>Macedon, New York<br>14502                                                                                         | Families, Children<br>(6+), Adolescents<br>(12+)                                                                                 | No, Private Pay                                                                                                                                                    |
| Maggie Morrissey, LMSW                                                                                                                          | (585) 326-5849,<br><a href="https://www.psychologytoday.com/us/therapists/maggie-morrissey-victor-ny/485100">https://www.psychologytoday.com/us/therapists/maggie-morrissey-victor-ny/485100</a>                                                                                     | New York 96<br>Victor, NY 14564<br>(585) 326-5849                                                                                     | Families,<br>Adolescents (12+),<br>Adults                                                                                        | No, Private Pay                                                                                                                                                    |
| Victor Counseling Practice                                                                                                                      | 585-398-8835, <a href="https://victorcounseling.com/">https://victorcounseling.com/</a><br><br>Larger practice with multiple providers (i.e. clinical supports, medication management, life coaching, etc.)                                                                          | Victor: 6539 Anthony Dr<br>Suite A, Victor, New York<br>14564<br><br>Henrietta: 755 Jefferson<br>Rd., Suite 4A<br>Rochester, NY 14623 | Families, Children<br>(5+) Adolescents<br>(12+), Adults                                                                          | Excellus, Aetna, MVP,<br>Cigna, Beacon, UHC,<br>Fidelis                                                                                                            |
| Hubbard & Welch Therapy:<br><ul style="list-style-type: none"> <li>Dr. Jaman Welch, Psychologist</li> <li>Uma (Tina) Hubbard, LCSW-R</li> </ul> | (585) 412-9187, Fax# (585) 310-8514,<br><a href="https://hubbardandwelchcounseling.com/">https://hubbardandwelchcounseling.com/</a> ,<br><a href="mailto:thubbardlcswr@gmail.com">thubbardlcswr@gmail.com</a> , <a href="mailto:dr.jamanwelch@gmail.com">dr.jamanwelch@gmail.com</a> | 275 Parrish Street, Suite A<br>Canandaigua, NY 14424                                                                                  | Dr. Welch:<br>Treatment (16+),<br>Evaluation (8+)<br><br>Uma Hubbard:<br>Families, Children<br>(4+) Adolescents<br>(12+), Adults | Dr. Welch: Aetna,<br>Excellus/Blue Choice<br>Option, Fidelis,<br>MVP/Beacon, Tricare<br><br>Uma Hubbard:<br>Excellus/Blue Choice<br>Option, Fidelis,<br>MVP/Beacon |
| Paige Gayle Blazak, LMHC,<br>CASAC                                                                                                              | (585) 378-5751,<br><a href="https://www.psychologytoday.com/us/therapists/paige-gayle-blazak-canandaigua-ny/381405">https://www.psychologytoday.com/us/therapists/paige-gayle-blazak-canandaigua-ny/381405</a>                                                                       | Canandaigua, NY 14424                                                                                                                 | Families,<br>Adolescents (14+),<br>Adults                                                                                        | Aetna, Beacon Health,<br>BC/BS, Fidelis,<br>Humana, MVP, Empire,<br>Excellus, MVP, Optum,<br>Tricare, UHC                                                          |
| Southern Tier                                                                                                                                   |                                                                                                                                                                                                                                                                                      |                                                                                                                                       |                                                                                                                                  |                                                                                                                                                                    |
| Clinical Associates of the<br>Southern Tier                                                                                                     | Corning, Bath & Elmira: (607) 936-1771,<br><a href="https://www.clinicalassociates.org/">https://www.clinicalassociates.org/</a>                                                                                                                                                     | 77 E 1st St, Corning, NY<br>14830<br><br>209 Liberty St, Bath, NY<br>14810                                                            | Families, Children<br>(6+), Adolescents<br>(12+), Adults                                                                         | Various                                                                                                                                                            |

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|                                             |                                                                                                                                                                                                                                                                | 311 W Water St, Elmira,<br>NY 14901                                           |                                                          |                                     |
| Holly Hill, LMHC<br>&<br>Wendy Pinder, LMHC | (607) 542-9109<br><br>Holly: <a href="https://headway.co/providers/hollie-hill#intro">https://headway.co/providers/hollie-hill#intro</a><br>Wendy: <a href="https://headway.co/providers/wendy-pinder#cost">https://headway.co/providers/wendy-pinder#cost</a> | 9990 Main St, Dansville,<br>NY 14437                                          | Families, Adults                                         | Aetna, Cigna, Oxford,<br>Oscar, UHC |
| Spectrum Mental Health                      | (585) 786-0220,<br><a href="https://www.shswny.org/locations/wyoming-county-counseling-center">https://www.shswny.org/locations/wyoming-county-counseling-center</a>                                                                                           | 34 N Main St, Warsaw,<br>NY 14569                                             | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Various                             |
| Clarity Wellness                            | Warsaw: (585) 786-0190<br><br>Allegany: (585) 593-6300<br><br><a href="https://www.claritywellnesscommunity.org/">https://www.claritywellnesscommunity.org/</a>                                                                                                | 39 Duncan Street,<br>Warsaw, NY<br><br>4220 State Rt. 417W,<br>Wellsville, NY | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Various                             |

| EMDR Clinicians                                    |                                                                                                                                                                                                                                                                    |                                                                      |                                                         |                                                                               |
|----------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------|-------------------------------------------------------------------------------|
| Clinician Name                                     | Contact & Website                                                                                                                                                                                                                                                  | Address                                                              | Ages/Clients Seen                                       | Insurance                                                                     |
| Andy Petronio, LCSW                                | (585) 312-0280,<br><a href="https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/354975?sid=61b78f79e23c9&amp;ref=7">https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/354975?sid=61b78f79e23c9&amp;ref=7</a>                             | 95 Allens Creek Road<br>Building 2, Suite 219<br>Rochester, NY 14618 | Adolescents (17+),<br>Adults                            | Excellus, BCBS, Aetna,<br>Cigna, Independent<br>Health, UMR, Beacon<br>Health |
| Ellen Simon Irving, LCSW                           | (585) 460-4406, <a href="http://www.ellensimonirving.com/">http://www.ellensimonirving.com/</a>                                                                                                                                                                    | 55 Canterbury Rd<br>Suite 1<br>Rochester, NY 14607                   | Adolescents (15+),<br>Adults                            | Excellus, BCBS, Aetna,<br>Cigna, Medicare                                     |
| Jayne Abbott, LMHC                                 | (585) 318-8723,<br><a href="https://www.psychologytoday.com/us/therapists/jayne-abbott-canandaigua-ny/713541">https://www.psychologytoday.com/us/therapists/jayne-abbott-canandaigua-ny/713541</a>                                                                 | 5297 Parkside Drive<br>Suite 400<br>Canandaigua, New York<br>14424   | Families, Children<br>(5+) Adolescents<br>(12+), Adults | Aetna, Cigna, Optum,<br>Oscar, Oxford, UHC                                    |
| Interact Counseling:<br>Christopher Charlton, LCSW | (585) 388-8010, <a href="mailto:interact@interactcounseling.com">interact@interactcounseling.com</a> ,<br><a href="http://interactcounseling.com/staff/christopher-j-charleton">http://interactcounseling.com/staff/christopher-j-charleton</a><br>- Speaks German | 2136 Penfield Road<br>Penfield, NY 14526<br>(585) 302-4198           | Families,<br>Adolescents (12+)                          | No, Private Pay                                                               |
| Brittany Raczkiewicz, LMSW                         | (585) 540-1449,<br><a href="https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/920943?sid=61b78f79e23c9&amp;ref=9">https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/920943?sid=61b78f79e23c9&amp;ref=9</a>                             | 132 Allens Creek Road<br>Suite 200<br>Rochester, NY 14618            | Adolescents (15+),<br>Adults                            | No, Private Pay                                                               |

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|-------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------|
| Julia Parker, LCSW                        | (585) 270-7783,                                                                                                                                                                                                                              | 95 Allens Creek Road<br>Building #1<br>Suite 307<br>Rochester, NY 14618                  | Adolescents (17+),<br>Adults                                           | Excellus, BCBS, BCO,<br>Aetna, Medicare |
| Philippa Proudfoot, LCSW-R                | (585) 433-4003,<br><a href="https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/99303?sid=61b78f79e23c9&amp;ref=3">https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/99303?sid=61b78f79e23c9&amp;ref=3</a>         | 16 North Goodman Street<br>Suite 227<br>Rochester, NY 14607                              | Adolescents (15+),<br>Adults                                           | Excellus, BCBS, BCO,<br>Aetna           |
| Sustainable Wellness Practice             | (585) 206-2631, <a href="https://sustainablewellnessny.com/">https://sustainablewellnessny.com/</a> ,<br><a href="mailto:hello@sustainablewellnessny.com">hello@sustainablewellnessny.com</a>                                                | 600 Park Avenue<br>Carriage House<br>Rochester, NY 14607                                 | Adolescents (12+),<br>Adults                                           | Various                                 |
| Lynda Spiegel, LMHC                       | (585) 670-6388,<br><a href="https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/164938?sid=61b78f79e23c9&amp;ref=13">https://www.psychologytoday.com/us/therapists/emdr/ny/rochester/164938?sid=61b78f79e23c9&amp;ref=13</a>     | 160 Allens Creek Road<br>Rochester, NY 14618<br>(585) 670-6388                           | Adults                                                                 | No, Private Pay                         |
| Quiet Minds Therapy<br>• Sara Adams, LCSW | (585) 207-0432, <a href="https://quietmindtherapyservices.com/">https://quietmindtherapyservices.com/</a> ,<br><a href="https://quietmindtherapyservices.com/staff/therapist-4/">https://quietmindtherapyservices.com/staff/therapist-4/</a> | 150 Allens Creek Rd<br>1st Floor<br>Rochester, NY 14618                                  | Adolescents (12+),<br>Adults                                           | Excellus, BCBS, BCO,<br>Aetna           |
| Carol Inzinga, LCSW                       | (585) 703-5861, <a href="http://carolinzingalcsw.com/index.html">http://carolinzingalcsw.com/index.html</a> ,<br><a href="mailto:carol.inzinga@gmail.com">carol.inzinga@gmail.com</a>                                                        | 130 Brighton Corners<br>Office Park<br>1655 Elmwood Ave Suite<br>125 Rochester, NY 14620 | Adults                                                                 | Excellus, BCBS, Aetna                   |
| Dr. Jennifer Lukomski, Ph.D.              | (585) 485-4292                                                                                                                                                                                                                               |                                                                                          | Families,<br>Adolescents (15+)<br>*EMDR Certified<br>& ASL Proficient* | Unsure                                  |

