

Osteoporosis Medications

Bisphosphonates remain the preferred first-line treatment medication

Medication	Class / Agent	Notes
<i>Alendronate (Fosamax®)</i> • 10 mg PO Daily • 70 mg PO Weekly	Antiresorptive Agent • Bisphosphonate (Oral)	Tier 1
<i>Risedronate (Actonel®)</i> • 5 mg PO Daily • 35 mg PO Weekly • 150 mg PO Monthly	Antiresorptive Agent • Bisphosphonate (Oral)	Tier 2
<i>Ibandronate (Boniva®)</i> • 150 mg PO Monthly	Antiresorptive Agent • Bisphosphonate (Oral)	Tier 2
<i>Zoledronic Acid (Reclast®)</i> • 5 mg IV Yearly	Antiresorptive Agent • Bisphosphonate (IV)	Medicare Part B Coverage
<i>Denosumab (Prolia®)</i> • 60 mg SQ every 6 Months	Antiresorptive Agent • RANK Ligand Inhibitor (SQ)	PA Required Tier 4
<i>Teriparatide (Forteo®)</i> • 20 mcg SQ Daily	Anabolic Bone Forming Agent • Recombinant Parathyroid Hormone (PTH) Analog	PA Required Tier 5
<i>Abaloparatide (Tymlos®)</i> • 80 mcg SQ Daily	Anabolic Bone Forming Agent • Parathyroid Hormone-Related Protein (PTHrP) Analog	PA Required Tier 5
<i>Romosozumab (Evenity®)</i> • 60 mg SQ every 6 Months	Anabolic Bone Forming Agent • Sclerostin Inhibitor	PA Required Tier 5