

Moments of Diversity, Equity & Inclusion Throughout the Year

Presented by AHP's Equity Council

JULY 2024

BIPOC Mental Health Awareness, Disability Pride and French American Heritage

Dates to Acknowledge

July 1- Start of month's themes

July 1- Canada Day

July 4- Independence Day

July 14- International Non-Binary People's Day

July 26- Disabilities Independence Day

Spiritual & Religious Celebrations

July 6- Muharram (Islam)

July 7- Hijri New Year (Islam)

July 8- Martyrdom of the Bab (Baha'i)

July 16- Ashura (Islam)

July 21- Asala-Dharma (Buddhist)

Health Inequity Highlight

"Inclusion is Patriotism of the Highest Order"

WHO: Young people with diverse LGBTQ status and accompanying identities are among the most marginalized and excluded members of society.

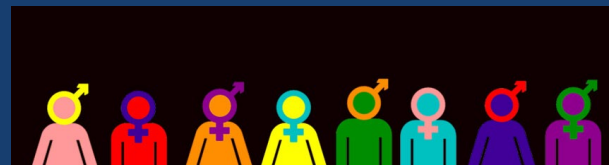
WHY: They are particularly vulnerable to stigma, violence and discrimination, due to their actual or perceived identities.

WHAT: Stigma, threats, discrimination and exclusion can negatively impact the rights of LGBTIQ+ youth. These can lead to an increased likelihood of avoiding school, low self-esteem and limiting future employment options. These can also lead to an increased risk of homelessness and sex work to survive. Significant barriers in accessing medical and sexual health care.

REFLECTION: How can you assure that the people in your life, with LGBTQ+ identities, feel included?

Video Resource for Further Reflection:

[LGBTQ + Inclusion](#)



Local Events & Celebrations

- Independence Day Celebration 7/4
10am-4pm @ Genessee Country Village & Museum

- Mental Health in Communities of Color Symposium 7/13 8am-12pm

- Disability Pride Festival 7/26 2pm-6pm
@ 44 Prime St. in Buffalo

- Pride Parade & Festival 7/20 @ 11am on South Ave. in Rochester

- Support Local LGBTQ Businesses (Equal=Grounds Coffee House, Hedonist Artisan Chocolates & Ice Cream, and Crisp Rochester)

Celebrate: [LGBTQ+ Pride](#) | [French American Heritage](#) | [Canada Day](#) | [Independence Day](#)

References & Resources

<https://www.apa.org/>
<https://plan-international.org/srht/lgbtq-inclusion/>
<https://www.clinicaladvisor.com/>
<https://www.trilliumhealth.org/patient-and-community-services/pride>
<https://www.visitrochester.com/things-to-do/lgbtq/>