| Psychiatry & Psychiatric Nurse Practitioners |                                                                                                                                                                                                                                                                                                                                     |                                                                  |                                                |                 |
|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------|-----------------|
| Clinician Name                               | Contact & Website                                                                                                                                                                                                                                                                                                                   | Address                                                          | Ages/Clients Seen                              | Insurance       |
| Kristina Moss, Psych NP                      | (585) 270-6411, <a href="mailto:npmoss3@gmail.com">npmoss3@gmail.com</a> ,<br><a href="https://www.psychologytoday.com/us/psychiatrists/kristina-m-moss-psychiatric-nurse-practitioner-rochester-ny/278965">https://www.psychologytoday.com/us/psychiatrists/kristina-m-moss-psychiatric-nurse-practitioner-rochester-ny/278965</a> | 550 Latona Road, Bldg D<br>Ste 411, Rochester, New<br>York 14626 | Children (6+),<br>Adolescents (12+),<br>Adults | No, Private pay |

|                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                              |                                                    |                                                                             |
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| Henrietta Psychiatric Care<br>• Laura Baker, Psych NP      | Phone/Text: (585) 471-3407, <a href="mailto:info@henriettapsych.com">info@henriettapsych.com</a> ,<br><a href="https://henriettapsych.com/about/">https://henriettapsych.com/about/</a><br>Fax: (866) 557- 9530                                                                                                                                                                                                                          | 250-B Lucius Gordon Drive Suite 4B, West Henrietta, NY 14586 | Adolescents (14+), Adults                          | Aetna, Excellus, Fidelis, United Health Care, Cigna, Medicare and Medicaid. |
| Dr. Sara Atkinson, Psychiatrist                            | (585) 241-9670, <a href="mailto:flcr@flclinical.com">flcr@flclinical.com</a> ,<br><a href="http://flclinical.com/dr-atkinson/">http://flclinical.com/dr-atkinson/</a>                                                                                                                                                                                                                                                                    | 885 Winton Road South Rochester, NY 14618-1609               | Families, Children (6+), Adolescents (12+)         | Various                                                                     |
| Asia L Todd, Psych NP                                      | (585) 207-6123, <a href="https://headway.co/providers/asia-todd">https://headway.co/providers/asia-todd</a>                                                                                                                                                                                                                                                                                                                              | 4050 West Ridge Road Rochester, NY 14626                     | Families, Adolescents (14+)                        | Excellus BC/BS, Aetan. Oxford, Oscar, UHC, Cigna                            |
| Penfield Psychiatry                                        | (585) 388-6000, <a href="mailto:info@penfieldpsych.com">info@penfieldpsych.com</a><br><a href="http://penfieldpsych.com/wp-content/uploads/2018/08/Penfield-Psychiatry-ADD-ADHD.pdf">http://penfieldpsych.com/wp-content/uploads/2018/08/Penfield-Psychiatry-ADD-ADHD.pdf</a>                                                                                                                                                            | 481 Penbrooke Drive - Suite 6 Penfield, NY 14526             | Families, Children (4+), Adolescents (12+), Adults | Excellus, Aetna, MVP (possibly others, noted outreach for more information) |
| Kim Sadwick, PMHNP                                         | (585) 331-9604, Fax (872) 241-0392,<br><a href="https://app2.luminello.com/kimsadwickpmhnp#intake-tab-content">https://app2.luminello.com/kimsadwickpmhnp#intake-tab-content</a>                                                                                                                                                                                                                                                         | 2450 West Ridge Rd, Suite 304 A Rochester, NY 14626          | Children (6+), Adolescents (12+), Adults           | Excellus BC/BS                                                              |
| West End Psychotherapy:<br>• Amanda Lewis, Psych NP        | (585) 225-9292                                                                                                                                                                                                                                                                                                                                                                                                                           | 1800 English Road, Suite # 5, Rochester, NY, 14616           | Couples, Families, Adolescents (12+)               | Excellus                                                                    |
| A. Cyrus Marcy, Psych NP<br><br>Bryan Zeller, Psych NP     | (585) 563-9989, <a href="mailto:Cyrus@MarcyNP.com">Cyrus@MarcyNP.com</a> ,<br><a href="https://sites.google.com/marcynp.com/home">https://sites.google.com/marcynp.com/home</a><br><br>(585) 474-3724, <a href="mailto:Bryan@ZellerNP.com">Bryan@ZellerNP.com</a><br><a href="https://sites.google.com/marcynp.com/home/collaborating-providers/ZellerNP">https://sites.google.com/marcynp.com/home/collaborating-providers/ZellerNP</a> | 95 Allens Creek Road Building 1, Suite 306, Rochester, NY &  | Children (6+), Adolescents (12+), Adults           | No, Private pay                                                             |
| Leah Fromm, Psych NP                                       | (585) 454-9662, <a href="mailto:mail@LeahFrommNPP.com">mail@LeahFrommNPP.com</a> ,<br><a href="https://www.leahfrommnpp.com/">https://www.leahfrommnpp.com/</a>                                                                                                                                                                                                                                                                          | 3 Saredon Place Suite 300 Rochester, New York 14606          | Adolescents (12+), Adults                          | No, Private pay                                                             |
| Psychiatric Nursing Group: Dr. Douglas Landy, Psychiatrist | (585) 218-0766, Fax (585) 218-0765                                                                                                                                                                                                                                                                                                                                                                                                       | 625 Panorama trail, Suite 2200, Rochester, NY, 144625        | Families, Adolescents (12+), Adults                | Medicare, Medicaid                                                          |
| Linden Oaks Therapy Office                                 | (585) 586-1600,<br><a href="https://www.lindenoakstherapyoffices.com/">https://www.lindenoakstherapyoffices.com/</a>                                                                                                                                                                                                                                                                                                                     | 100 Linden Oaks, Suite 200 Rochester, NY 14625               | Families, Adolescents (12+), Adults                | Excellus BCO, Various                                                       |

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| Dr. John Connors, MD                                                            | (585) 500-9420, <a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html</a>                                                                                                                | 2300 East Ave.<br>Rochester, NY 14610                       | Children (6+),<br>Adolescents (12+)            | Excellus, Aetna, Cigna,<br>Empire, MVP,<br>Beacon                                                                           |
| Ryan Houghtalen, Psych NP                                                       | (585) 381-1558, Fax: (585) 381-0109<br><br>Cell: (315) 665-1646                                                                                                                                                                                                                                                                                                                                                | 135 Sully's Trail, Suite 11,<br>Pittsford, NY, 14534        | Adolescents (12+),<br>Adults                   | Unsure                                                                                                                      |
| Joanne Bartlett, Psych NP<br>Dr. David Garrison, MD                             | (585) 484-1678, <a href="mailto:joanne@bartlettnp.com">joanne@bartlettnp.com</a> ,<br><a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html</a><br><br><a href="https://www.healthgrades.com/physician/dr-david-garrison-xtps7">https://www.healthgrades.com/physician/dr-david-garrison-xtps7</a> | 2300 East Ave.<br>Rochester, NY 14610                       | Adolescents (12+),<br>Adults                   | Excellus, Aetna, MVP                                                                                                        |
| Dr. Bernie Kumetat, MD                                                          | (585) 377-3115<br><br>*Open Monday – Wednesday: 8:30 – 4:30 pm*                                                                                                                                                                                                                                                                                                                                                | 300 Cross Keys Office<br>Park #304, Fairport, NY<br>14450   | Children (6+),<br>Adolescents (12+),<br>Adults | Excellus, BC/BS, Aetna,<br>Cigna<br><br>*does NOT take<br>Monroe plan OR<br>Managed<br>Medicaid/Straight<br>Medicaid plans* |
| Elizabeth (Bits) Shannon, Psych NP                                              | 585-201-8155, <a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html">http://www.treeofhopecounselingrochester.com/read-about-our-therapists.html</a>                                                                                                                  | 2300 East Ave.<br>Rochester, NY 14610                       | Adolescents (12+),<br>Adults                   | No, Private pay                                                                                                             |
| Catherine “Kate” Grasta, Psych NP                                               | (585) 363-3103                                                                                                                                                                                                                                                                                                                                                                                                 | 45 Allens Creek Road,<br>Rochester, NY 14618                | Children (6+),<br>Adolescents (12+),<br>Adults | Excellus                                                                                                                    |
| Susan Sweet, Psych NP                                                           | (585) 857-3929, <a href="https://provider.kareo.com/susan-sweet">https://provider.kareo.com/susan-sweet</a>                                                                                                                                                                                                                                                                                                    | 110 Allens Creek, Park<br>Suite 230, Rochester, NY<br>14618 | Children (6+),<br>Adolescents (12+),<br>Adults | Excellus, Aetna                                                                                                             |
| Arbor Health, Functional<br>Medicine & Psychiatry:<br>Dr. Zendi Moldenhauer, MD | (585) 302-2614, <a href="https://www.arbor-health.com/">https://www.arbor-health.com/</a>                                                                                                                                                                                                                                                                                                                      | 613 Pittsford Victor Road<br>Pittsford, NY 14534            | Children (6+),<br>Adolescents (12+),<br>Adults | No, Private pay                                                                                                             |
| Kara Naylor-Krupka, Psych NP                                                    | (585) 448-0035, <a href="http://www.NaylorKrupkaNP.com">www.NaylorKrupkaNP.com</a> ,<br><a href="mailto:Kara.Naylor.Krupka@gmail.com">Kara.Naylor.Krupka@gmail.com</a>                                                                                                                                                                                                                                         | 140 Allens Creek Road,<br>Suite 4, Rochester, NY,<br>14618  | Children (8+),<br>Adolescents (12+),<br>Adults | No, Private Pay                                                                                                             |

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| Terry Jean Yonker, Psych NP  | (315) 310-7148                                                                                                                                                                                   | 21 Goodway Dr<br>Rochester, NY 14623                       | Adults, Families                                         | Excellus BC/BS, Aetna                                                               |
| <b>Ontario County</b>        |                                                                                                                                                                                                  |                                                            |                                                          |                                                                                     |
| Becky Meritt, Psych NP       | (585) 398-8835,<br><a href="https://www.beckymerrittpsychiatricnp.com/">https://www.beckymerrittpsychiatricnp.com/</a><br><br>Affiliated with <i>Victor Counseling Practice</i>                  | 6539 Anthony Dr<br>Suite A, Victor, New York<br>14564      | Families, Children<br>(7+), Adolescents<br>(12+), Adults | Aetna, Oxford, Oscar<br>Health, UHC, Cigna                                          |
| Angela Manjgaladze, Psych NP | (585) 919-0014,<br><a href="https://angelamariacanandaiguapsychiatricassociates.com/services">https://angelamariacanandaiguapsychiatricassociates.com/services</a>                               | 42 North Main Street,<br>Canandaigua, New York<br>14424    | Children (3+),<br>Adolescents (12+),<br>Families, Adults | Aetna, BC/BS, Cigna,<br>Humana, MVP,<br>Magellan, Medicaid,<br>Medicare, Optum, UHC |
| Sandra Boebel, Psych NP      | (585) 286-5067,<br><a href="https://www.psychologytoday.com/us/psychiatrists/sandra-boebel-victor-ny/319036">https://www.psychologytoday.com/us/psychiatrists/sandra-boebel-victor-ny/319036</a> | Sandra Boebel, Psychiatric<br>NP, PLLC<br>Victor, NY 14564 | Adolescents (16+),<br>Families, Adults                   | Aetna, BC/BS                                                                        |

| <b>Phobia &amp; Medical Exposure Clinicians</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                              |                                                                                                                                              |                              |
|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| Clinician Name                                  | Contact & Website                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Address                                                      | Ages/Clients Seen                                                                                                                            | Insurance                    |
| Genesee Valley Institute of Psychology          | (585) 201-8017, Fax (585) 495-2384,<br><a href="https://gviproc.org/ocd">https://gviproc.org/ocd</a><br><br>Groups: <ul style="list-style-type: none"> <li>Obsessive-Compulsive Disorder (OCD) Exposure/ERP Group (Mondays 5:15; Tuesdays 5:15-5:50; Wednesdays, 5:15-6pm and/or Thursdays, 4-4:50pm): The most powerful and effective treatment for OCD is exposure therapy (ERP). That being said, exposure is hard to do, especially alone. For that reason, we have the OCD Exposure Group where you can learn skills and do exposures to treat your OCD, in a supportive and fun setting.</li> <li>Obsessive Compulsive Disorder (OCD) Support Group (Thursdays, 12-12:50pm): The OCD support group offers people a supportive environment to connect with others who have OCD. We discuss</li> </ul> | 200 White Spruce Blvd,<br>Suite 220, Rochester, NY,<br>14623 | Families, Children<br>(4+), Adolescents<br>(12+), Adults<br><br>*Provides individual, family & group support around OCD & ERP interventions* | Excellus, Aetna, Sliding Fee |

