

# Moments of Diversity, Equity & Inclusion Throughout the Year

## Presented by AHP's Equity Council

**April 2025**

**Arab American Heritage, Autism Acceptance, Celebrate Diversity & National Deaf History Month**

### Important Dates

- April 1** – Start of Month's Themes
- April 2** – World Autism Awareness Day
- April 5** – Gold Star Spouses Day
- April 7** – World Health Day
- April 9** – International Day of Pink
- April 22** – Earth Day
- April 24** – Armenian Genocide Remembrance Day

### Spiritual & Religious Celebrations

- April 10:** Jain: Mahavir Jayanti (Jainism)
- April 12:** The Memorial of Jesus' Death (Jehovah Witness)
- April 13-20:** Passover (Jewish)
- April 18:** Good Friday (Christian)
- April 14:** Vaisakhi (Sikh, Hindu)
- April 20:** Easter (Christian)

### Health Highlight

#### Autism (ASD)

**WHO:** 1 in 36 children in the United States are diagnosed with Autism. Boys are 4 times more likely than girls to be given an Autism diagnosis at a 4:1 ratio out of 100 children. Autism is less prevalent in white children than other racial and ethnic groups. In addition, 1 in 45 adults carry an Autism diagnosis. While diagnosis is most common in childhood, it is worth noting that symptoms are sometimes missed leading to a later in life diagnosis and therefore missed opportunities for lifelong supports.

**WHAT:** Autism "refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication... Autism looks different for everyone, and each person with autism has a distinct set of strengths and challenges"

**WHY:** There is not one cause that leads to an Autism diagnosis, but there are many factors that increase risk. Evidence shows that children with a sibling who have ASD, genetic conditions, birth complications and maternal age all increase risk.

#### Reflection Video Resource

[What is Autism?](#)

### Local Events & Celebrations

- **4/9** Honoring the Past, Inspiring the Future at the Amazon HQ Theatre @ 5:30pm
- **4/16** 55<sup>th</sup> Earth Day Celebration at Winton Branch Library @ 11am
- **4/19** Community Clean Ups at Durand Eastman Beach Lot A @ 9am
- **4/26** Autism Acceptance & Awareness Walk at East View Mall @ 8am

**Celebrate:** [Celebrate Diversity](#) | [National Deaf History](#) | [Gold Star Spouses](#) | [World Health Day](#) | [International Day of Pink](#) | [Armenian Genocide Commemoration](#)

### References & Resources

<https://www.cdc.gov/autism/about/index.html>

<https://www.apa.org/> <https://www.clinicaladvisor.com/>  
<https://www.edi.nih.gov/more/calendar/>  
<https://www.diversityresources.com/may-diversity-calendar-2023>