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|                                   | <p>challenges, strengths, strategies, and build skills together.</p> <ul style="list-style-type: none"> <li>• OCD Family Support &amp; Skills Group (First Wednesdays of the Month): The OCD Family Support and Skills group is for loved one of people with OCD (partners, friends, parents, etc.). The group provides a supportive space to learn skills that will help you reduce accommodation and support your loved one's treatment.</li> <li>• Peer-led OCD Support Group in Rochester started and run by people with OCD:<br/><a href="https://www.meetup.com/Rochester-OCD-Support-Group/">https://www.meetup.com/Rochester-OCD-Support-Group/</a></li> </ul> |                                                                   |                                                                                |                                             |
| Kate Klatt, CCLS                  | (585) 245-2115, <a href="mailto:SmilingThroughTears@yahoo.com">SmilingThroughTears@yahoo.com</a> ,<br><a href="https://smilingthroughtears.godaddysites.com/">https://smilingthroughtears.godaddysites.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 7353 Victor-Pittsford Road, Victor, New York 14564                | Families, Children (4+), Adolescents (12+), Adults                             | No, Private Pay                             |
| Dr. Amber Keshishian, PhD         | (585) 244-4161, <a href="https://www.goodbrain.co/">https://www.goodbrain.co/</a> ,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 130 Allens Creek Road Rochester, NY 14618                         | Families, Children (6+), Adolescents (12+), Adults<br>**OCD specialty**        | Excellus, BC/BS, Aetna, MVP, Cigna (others) |
| Mindfit Therapy Services          | (585) 682-2135, <a href="https://www.mindfitmentalhealth.com/">https://www.mindfitmentalhealth.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 349 W. Commercial St., Suite 2450, East Rochester, New York 14445 | Families, Children (6+), Adolescents (12+)                                     | Various                                     |
| Stephan Haramis, LCSW             | (585) 207-6027,<br><a href="https://quietmindtherapyservices.com/staff/stephen-haramis-lcsw/">https://quietmindtherapyservices.com/staff/stephen-haramis-lcsw/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 150 Allens Creek Road Rochester, NY 14618                         | Adults                                                                         | Excellus, BC/BC, Aetna                      |
| Dr. Felicia Jackson, Psychologist | (404) 692-7005, <a href="https://www.jacksonpsych.com/">https://www.jacksonpsych.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 200 White Spruce Boulevard Rochester, NY 14623                    | Families, Adolescents (16+), Adults (ERP & CBT Speciality)<br><br>*All Online* | No, Private Pay                             |

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| Dr. Julie Vitale, Psychologist   | (585) 639-3188 | Rochester, NY 14607                                 | Families, Adolescents (12+), Adults | No, Private Pay                                                  |
| Dr. Raquel Bateman, Psychologist | (585) 432-4514 | Rochester, NY 14618                                 | Families, Adolescents (15+), Adults | Excellus, BCO, Aetna, Cigna, Optum, UHC, Independent Health, MVP |
| Sharon Mattsson, LCSW            | (585) 312-6806 | 125 Allens Creek Road<br>Rochester, NY 14618        | Families, Adolescents (12+), Adults | Excellus                                                         |
| Sean Brouty, LCSW                | (585) 207-3697 | 250 Mill Street<br>Suite 405<br>Rochester, NY 14614 | Families, Adolescents (12+), Adults | Aetna                                                            |

| Maternal MH/PPD Clinicians                                |                                                                                                                                                                                                                          |                                                                                           |                                     |                                                      |
|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------------------------|
| Clinician Name                                            | Contact & Website                                                                                                                                                                                                        | Address                                                                                   | Ages/Clients Seen                   | Insurance                                            |
| Reflections Counseling:<br>Jennifer Steffenhagen, LMHC    | (585) 329-8528, <a href="mailto:jennifer.steffenhagen@yahoo.com">jennifer.steffenhagen@yahoo.com</a> ,<br><a href="https://reflectionsounselingny.weebly.com/">https://reflectionsounselingny.weebly.com/</a>            | 919 South Winton Road<br>Suite 302, 3 <sup>rd</sup> Floor<br>Rochester, New York<br>14618 | Adolescents (15+), Adults           | Excellus, Aetna, Cigna, Empire, MVP, Beacon, Fidelis |
| Maternal Mental Health of Rochester: Jennifer Gresh, LMHC | (585) 760-4090, (585) 598-0559,<br><a href="mailto:jennifergreshlmhc@gmail.com">jennifergreshlmhc@gmail.com</a> ,<br><a href="https://maternalmentalhealthrochester.com/">https://maternalmentalhealthrochester.com/</a> | Fairport, NY                                                                              | Families, Adolescents (15+), Adults | Aetna, United Healthcare                             |
| Samantha Green, LMHC                                      | (315) 333-2385, <a href="http://www.samanthagreenLMHC.com">www.samanthagreenLMHC.com</a>                                                                                                                                 | 1900 Empire Blvd, Suite 184 Webster                                                       | Families, Adults                    | Aetna, Cigna, UHC, Oscar & Oxford                    |
| Marshall Psychological Services, LLC                      | (585) 568-7793, <a href="mailto:admin@christamarshall.com">admin@christamarshall.com</a> ,<br><a href="http://www.christamarshall.com/directions/">http://www.christamarshall.com/directions/</a>                        | 70 Office Park Way<br>Pittsford, NY 14534                                                 | Families, Adolescents (15+), Adults | Various                                              |
| Jessica Fowler, LMHC                                      | (585) 208-8140, <a href="http://www.jlfcounselingservices.com/">http://www.jlfcounselingservices.com/</a>                                                                                                                | 2300 East Avenue<br>Rochester, NY 14610                                                   | Families, Adolescents (15+), Adults | Unsure                                               |
| Barbara Klump, LCSW-R                                     | (585) 461-4840                                                                                                                                                                                                           | 100 Allens Creek Office<br>Park, Rochester, New York 14618 &<br>857 Embury Road           | Families, Adults                    | UHC                                                  |

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|                                                                  |                                                                                                                                                                                                | Penfield, New York, 14526                                                    |                                                    |                                                                                                                   |
| Women's Health & Family Therapy: Kristie Jewitt, LMFT            | (585) 244-4161, <a href="mailto:info@kristiejewitt.com">info@kristiejewitt.com</a> , <a href="http://kristiejewitt.com/new_patients.html">http://kristiejewitt.com/new_patients.html</a>       | The Park at Allens Creek, 130 Allens Creek Road, Rochester, NY 14618         | Families, Children (6+), Adolescents (12+)         | No, Private Pay                                                                                                   |
| Lena Kieliszkak LMHC                                             | (585) 805-5719, <a href="mailto:Lena.Kieliszkak@gmail.com">Lena.Kieliszkak@gmail.com</a> , <a href="https://lenakieliszkak.vpweb.com/about">https://lenakieliszkak.vpweb.com/about</a>         | 3380 Monroe Avenue Suite 211 Rochester, NY 14618                             | Families, Children (6+), Adolescents (12+), Adults | Excellus, Cigna, Fidelis, Optum                                                                                   |
| Dorothy Weishaar, LMHC: Building Foundations Counseling Services | (585) 298-2406                                                                                                                                                                                 | Victor, NY 14564                                                             | Families, Adolescents (14+), Adults                | Excellus, BC/BS                                                                                                   |
| Judy Sroka MS, LMHC                                              | (585) 451-3691, <a href="mailto:JsrokaLMHC@gmail.com">JsrokaLMHC@gmail.com</a> , <a href="http://www.judysroka.com/about-me.html">http://www.judysroka.com/about-me.html</a>                   | 3380 Monroe Avenue, Suite 215, Rochester, New York 14618                     | Families, Adults                                   | No, Sliding Fee Scale                                                                                             |
| Prince Street Counseling                                         | (585) 586-8433, <a href="mailto:madeleine@madeleinereynolds.com">madeleine@madeleinereynolds.com</a> , <a href="https://www.madeleinereynolds.com/">https://www.madeleinereynolds.com/</a>     | 46 Prince Street Suite LL01 Rochester, NY 14607                              | Families, Adults                                   | Excellus, BC/BS, Aetna, Cigna                                                                                     |
| Dr. Beth Cerrito, Psychologist, PMH-C                            | (585) 442-9601, ext. 4, <a href="mailto:beth@bethcerritophd.com">beth@bethcerritophd.com</a> , <a href="https://bethcerritophd.com/contact-beth/">https://bethcerritophd.com/contact-beth/</a> | 1357 Monroe Ave. Rochester, NY 14618                                         | Families, Adults & Couples                         | Excellus, BCBS Blue Choice Option, Aetna, Cigna, Humana, Medicare BlueCross BlueShield of Western NY, Fidelis UHC |
| Jenny Mural, LCSW-R                                              | (585) 512-8626, <a href="mailto:Jennifermural@gmail.com">Jennifermural@gmail.com</a>                                                                                                           | 95 Allens Creek, Bldg 2, Suite 330, Rochester, New York 14618, United States | Families, Children (2+), Adolescents (12+)         | No, Private Pay                                                                                                   |
| Postpartum Support International                                 | (800) 944-4773, <a href="https://www.postpartum.net/">https://www.postpartum.net/</a>                                                                                                          | Website                                                                      | Families, Adults                                   | Free resource network                                                                                             |
| Postpartum Resource Center of NY                                 | <a href="https://postpartumny.org/">https://postpartumny.org/</a>                                                                                                                              | Website                                                                      | Families, Adults                                   | Free resource network                                                                                             |

| Gender Identity Clinicians & Resources |                   |         |                   |           |
|----------------------------------------|-------------------|---------|-------------------|-----------|
| Clinician Name                         | Contact & Website | Address | Ages/Clients Seen | Insurance |

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| Dr. Emma Forbes-Jones, Psychologist                  | (585) 244-2429, <a href="mailto:emma@forbesjones.com">emma@forbesjones.com</a> ,<br><a href="http://www.forbesjones.com/?page_id=16">http://www.forbesjones.com/?page_id=16</a>                                                              | 2048 Clinton Avenue<br>South, Suite 2, Rochester,<br>NY 14618                                                                  | Families,<br>Adolescents<br>(12+), Adults                | Excellus, Aetna, MVP |
| Tina Lombardi, LMHC                                  | (585) 378-5605                                                                                                                                                                                                                               | 95 Allens Creek Road,<br>Bldg 2, Suite 17,<br>Rochester, New York<br>14618                                                     | Families,<br>Adolescents<br>(12+), Adults                | No, Private Pay      |
| Peace Project Mental Health<br>Counseling PLLC       | (585) 206-8060, <a href="mailto:Peaceproject.life@gmail.com">Peaceproject.life@gmail.com</a> ,<br><a href="https://www.peaceproject.life/">https://www.peaceproject.life/</a>                                                                | Teletherapy only                                                                                                               | Families, Children<br>(2+), Adolescents<br>(12+), Adults | No, Private Pay      |
| Johnny Sparrow, LCSW                                 | (585)957-0447, <a href="mailto:jsparrowcounseling@gmail.com">jsparrowcounseling@gmail.com</a> ,<br><a href="https://jsparrowcounseling.squarespace.com/">https://jsparrowcounseling.squarespace.com/</a>                                     | Teletherapy only                                                                                                               | Families,<br>Adolescents<br>(12+), Adults                | Excellus BC/BS       |
| Patti A Follanbee, LMFT                              | (585) 326-1444                                                                                                                                                                                                                               | Family Therapy, 1441 East<br>Avenue, Rochester, New<br>York 14610                                                              | Families,<br>Adolescents<br>(16+), Adults                | No, Private Pay      |
| Ryan Howles, LMHC                                    | (585) 484-1962,<br><a href="https://www.crossbridgewellness.com/ryan-howles">https://www.crossbridgewellness.com/ryan-howles</a>                                                                                                             | Thriving Counseling NY:<br>Rochester, New York<br>14607                                                                        | Families,<br>Adolescents<br>(12+), Adults                | No, Private Pay      |
| Sean Brouty, LCSW                                    | (585) 207-3697                                                                                                                                                                                                                               | 250 Mill Street<br>Suite 405<br>Rochester, NY 14614                                                                            | Families,<br>Adolescents<br>(12+), Adults                | Aetna                |
| Despine Mitchell, LMFT                               | (585) 387-0008, <a href="mailto:despina@eastsidemft.com">despina@eastsidemft.com</a> ,<br><a href="https://www.eastsidemft.com/">https://www.eastsidemft.com/</a>                                                                            | Eastside Marriage and<br>Family Therapy PLLC:<br>625 Panorama Trail,<br>Building #2 Suite 200,<br>Rochester, New York<br>14625 | Families, Children<br>(6+), Adolescents<br>(12+)         | No, Private Pay      |
| Sparrow Counseling Services:<br>Johnny Sparrow, LMSW | (585)957-0447, <a href="mailto:sparrowcounselingservices@hushmail.com">sparrowcounselingservices@hushmail.com</a> ,<br><a href="https://jsparrowcounseling.squarespace.com/services">https://jsparrowcounseling.squarespace.com/services</a> | 95 Allens Creek Rd<br>Bldg. 2, Suite 242<br>Rochester, NY 14618                                                                | Families,<br>Adolescents<br>(12+), Adults                | No, Private Pay      |
| Emma Wolford, LCSW-R                                 | (585) 440-7107,<br><a href="https://www.therainbowcouch.com/about-5">https://www.therainbowcouch.com/about-5</a>                                                                                                                             | 2300 East Avenue<br>Rochester, NY 14610                                                                                        | Families,<br>Adolescents<br>(16+), Adults                |                      |
| Carrie Robinson-Elhassen,<br>LMHC                    | (585) 397-7216, <a href="mailto:cre.lmhc@gmail.com">cre.lmhc@gmail.com</a> ,                                                                                                                                                                 | 3380 Monroe Ave, Suite<br>218 Rochester, NY 14618                                                                              | Families, Children<br>(6+), Adolescents<br>(12+), Adults | No, Private Pay      |

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|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|----------------------|
| URMC Gender Health Services:                  | (585) 275-2964, <a href="https://www.urmc.rochester.edu/childrens-hospital/adolescent/gender-health-services/for-teens.aspx">https://www.urmc.rochester.edu/childrens-hospital/adolescent/gender-health-services/for-teens.aspx</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Division of Adolescent Medicine<br>Golisano Children's Hospital: 601 Elmwood Avenue, Box 690<br>Rochester, NY 14642 | Families, Children (6+), Adolescents (12+), Adults | Yes, Most Insurances |
| A.L.L.Y. Group for Adolescents                | <a href="https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/childrens-hospital/Pediatric%20Behavioral%20Health/documents/LGBTQ-brochure-2018.pdf">https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/childrens-hospital/Pediatric%20Behavioral%20Health/documents/LGBTQ-brochure-2018.pdf</a> <ul style="list-style-type: none"> <li>• To register for one of the groups call SBH &amp; W at (585) 279-7800</li> <li>• Thursdays at 6 pm</li> <li>• Group Leaders: Smallcomb &amp; Broomfield</li> <li>• Group description: This is a group appropriate for teens who are questioning their gender identity and/or sexuality and/or identify as a sexual minority. It's a wonderful intervention and provides a great community for the kiddos involved. There is also a monthly parent component to summarize what the group has covered and provide support to parents of group members.</li> </ul> | 315 Science Pkwy<br>Entrance C, Rochester, NY 14620                                                                 | Families, Adolescents (12+), Adults                | Yes, Most Insurances |
| Out Alliance                                  | (585) 244-8640, <a href="https://outalliance.org/">https://outalliance.org/</a> <ul style="list-style-type: none"> <li>• They offer additional supports centered more for youth and families than Trillium Health does at this time. Supports groups and activities for families and clients in the Monroe area and do have chapters out in the Ontario county area as well!</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 100 College Ave #100,<br>Rochester, NY 14607                                                                        | Families, Adolescents (12+), Adults                | N/A                  |
| Trillium Health Support Groups, (585)545-7200 | <a href="https://www.trilliumhealth.org/patient-and-community-services/support-groups">https://www.trilliumhealth.org/patient-and-community-services/support-groups</a> <ul style="list-style-type: none"> <li>• Gender Expansive Kids group, Transgender Support Group, Living Authentically, Bridging the Gap</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 259 Monroe Avenue,<br>Rochester, NY 14607 &<br>170 Science Parkway,<br>Rochester, NY 14620                          | Families, Adolescents (12+), Adults                | N/A                  |

| Marriage & Family Therapy Clinicians                             |                                                                                                                                                                                                                                                |                                                                  |                                                          |                                                                                                            |
|------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| Whole Wellness Counseling                                        | (585) 598-1927 (Text # 585-730-9769),<br><a href="mailto:imlivingwhole@gmail.com">imlivingwhole@gmail.com</a> ,<br><a href="https://www.wholewellnessservices.com/treatmentteam">https://www.wholewellnessservices.com/treatmentteam</a>       | 200 Fairport Rd, Fairport,<br>New York 14450                     | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Yes, Varies                                                                                                |
| Sustainable Wellness                                             | (585) 206-2631, <a href="mailto:hello@sustainablewellnessny.com">hello@sustainablewellnessny.com</a> ,<br><a href="https://sustainablewellnessny.com/meet-the-team/">https://sustainablewellnessny.com/meet-the-team/</a>                      | 600 Park Ave., Carriage<br>House, Rochester, NY<br>14607         | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Yes, Varies                                                                                                |
| Harvest House                                                    | (315) 663-7060,<br><a href="https://www.harvesthousecounseling.com/contact-us/marriage-family-therapy">https://www.harvesthousecounseling.com/contact-us/marriage-family-therapy</a>                                                           | 1100 S Goodman St.,<br>Rochester, New York,<br>14620             | Families, Children<br>(3+), Adolescents<br>(12+), Adults | Yes, Varies                                                                                                |
| Dr. Melissa Almendinger,<br>Psychologist: Linden Oaks<br>Therapy | (585) 586-1600,<br><a href="https://www.lindenoakstherapyoffices.com/therapists/melissa-almendinger-psyd/">https://www.lindenoakstherapyoffices.com/therapists/melissa-almendinger-psyd/</a>                                                   | 100 Linden Oaks, Suite<br>200, Rochester, NY, 14625              | Families, Children<br>(2+), Adolescents<br>(12+)         | Excellus, BC/BS,<br>Anthem                                                                                 |
| URMC Family Therapy<br>Services                                  | (585) 275-0320,<br><a href="https://www.urmc.rochester.edu/psychiatry/institute-for-the-family/strong-family-therapy/services.aspx">https://www.urmc.rochester.edu/psychiatry/institute-for-the-family/strong-family-therapy/services.aspx</a> | 300 Crittenden Blvd,<br>Rochester, NY 14642                      | Families, Children<br>(2+), Adolescents<br>(12+)         | All (or most)                                                                                              |
| Carrie Medley, LMHC                                              | (585) 286-3246                                                                                                                                                                                                                                 | 95 Allens Creek Road<br>Bldg 1, Suite 307<br>Rochester, NY 14618 | Families,<br>Adolescents<br>(12+), Adults                | Cigna, UHC, Optum,<br>UMR                                                                                  |
| Matthew McKenna, LMFT                                            | (585) 636-3419                                                                                                                                                                                                                                 | East Avenue<br>Rochester, NY 14610                               | Families,<br>Adolescents<br>(12+), Adults                | Aetna, BC/BS, Empire,<br>Cigna, Fidelis, MVP,<br>Optum, Oscar Health,<br>Excellus & Highmark<br>BCBS       |
| David Markham, LCSW-R                                            | (585) 637-0040,<br><a href="https://www.davidgmarkham.com/contact_us">https://www.davidgmarkham.com/contact_us</a> ,<br><a href="mailto:davidgmarkham@gmail.com">davidgmarkham@gmail.com</a>                                                   | 58 Market St<br>Brockport, NY 14420                              | Families, Children<br>(6+), Adolescents<br>(12+)         | Aetna, Beacon Health<br>Options, BC/BS, Cigna,<br>Excellus, Fidelis, MVP<br>Health Care, Premier<br>Option |
| Kavod Psychotherapy: Molly<br>Farrell, LMFT                      | (585) 546-5180, <a href="mailto:dmorris@kavodrecovery.com">dmorris@kavodrecovery.com</a> ,<br><a href="https://www.kavodrecovery.com/">https://www.kavodrecovery.com/</a>                                                                      | 25 Circle Street<br>Rochester, NY 14607                          | Families, Children<br>(6+), Adolescents<br>(12+)         | Excellus BC/BS, UHC,<br>Independent Health                                                                 |
| Christina Williams, LMFT                                         | (585) 357-4992, <a href="mailto:cwilliamslmft@gmail.com">cwilliamslmft@gmail.com</a> ,<br><a href="https://www.christinalmft.com/">https://www.christinalmft.com/</a>                                                                          | Rochester, NY 14626                                              | Families, Children<br>(6+), Adolescents<br>(12+)         | Aetna, Cigna, Optum,<br>Oscar Health, Oxford,<br>UMR, UHC                                                  |

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|-------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|--------------------------------------------------------------|
| Pam Spallacci, LMFT                                   | (585) 440-6091,<br><a href="https://www.psychologytoday.com/us/therapists/pam-spallacci-rochester-ny/273285">https://www.psychologytoday.com/us/therapists/pam-spallacci-rochester-ny/273285</a>                                                                                                                                                       | Rochester, NY 14607                                                                                                      | Families, Children (6+), Adolescents (12+) | No, Private Pay                                              |
| Patti A Follanbee, LMFT                               | (585) 326-1444                                                                                                                                                                                                                                                                                                                                         | Family Therapy, 1441 East Avenue, Rochester, New York 14610                                                              | Families, Adolescents (16+), Adults        | No, Private Pay                                              |
| Sara Ormsby, LCSW<br>Webster Counseling               | Webster Individual, Marital & Family Counseling<br>(585) 234-6061, <a href="mailto:sara@webstercounseling.com">sara@webstercounseling.com</a> ,<br><a href="http://webstercounseling.com/">http://webstercounseling.com/</a>                                                                                                                           | 98 North Avenue<br>Webster, NY 14580-3041                                                                                | Families, Adolescents (12+), Adults        | No, Private Pay                                              |
| Despine Mitchell, LMFT                                | (585) 387-0008, <a href="mailto:despina@eastsidemft.com">despina@eastsidemft.com</a> ,<br><a href="https://www.eastsidemft.com/">https://www.eastsidemft.com/</a>                                                                                                                                                                                      | Eastside Marriage and Family Therapy PLLC:<br>625 Panorama Trail,<br>Building #2 Suite 200,<br>Rochester, New York 14625 | Families, Children (6+), Adolescents (12+) | No, Private Pay                                              |
| Brooke LaLone Ward, LMFT                              | (585) 440-9063,<br><a href="https://www.psychologytoday.com/us/therapists/brooke-lalone-ward-webster-ny/724919">https://www.psychologytoday.com/us/therapists/brooke-lalone-ward-webster-ny/724919</a>                                                                                                                                                 | Webster, NY 14580                                                                                                        | Families, Adolescents (12+), Adults        | Empire BC/BS, Aetna, Cigna, Optum, Oscar Health, Oxford, UCH |
| Peg DeBaise, LMFT                                     | (585) 598-9845,<br><a href="https://www.psychologytoday.com/us/therapists/peg-debaise-rochester-ny/111284">https://www.psychologytoday.com/us/therapists/peg-debaise-rochester-ny/111284</a>                                                                                                                                                           | 95 Allens Creek Road<br>Bldg 1, Suite 317<br>Rochester, New York 14618                                                   | Couples, Families, Children (6+), Adults   | No, Private pay                                              |
| Women's Health & Family Therapy: Kristie Jewitt, LMFT | (585) 244-4161, <a href="mailto:info@kristiejewitt.com">info@kristiejewitt.com</a> ,<br><a href="http://kristiejewitt.com/new_patients.html">http://kristiejewitt.com/new_patients.html</a>                                                                                                                                                            | The Park at Allens Creek,<br>130 Allens Creek Road,<br>Rochester, NY 14618                                               | Families, Children (6+), Adolescents (12+) | No, Private Pay                                              |
| Pamela Harwood, LMFT                                  | (585) 770-7215,<br><a href="https://www.psychologytoday.com/us/therapists/pamela-j-harwood-honeoye-falls-ny/69349?sid=628f7f93316ae&amp;spec=325&amp;spec=330&amp;ref=S0008W0002005F00">https://www.psychologytoday.com/us/therapists/pamela-j-harwood-honeoye-falls-ny/69349?sid=628f7f93316ae&amp;spec=325&amp;spec=330&amp;ref=S0008W0002005F00</a> | 61 N Main Street<br>The Lower Mill<br>Honeoye Falls, NY 14472                                                            | Families, Children (3+), Adolescents (12+) | No, Private Pay                                              |
| Adriana Eylise Rogachefsky, LMFT                      | (585) 763-0114, <a href="mailto:info@soltherapyandwellness.com">info@soltherapyandwellness.com</a> ,<br><a href="http://soltherapyandwellness.com/about-us/">http://soltherapyandwellness.com/about-us/</a>                                                                                                                                            | 1501 East Ave, Suite 100<br>Rochester, NY, 14607                                                                         | Families, Children (6+), Adolescents (12+) | No, Private Pay                                              |
| Couples Counseling Center:<br>Shannon Joy Barry, LMFT | 585-505-3110, <a href="mailto:rene@couplescounseling.biz">rene@couplescounseling.biz</a> ,<br><a href="https://www.couplescounseling.biz/">https://www.couplescounseling.biz/</a>                                                                                                                                                                      | 919 South Winton Road,<br>Suite 119, Rochester, NY 14618                                                                 | Families, Adolescents (12+)                | No, Private Pay                                              |

| Art & Music Therapists                                                                                                                  |                                                                                                                                                                                                                   |                                                                  |                                                          |                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------|
| Clinician Name                                                                                                                          | Contact & Website                                                                                                                                                                                                 | Address                                                          | Ages/Clients Seen                                        | Insurance                              |
| Siera Weiss, LCAT                                                                                                                       | 585-259-4842, <a href="mailto:sieraweiss@yahoo.com">sieraweiss@yahoo.com</a> ,<br><a href="https://www.sieraweiss.com/">https://www.sieraweiss.com/</a>                                                           | 45 Allens Creek Rd.<br>Rochester, NY 14618                       | Families, Children<br>(6+), Adolescents<br>(12+)         | Cigna                                  |
| Danielle Klapper, LCAT, ATR                                                                                                             | (585) 310-2609,<br><a href="mailto:Danielle.Klapper@wellnesssourcecounseling.com">Danielle.Klapper@wellnesssourcecounseling.com</a>                                                                               | Rochester, NY                                                    | Adolescents (14+)                                        | No, Private Pay & Sliding<br>Fee Scale |
| Rochester Art Therapy:<br>Sheilagh McGreal, MS-ATR,<br>LCAT                                                                             | (585) 420-8494, <a href="mailto:info@rochesterarttherapy.com">info@rochesterarttherapy.com</a> ,<br><a href="http://www.rochesterarttherapy.com/contact.html">http://www.rochesterarttherapy.com/contact.html</a> | 595 Blossom Rd. Suite<br>310<br>Rochester, NY 14610              | Families,<br>Adolescents (12+)                           | No, Private Pay & Sliding<br>Fee Scale |
| Serenity Life: Mattye McKibben                                                                                                          | (585) 210-0150, <a href="https://serenitylifecounselingservices.com/">https://serenitylifecounselingservices.com/</a>                                                                                             | Serenity Life Creative Arts<br>Therapy PLLC<br>Webster, NY 14580 | Families, Children<br>(5+), Adolescents<br>(12+)         | No, Private Pay                        |
| Halligan Creative Arts Therapy <ul style="list-style-type: none"> <li>Shannon Halligan, L-CAT</li> <li>Aubrey Donovan, L-CAT</li> </ul> | (585) 770-3323, <a href="mailto:shannon_halligan@yahoo.com">shannon_halligan@yahoo.com</a> ,<br><a href="http://www.halliganarts.com/">http://www.halliganarts.com/</a>                                           | 215 Alexander St. Suite<br>200 Rochester, NY 14607               | Families,<br>Adolescents<br>(12+), Adults                | No, Private Pay & Sliding<br>Fee Scale |
| Creative Art Therapy, Sheilagh<br>McGreal, LCAT                                                                                         | (585) 420-8494, <a href="mailto:info@rochesterarttherapy.com">info@rochesterarttherapy.com</a> ,<br><a href="http://www.rochesterarttherapy.com/">http://www.rochesterarttherapy.com/</a>                         | 595 Blossom Rd. Suite<br>310<br>Rochester, NY 14610              | Families, Children<br>(8+), Adolescents<br>(12+), Adults | No, Private Pay & Sliding<br>Fee Scale |
| Amy Thomas, LCAT (Licensed<br>Creative Art Therapy), MT-BC<br>(Music Therapy - Board<br>Certified),                                     | (585) 750-1156, <a href="mailto:amythomastherapy@gmail.com">amythomastherapy@gmail.com</a>                                                                                                                        | 401 Penbrooke Drive,<br>Penfield NY                              | Families, Children<br>(3+), Adolescents<br>(12+)         | No, Private Pay                        |
| Spotted Rabbit Studio <ul style="list-style-type: none"> <li>Sarah Beren, LCAT</li> <li>Alexis Plastow, LCAT-LP</li> </ul>              | (585) 430-9877, <a href="https://spottedrabbitstudio.com/">https://spottedrabbitstudio.com/</a> ,<br><a href="https://spottedrabbitstudio.com/">https://spottedrabbitstudio.com/</a>                              | 2376 Monroe Avenue<br>Rochester, NY 14618                        | Families, Children<br>(6+), Adolescents<br>(12+)         | No, Private Pay & Sliding<br>Fee Scale |

#### Behavioral Interventionists/Specialist

| Clinician Name                             | Contact & Website                                                                                                                                                                                                                                                                                              | Address                                                                                           | Ages/Clients Seen                          | Insurance                                   |
|--------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------|---------------------------------------------|
| RGH Developmental & Behavioral Pediatrics  | Phone (585) 922-4698, Fax (585) 922-5702,<br><a href="https://www.rochesterregional.org/services/pediatrics/services-and-treatments/developmental-behavioral-pediatrics-program">https://www.rochesterregional.org/services/pediatrics/services-and-treatments/developmental-behavioral-pediatrics-program</a> | Wilson Medical Building,<br>2nd Floor, Suite 260<br>800 Carter Street<br>Rochester, NY 14621      | Families, Children (6+), Adolescents (12+) | All (or most)                               |
| Dr. Vincenzo Ragonese, Psychologist        | (585) 225-5750,<br><a href="https://doctor.webmd.com/doctor/vincenzo-ragonese-354d0095-7982-4ee5-8e23-24f1df065761-appointments">https://doctor.webmd.com/doctor/vincenzo-ragonese-354d0095-7982-4ee5-8e23-24f1df065761-appointments</a>                                                                       | 687 Lee Rd #175,<br>Rochester, NY 14606                                                           | Families, Adolescents (12+)                | Excellus, MVP, Aetna                        |
| Julie Cenzi, LMHC                          | (585) 682-2135, <a href="https://www.mindfitmentalhealth.com/">https://www.mindfitmentalhealth.com/</a>                                                                                                                                                                                                        | Mindfit Mental Health,<br>349 W. Commercial St.,<br>Suite 2450, East<br>Rochester, New York 14445 | Families, Children (6+), Adolescents (12+) | Excellus, MVP, Univera, Beacon              |
| Dan DeClerck, LMHC                         | (585) 682-2135, <a href="https://www.mindfitmentalhealth.com/">https://www.mindfitmentalhealth.com/</a>                                                                                                                                                                                                        | Mindfit Mental Health,<br>349 W. Commercial St.,<br>Suite 2450, East<br>Rochester, New York 14445 | Families, Children (6+), Adolescents (12+) | No, Private Pay<br><br>**Autism Specialty** |
| Brigid Gavin, M.S.Ed., Behavior Specialist | (716) 818-2344, <a href="mailto:Brigid.cbsolutions@gmail.com">Brigid.cbsolutions@gmail.com</a> ,<br><a href="https://childhoodbehaviorsolutions.com/#services">https://childhoodbehaviorsolutions.com/#services</a>                                                                                            | N/A                                                                                               | Families, Children (3+), Adolescents (12+) | Unsure                                      |
| Dr. Dan Mruzek, Psychologist               | (585) 766.2430, <a href="mailto:rochester@proudmomentsaba.com">rochester@proudmomentsaba.com</a> ,<br><a href="https://www.proudmomentsaba.com/about-aba-1">https://www.proudmomentsaba.com/about-aba-1</a>                                                                                                    | Rochester, NY                                                                                     | Families, Children (6+), Adolescents (12+) | Various<br><br>**Autism Specialty**         |
| Gregory Duffy, LMHC                        | (585) 645-0505,<br><a href="https://www.webstermentalhealth.com/about-gregory.html">https://www.webstermentalhealth.com/about-gregory.html</a>                                                                                                                                                                 | 807 Ridge rd<br>Ste 203<br>Webster, NY 14580                                                      | Families, Children (6+), Adolescents (12+) | Excellus, BCBS, Aetna, MVP                  |
| Dr. Sara Atkinson, Psychiatrist            | (585) 241-9670, <a href="mailto:flcr@flclinical.com">flcr@flclinical.com</a> ,<br><a href="http://flclinical.com/dr-atkinson/">http://flclinical.com/dr-atkinson/</a>                                                                                                                                          | 885 Winton Road South<br>Rochester, NY 14618-1609                                                 | Families, Children (6+), Adolescents (12+) | Various                                     |
| <b>Ontario County</b>                      |                                                                                                                                                                                                                                                                                                                |                                                                                                   |                                            |                                             |
| Seeds of Hope, Jennifer Luffman (LMHC)     | (315)273-1883, <a href="mailto:jenn@seedsofhopecs.com">jenn@seedsofhopecs.com</a> ,<br><a href="https://www.seedsofhopecs.com/reachout">https://www.seedsofhopecs.com/reachout</a>                                                                                                                             | 590 Pre-Emption Road<br>Geneva, NY 14456                                                          | Families, Children (6+), Adolescents (12+) | Excellus, BC/BS, Aetna, Cigna, Empire Plan  |

|                                |                                                                                                                                                                   |                                            |                                                  |                                                         |
|--------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|--------------------------------------------------|---------------------------------------------------------|
| Dr. Doyle Pruitt, Psychologist | (585) 314-0321, <a href="mailto:dpruittlcsw@gmail.com">dpruittlcsw@gmail.com</a> ,<br><a href="https://www.doyleruitt.com/bio">https://www.doyleruitt.com/bio</a> | 243 Center Street<br>Canandaigua, NY 14424 | Families, Children<br>(6+), Adolescents<br>(12+) | Excellus, BC/BS, MVP,<br>Fidelis, Independent<br>Health |
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| Disordered Eating Providers                                                  |                                                                                                                                                                                                                                                                    |                                                                                                |                                                    |                                                                  |
|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------|------------------------------------------------------------------|
| Clinician Name                                                               | Contact & Website                                                                                                                                                                                                                                                  | Address                                                                                        | Ages/Clients Seen                                  | Insurance                                                        |
| Cara Conroe, LCSW                                                            | (585) 728-4613                                                                                                                                                                                                                                                     | Fairport, NY 14450                                                                             | Families, Children (6+), Adolescents (12+), Adults | No, Private Pay                                                  |
| Dr. Helena Boersma, EdD & LMHC                                               | (585) 415-3638, <a href="mailto:integrativehealth@helenaboersma.com">integrativehealth@helenaboersma.com</a> ,<br><a href="https://www.helenaboersma.com/">https://www.helenaboersma.com/</a>                                                                      | 2000 S. Winton Road<br>Crossbridge Office Park<br>Building 4, Suite 200<br>Rochester, NY 14618 | Families,<br>Adolescents (12+)                     | No, Private Pay                                                  |
| Rochester Center for Integrative Therapy & Biofeedback: Lesley Randall, LCAT | (585) 415-6547, <a href="mailto:lesleyra@gmail.com">lesleyra@gmail.com</a> ,<br><a href="https://rochester minds.com/">https://rochester minds.com/</a>                                                                                                            | 625 Panorama Trail,<br>Bldg 1, Suite 230,<br>Rochester, NY 14625                               | Families,<br>Adolescents (12+)                     | No, Private Pay                                                  |
| Interact Counseling:<br>Christopher Charlton, LCSW                           | (585) 388-8010, <a href="mailto:interact@interactcounseling.com">interact@interactcounseling.com</a> ,<br><a href="http://interactcounseling.com/staff/christopher-j-charleton">http://interactcounseling.com/staff/christopher-j-charleton</a><br>- Speaks German | 2136 Penfield Road<br>Penfield, NY 14526<br>(585) 302-4198                                     | Families,<br>Adolescents (12+)                     | No, Private Pay                                                  |
| Kavod Psychotherapy: Molly Farrell, LMFT                                     | (585) 546-5180, <a href="mailto:dmorris@kavodrecovery.com">dmorris@kavodrecovery.com</a> ,<br><a href="https://www.kavodrecovery.com/">https://www.kavodrecovery.com/</a>                                                                                          | 25 Circle Street<br>Rochester, NY 14607                                                        | Families, Children (6+), Adolescents (12+)         | Excellus BC/BS, UHC, Independent Health                          |
| Adriana Eylise Rogachefsky, LMFT                                             | (585) 763-0114, <a href="mailto:info@soltherapyandwellness.com">info@soltherapyandwellness.com</a> ,<br><a href="http://soltherapyandwellness.com/about-us/">http://soltherapyandwellness.com/about-us/</a>                                                        | 1501 East Ave, Suite 100, Rochester, NY, 14607                                                 | Families, Children (6+), Adolescents (12+)         | No, Private Pay                                                  |
| Shannon Joy Barry, LMFT                                                      | 585-505-3110, <a href="mailto:rene@couplescounseling.biz">rene@couplescounseling.biz</a> ,<br><a href="https://www.couplescounseling.biz/">https://www.couplescounseling.biz/</a>                                                                                  | 919 South Winton Road, Suite 119,<br>Rochester, NY 14618                                       | Families,<br>Adolescents (12+)                     | No, Private Pay                                                  |
| Dr. Raquel Bateman, Psychologist                                             | (585) 432-4514                                                                                                                                                                                                                                                     | Rochester, NY 14618                                                                            | Families,<br>Adolescents (15+),<br>Adults          | Excellus, BCO, Aetna, Cigna, Optum, UHC, Independent Health, MVP |
| Brooke LaLone Ward, LMFT                                                     | (585) 440-9063,<br><a href="https://www.psychologytoday.com/us/therapists/brooke-lalone-ward-webster-ny/724919">https://www.psychologytoday.com/us/therapists/brooke-lalone-ward-webster-ny/724919</a>                                                             | Webster, NY 14580                                                                              | Families,<br>Adolescents (12+),<br>Adults          | Empire BC/BS, Aetna, Cigna, Optum, Oscar Health, Oxford, UCH     |
| Dr. Dayton Walsh, PhD                                                        | (585) 210-2028, <a href="mailto:connect@daytonwalsh.com">connect@daytonwalsh.com</a> ,<br><a href="https://www.daytonwalsh.com/services">https://www.daytonwalsh.com/services</a>                                                                                  | 34A State St<br>Pittsford, NY 14534                                                            | Families,<br>Adolescents (12+),<br>Adults          | Aetna                                                            |
| Stephanie Catlin-Rakoski, LMHC                                               | (585) 440-6281,<br><a href="https://www.psychologytoday.com/us/therapists/stephanie-catlin-rakoski-rochester-ny/312678">https://www.psychologytoday.com/us/therapists/stephanie-catlin-rakoski-rochester-ny/312678</a>                                             | 2300 Buffalo Road<br>Building 100-B<br>Rochester, NY 14624<br>&<br>1387 Fairport Road          | Families,<br>Adolescents (12+),<br>Adults          | No, Private Pay                                                  |

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|----------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------|-----------------|
|                                                    |                                                                                                                                                                                                                                                                                                                                                                   | Building 500, Suite 540<br>Fairport, NY 14450          |                                           |                 |
| Kerry Spinosa, LMHC                                | (585) 460-2156,<br><a href="https://www.psychologytoday.com/us/therapists/kerry-spinosa-rochester-ny/206911">https://www.psychologytoday.com/us/therapists/kerry-spinosa-rochester-ny/206911</a>                                                                                                                                                                  | 1501 East Avenue<br>Suite 100<br>Rochester, NY 14610   | Adults                                    | No, Private Pay |
| Diane Barone, LMHC                                 | (585) 280-3674, <a href="https://dbarone-lmhc.business.site/?m=true">https://dbarone-lmhc.business.site/?m=true</a>                                                                                                                                                                                                                                               | 34 State Street<br>Suite A<br>Pittsford, NY 14534      | Families,<br>Adolescents (12+)            | No, Private Pay |
| Christina Ruzicka, PsyD                            | (585) 667-0970, <a href="https://christina-ruzicka.clientsecure.me/">https://christina-ruzicka.clientsecure.me/</a>                                                                                                                                                                                                                                               | 1577 South Avenue<br>Rochester, NY 14620               | Adults                                    | No, Private Pay |
| Kerri Wemett, LCSW, PhD                            | (585) 457-0460,<br><a href="https://www.psychologytoday.com/us/therapists/kerri-wemett-rochester-ny/457272">https://www.psychologytoday.com/us/therapists/kerri-wemett-rochester-ny/457272</a>                                                                                                                                                                    | 722 Weiland Road<br>Suite 200<br>Rochester, NY 14626   | Families,<br>Adolescents (12+),<br>Adults | No, Private Pay |
| URMC Child & Adolescent Eating Disorder Program    | (585) 275-2964, <a href="https://www.urmc.rochester.edu/childrens-hospital/adolescent/eating-disorders.aspx">https://www.urmc.rochester.edu/childrens-hospital/adolescent/eating-disorders.aspx</a> ,                                                                                                                                                             | 601 Elmwood Avenue,<br>Box 690<br>Rochester, NY 14642  | Families,<br>Adolescents (12+),<br>Adults | Various         |
| WNY Comprehensive Care Center for Eating Disorders | <ul style="list-style-type: none"> <li>- General Outreach: (800) 700-4573</li> <li>- University of Rochester School of Nursing (Core Site): (585) 276-6102</li> <li>- Child and Adolescent Eating Disorder Program (Core Site): (585) 275-2964</li> </ul> <a href="https://www.nyeatingdisorders.org/index.html">https://www.nyeatingdisorders.org/index.html</a> | Various sites                                          | Families,<br>Adolescents (12+),<br>Adults | Various         |
| The Healing Connection                             | (585) 641-0281, <a href="mailto:info@TheHealingConnectionInc.org">info@TheHealingConnectionInc.org</a> ,<br><a href="https://www.thehealingconnectioninc.org/about-us-1">https://www.thehealingconnectioninc.org/about-us-1</a><br>Fax: (585) 641-0286                                                                                                            | 1320 University Avenue<br>Rochester, New York<br>14607 | Families,<br>Adolescents (10+),<br>Adults | Various         |
| Rochester Eating Disorders Organization            | (585) 507-5774, <a href="http://www.redony.org/contact/">http://www.redony.org/contact/</a>                                                                                                                                                                                                                                                                       | Online                                                 | Families,<br>Adolescents (12+),<br>Adults | Various         |

| <b>Animal Assisted Therapy</b> |                                                                                                                                                                                                                                      |                                                        |                                                          |                                                                                                                                                                                   |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Clinician Name                 | Contact & Website                                                                                                                                                                                                                    | Address                                                | Ages/Clients Seen                                        | Insurance                                                                                                                                                                         |
| Andrea Witter, LMSW            | (585) 326-9028, <a href="https://www.awcounselingservices.com/">https://www.awcounselingservices.com/</a>                                                                                                                            | 2510 Chili Avenue<br>Rochester, New York<br>14624      | Families, Children<br>(4+), Adolescents<br>(12+)         | No, Private Pay                                                                                                                                                                   |
| Christine Magee, LMSW          | (585) 500-9420,<br><a href="mailto:treeofhopecounselingrochester@gmail.com">treeofhopecounselingrochester@gmail.com</a> ,<br><a href="https://www.meganclifford.com/">https://www.meganclifford.com/</a>                             | 2300 East Ave.<br>Rochester, NY 14610                  | Families, Children<br>(6+), Adolescents<br>(12+)         | No, Private Pay                                                                                                                                                                   |
| EquiCenter Inc                 | (585) 624-7772, Barn/ Programs: (585) 624-7777,<br><a href="mailto:info@equicenterny.org">info@equicenterny.org</a>                                                                                                                  | 3247 Rush Mendon<br>Road<br>Honeoye Falls, NY<br>14472 | Families, Children<br>(6+), Adolescents<br>(12+)         | No, Private Pay                                                                                                                                                                   |
| Heritage Christian Stables     | (585) 340-2000,<br><a href="https://heritagechristianservices.org/about/community-impact-programs/heritage-christian-stables/">https://heritagechristianservices.org/about/community-impact-programs/heritage-christian-stables/</a> | PO Box 200<br>Webster, NY 14580                        | Families, Children<br>(6+), Adolescents<br>(12+), Adults | \$40.00 for about a one-hour<br>lesson with three or more<br>participants, 45-minute<br>lesson with two participants<br>and one-half hour private<br>lesson with one participant. |
| RocDog                         | <a href="https://rocdog.org/">https://rocdog.org/</a>                                                                                                                                                                                | 321 Wood Road,<br>Rochester NY 14626                   | Families, Children<br>(6+), Adolescents<br>(12+), Adults | Unsure                                                                                                                                                                            |

| <b>SA Supports/Recovery Options</b>                 |                                                                                                                                                                                                                                 |                                                                    |                                    |                                                                                   |
|-----------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------|-----------------------------------------------------------------------------------|
| Clinician Name                                      | Contact & Website                                                                                                                                                                                                               | Address                                                            | Ages/Clients Seen                  | Insurance                                                                         |
| Dr. Patricia Halligan, MD                           | (585) 445-4181, <a href="mailto:info@drpatriciahalligan.com">info@drpatriciahalligan.com</a> ,<br><a href="https://www.drpatriciahalligan.com/clinical-services">https://www.drpatriciahalligan.com/clinical-services</a>       | Teletherapy Only                                                   | Adolescents (14+),<br>Young Adults | Various                                                                           |
| Henrietta Psychiatric Care<br>Laura Baker, Psych NP | Phone/Text: (585) 471-3407, <a href="mailto:info@henriettapsych.com">info@henriettapsych.com</a> ,<br><a href="https://henriettapsych.com/about/">https://henriettapsych.com/about/</a><br>Fax: (866) 557- 9530                 | 250-B Lucius Gordon<br>Drive Suite 4B, West<br>Henrietta, NY 14586 | Adolescents (14+),<br>Adults       | Aetna, Excellus, Fidelis,<br>United Health Care, Cigna,<br>Medicare and Medicaid. |
| Strong TIES                                         | (585) 279-4900, <a href="https://www.urmc.rochester.edu/mental-health-wellness/adult-services/outpatient/strong-ties.aspx">https://www.urmc.rochester.edu/mental-health-wellness/adult-services/outpatient/strong-ties.aspx</a> | 2613 West Henrietta<br>Road, Suite A<br>Rochester, NY 14623        | Young Adults<br>(18+)              | Various                                                                           |

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|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|-------------------------------------------------------------------------|
| Strong Adolescent & Young Adult Program                                                                          | (585) 275-3161, <a href="https://www.urmc.rochester.edu/mental-health-wellness/addiction-services/adolescent-and-young-adult-clinic.aspx">https://www.urmc.rochester.edu/mental-health-wellness/addiction-services/adolescent-and-young-adult-clinic.aspx</a> , | 2613 W. Henrietta Road, Suites C & D<br>Rochester, NY 14623                                                                                                | Adolescents (14+),<br>Young Adults        | Various                                                                 |
| Strong Outpatient CD                                                                                             | (585) 275-5400, <a href="https://www.urmc.rochester.edu/mental-health-wellness/addiction-services/adolescent-and-young-adult-clinic.aspx">https://www.urmc.rochester.edu/mental-health-wellness/addiction-services/adolescent-and-young-adult-clinic.aspx</a>   | 300 Crittenden Blvd,<br>Rochester, NY 14642                                                                                                                | Adolescents (14+),<br>Young Adults        | Various                                                                 |
| Seven Challenges: <ul style="list-style-type: none"> <li>• Villa of Hope</li> <li>• Liberty Resources</li> </ul> | VOH: (585) 328-0834, Fax (585) 436-0103,<br><a href="mailto:cdclinic@villaofohope.org">cdclinic@villaofohope.org</a><br><br>Liberty Resources: (315) 425-1004, Fax: (315) 479-7884                                                                              | VOH: 1099 Jay Street<br>Water Tower Park,<br>Bldg J, Suite 202<br>Rochester, NY 14611<br><br>Liberty Resources:<br>1045 James Street,<br>Syracuse NY 13203 | Adolescents (12+)                         | Various                                                                 |
| Unity Chemical Dependency                                                                                        | (585) 723-7366, Fax: 585-723-7341,<br><a href="mailto:CDInpatientIntakeTeam@rochesterregional.org">CDInpatientIntakeTeam@rochesterregional.org</a>                                                                                                              | 1565 Long Pond Rd,<br>Rochester, NY 14626                                                                                                                  | Adolescents (12+)                         | Various                                                                 |
| Westfall Associates                                                                                              | (585) 473-1500, <a href="mailto:info@westfallcd.com">info@westfallcd.com</a> ,<br><a href="http://www.westfallassociates.com/page.asp?id=47">http://www.westfallassociates.com/page.asp?id=47</a>                                                               | 919 Westfall Road<br>Building B, Suite 60<br>Rochester, NY 14618                                                                                           | Families,<br>Adolescents (12+),<br>Adults | Various                                                                 |
| CCA Monroe Recovery Network Recovery Center-CORE                                                                 | (585) 328-8230, Fax: (585) 328-8232<br><a href="http://communityalternatives.org/">http://communityalternatives.org/</a> ,<br><a href="mailto:cca@communityalternatives.org">cca@communityalternatives.org</a>                                                  | 803 West Avenue, Suite 196, Rochester, NY 14611 (Syracuse & NYC locations as well)                                                                         | Young adults                              | Various                                                                 |
| Delphi Rise: Open Access                                                                                         | (585) 627-1777, <a href="https://www.delphirise.org/">https://www.delphirise.org/</a>                                                                                                                                                                           | 1350 University Ave.<br>Rochester, NY                                                                                                                      | Adolescents (12+)                         | Excellus, Cigna, MVP, UHC, YourCare, Fidelis (Full document on website) |
| Finger Lakes Addiction Resource Center                                                                           | <a href="https://ncadd-ra.org/services/finger-lakes-addiction-resource-center/">https://ncadd-ra.org/services/finger-lakes-addiction-resource-center/</a>                                                                                                       | Covers Monroe, Seneca, Wayne, Genesee, Orleans, Wyoming Livingston, Ontario, & Yates Counties                                                              | Various                                   | Various                                                                 |
| Conifer Park                                                                                                     | (585) 442-8422, Fax: (585) 442-8494,<br><a href="https://www.coniferpark.com/rochester-outpatient-clinic">https://www.coniferpark.com/rochester-outpatient-clinic</a>                                                                                           | 556 Clinton Avenue – South, Rochester, NY 14620                                                                                                            | Young Adults                              | Various                                                                 |

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| Alateen (Local Chapter)             | (585) 288-0540, <a href="http://aisrochester.org/">http://aisrochester.org/</a>                                                                                                                                                                                                                                                                                                 | 2480 Browncroft Blvd.,<br>Suite 140, Rochester<br>NY 14625    | Adolescents (12+)     | No payment required |
| Catholic Family Center: Restart     | (585) 546-3046, Fax: (585) 546-4856,<br><a href="https://www.cfcrochester.org/our-services/building-community/outpatient-drug-and-behavioral-health-treatment/#co-occurring-mental-health-and-substance-abuse">https://www.cfcrochester.org/our-services/building-community/outpatient-drug-and-behavioral-health-treatment/#co-occurring-mental-health-and-substance-abuse</a> | 79 N Clinton Ave.,<br>Rochester, NY 14604                     | Young Adults<br>(18+) | Various             |
| Baden Street Chemical<br>Dependency | (585) 325-4910 x1141, Fax: (585) 546-1491,<br><a href="http://www.badenstreet.org">www.badenstreet.org</a> ,                                                                                                                                                                                                                                                                    | 585 Joseph Ave (corner<br>of Clifford) Rochester,<br>NY 14605 | Young Adults<br>(18+) | Various             |
| CASA Trinity                        | <a href="https://casa-trinity.org/">https://casa-trinity.org/</a>                                                                                                                                                                                                                                                                                                               | Multiple clinics in the<br>Southern Tier region               | Young Adults<br>(16+) | Various             |

| <p style="text-align: center;"><b>Clinics</b></p> <p style="text-align: center;"><b>** Please call prior to providing to individuals; hours &amp; ability to accept change frequently**</b></p> <p style="text-align: center;"><b>Updated: 11/01/2022</b></p> <p style="text-align: center;"><b>Monroe County</b></p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                               |                                                    |                                           |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------|-------------------------------------------|
| Clinician Name                                                                                                                                                                                                                                                                                                        | Contact & Website                                                                                                                                                                                                                                                                                                                                                                                                                                           | Address                                                                       | Ages/Clients Seen                                  | Insurance                                 |
| Strong INTERCEPT                                                                                                                                                                                                                                                                                                      | (585) 276-9270, <a href="https://www.urmc.rochester.edu/mental-health-wellness/intercept.aspx">https://www.urmc.rochester.edu/mental-health-wellness/intercept.aspx</a>                                                                                                                                                                                                                                                                                     | 2613 West Henrietta Road, Suite E<br>Rochester, NY 14623                      | Ages 15 - 28                                       | All (or most)                             |
| Genesee Mental Health                                                                                                                                                                                                                                                                                                 | (585) 922-7770,<br><a href="https://www.rochesterregional.org/locations/rochester/genesee-mental-health-center">https://www.rochesterregional.org/locations/rochester/genesee-mental-health-center</a><br><br>Walk-In Appts:<br><ul style="list-style-type: none"> <li>Adults: Tuesday, Thursday 8-10:30am</li> <li>Children: M &amp; W from 8:00 – 10:00 am</li> </ul>                                                                                     | 224 Alexander Street<br>Suite 100<br>Rochester, NY 14607                      | Families, Children (5+), Adolescents (12+), Adults | All BUT Aetna, Medicare & Workman's Comp. |
| Liberty Resources                                                                                                                                                                                                                                                                                                     | (585) 410-3370, <a href="mailto:info@liberty-resources.org">info@liberty-resources.org</a> ,<br><a href="https://www.liberty-resources.org/integrated-behavioral-health-and-substance-use/">https://www.liberty-resources.org/integrated-behavioral-health-and-substance-use/</a><br>Office Hours: Monday–Thursday: 8 am – 7pm, Friday: 8 am–5 pm<br><br>Walk-In Appts: M, 10:30 am to 12 pm & T, Th 8:30 am – 10 am<br><br><b>*Pause on new referrals*</b> | 175 Humboldt Street<br>Rochester NY 14610                                     | Families, Children (3+), Adolescents (12+)         | All (or most), no Workman's comp          |
| Villa of Hope                                                                                                                                                                                                                                                                                                         | (585) 328-0834, <a href="mailto:mhclinic@villaofohope.org">mhclinic@villaofohope.org</a> ,<br><a href="https://www.villaofohope.org/programs-services/behavioral-health/#mental-health-outpatient-clinic">https://www.villaofohope.org/programs-services/behavioral-health/#mental-health-outpatient-clinic</a><br><br><b>*Pause on new referrals*</b>                                                                                                      | 1099 Jay Street<br>Water Tower Park, Bldg J, Suite 202<br>Rochester, NY 14611 | Families, Children (5+), Adolescents (12+)         | All (or most)                             |
| Rochester Mental Health Center/East Ridge Road Behavioral Health                                                                                                                                                                                                                                                      | (585) 922-9900,<br><a href="https://www.rochesterregional.org/locations/mental-health/rochester-behavioral-health-network">https://www.rochesterregional.org/locations/mental-health/rochester-behavioral-health-network</a><br><br>Walk-in: Monday – Friday 9am-3pm                                                                                                                                                                                        | 490 East Ridge Road<br>Rochester, New York 14621                              | Families, Adults                                   | All (or most)                             |
| Rochester Rehabilitation Center                                                                                                                                                                                                                                                                                       | (585) 271-2520, <a href="https://www.rochesterrehab.org/mental-health">https://www.rochesterrehab.org/mental-health</a><br><br>Walk-In Appts.: Monday – Friday 9am-3pm                                                                                                                                                                                                                                                                                      | 1000 Elmwood Avenue<br>Rochester, New York 14620                              | Families, Adolescents (12+)                        |                                           |

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| Catholic Family Center                                 | (585) 238-8699, <a href="https://www.cfcrochester.org/our-services/enabling-independence/mental-health-services/">https://www.cfcrochester.org/our-services/enabling-independence/mental-health-services/</a><br>Walk-In: Tuesday – Thursday 9 am – 12:30 pm | 87 N Clinton Ave.,<br>Rochester, NY 14604             | Families, Children (5+), Adolescents (12+)                                                               | All (or most) |
| Endeavor Mental Health Services                        | (585) 445-5310, <a href="https://www.ehsny.org/">https://www.ehsny.org/</a><br>Central Intake Line: (716) 895-6701<br>Wed & Thursdays – medication management                                                                                                | 150 Mt. Hope Avenue<br>Rochester, NY 14620            | Adult Mental Health Clinics, Domestic Violence, Anger Management, and Forensic and Medication Management | All (or most) |
| Evergreen Counseling & Assessment Services             | (585) 204-6637, <a href="mailto:EvergreenCAS@gmail.com">EvergreenCAS@gmail.com</a> , <a href="https://www.evergreencas.com/services">https://www.evergreencas.com/services</a>                                                                               | 1580 Elmwood Avenue,<br>Suite D., Rochester, NY 14620 | Families, Adolescents (17+), Adults                                                                      | Various       |
| Gavia Life Center                                      | (585) 371-6464, <a href="mailto:info@GaviaLifeCare.com">info@GaviaLifeCare.com</a> , <a href="https://www.gavialifecarecenter.com/contact-us/">https://www.gavialifecarecenter.com/contact-us/</a><br>Kim, Adolescent Intake: (585) 371-7141                 | 1343 Long Pond Rd, Ste A,<br>Rochester NY 14626       | Families, Adolescents (12+), Adults                                                                      | All (or most) |
| <b>Ontario County</b>                                  |                                                                                                                                                                                                                                                              |                                                       |                                                                                                          |               |
| Canandaigua Clinic-Ontario County Mental Health Center | (585) 396-4363, <a href="https://ontariocountyny.gov/99/Mental-Health">https://ontariocountyny.gov/99/Mental-Health</a><br>Walk-In Appts: M 8 -10:30 am, T 1:00-3:30pm and Thurs. 8 - 10:30 am & 1 - 3:30 pm                                                 | 3019 County Complex Dr., Canandaigua, NY 14424        | Families, Children (5+), Adolescents (12+), Adults                                                       | All (or most) |
| Geneva Clinic- Ontario County Mental Health Center     | (315) 789-6706<br>Walk-In Appts: Mondays 8:30-10:30 am, Tuesdays 8:30-10:30am or 1:00-3:30pm                                                                                                                                                                 | 83 Seneca St.<br>Geneva, NY 14456-3501                | Families, Children (5+), Adolescents (12+), Adults                                                       | All (or most) |
| <b>Livingston County</b>                               |                                                                                                                                                                                                                                                              |                                                       |                                                                                                          |               |
| Livingston County MH                                   | (585) 243-7250, <a href="https://www.livingstoncounty.us/152/Mental-Health-Community-Services">https://www.livingstoncounty.us/152/Mental-Health-Community-Services</a>                                                                                      | 4600 Millennium Dr,<br>Geneseo, NY 14454              | Families, Children (5+), Adolescents (12+), Adults                                                       | All (or most) |
| Catholic Charities                                     | (585) 658-4466, <a href="https://ccsteubenlivingston.org/">https://ccsteubenlivingston.org/</a><br>Walk-In Appts: Monday and Thursday 9 - 12 and 1 - 4                                                                                                       | 34 E. State Street<br>Mt. Morris, NY 14510            | Families, Children (5+), Adolescents (12+), Adults                                                       | All (or most) |

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| Noyes Mental Health Clinic                 | Dansville: (585) 335-4316,<br><a href="https://www.urmc.rochester.edu/noyes/healthcare-services/mental-health.aspx">https://www.urmc.rochester.edu/noyes/healthcare-services/mental-health.aspx</a><br><br>Avon: (585) 658-0900,<br><a href="https://www.urmc.rochester.edu/noyes/healthcare-services/mental-health.aspx">https://www.urmc.rochester.edu/noyes/healthcare-services/mental-health.aspx</a> | 9221 Robert Hart Drive<br>Dansville, NY 14437<br><br>&<br><br>5712 Tec Drive<br>Avon, NY 14414 | Families, Children (5+), Adolescents (12+), Adults | All (or most) |
| <b>Wayne County</b>                        |                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                |                                                    |               |
| Wayne Behavioral Health Network            | (315) 946-5722,<br><a href="https://web.co.wayne.ny.us/index.php/wbhn/">https://web.co.wayne.ny.us/index.php/wbhn/</a><br><br>Walk-In: Monday through Friday: 8 am to 4 pm                                                                                                                                                                                                                                | 1519 Nye Rd, Lyons, NY 14489                                                                   | Families, Children (5+), Adolescents (12+), Adults | All (or most) |
| <b>Orleans County</b>                      |                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                |                                                    |               |
| Orleans County Department of Mental Health | (585) 589-7066,<br><a href="https://orleanscountyny.com/departments/mental_health.php">https://orleanscountyny.com/departments/mental_health.php</a><br><br>Walk-In Appts: M-F 12:30-1:30pm                                                                                                                                                                                                               | 14014 Route 31W<br>Albion, NY 14411                                                            | Families, Children (5+), Adolescents (12+), Adults | All (or most) |
| <b>Steuben County</b>                      |                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                |                                                    |               |
| Steuben County Mental Health               | (607) 324-2483                                                                                                                                                                                                                                                                                                                                                                                            | 115 Liberty Street, Bath, NY, 14810                                                            | Families, Children (5+), Adolescents (12+), Adults | All (or most) |
| <b>Genesee County</b>                      |                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                |                                                    |               |
| Genesee County Mental Health               | (585) 344-1421,<br><a href="https://www.co.genesee.ny.us/departments/mentalhealth/index.php">https://www.co.genesee.ny.us/departments/mentalhealth/index.php</a><br>Fax (585) 345-3080                                                                                                                                                                                                                    | 5130 East Main Street<br>Road, Suite 2<br>Batavia, New York 14020-3496                         | Families, Children (5+), Adolescents (12+), Adults | All (or most) |
| <b>Wyoming County</b>                      |                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                |                                                    |               |
| Wyoming County Mental Health               | (585) 786-8871, <a href="https://www.wyomingco.net/434/Mental-Health">https://www.wyomingco.net/434/Mental-Health</a><br>Fax: 585-786-8874<br><br>Mobile Crisis #: (585) 283-5200                                                                                                                                                                                                                         | 460 N Main St<br>Warsaw, NY 14569                                                              | Families, Children (5+), Adolescents (12+), Adults | All (or most) |