

CONTROLLING HIGH BLOOD PRESSURE

(2025 MEASURE v04.01.2025)

DESCRIPTION

The percentage of patients 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled.

CHANGES

- No changes

INITIATIVES

[Click here](#) for the HTN Blood Pressure Control Toolkit

TARGETS		
Percentile	2025 Threshold	Change from 2024
90 TH	75.82%	+1.78%
75 TH	70.62%	+0.89%
50 TH	65.00%	+1.33%
25 TH	56.48%	+0.61%

QUALIFICATION (Denominator)

- Patient is 18-85 years of age as of the period end date
- AND
- Members who had at least two visits on different dates of service with a diagnosis of hypertension during the first six months of the measurement year or the year prior to the measurement year (count services that occur over both years). Visit type need not be the same for the two visits.
 - Outpatient visit with or without a telehealth modifier, with any diagnosis of hypertension.
 - Outpatient Telehealth visit with any diagnosis of hypertension
 - A telephone visit with any diagnosis of hypertension.
 - An e-visit with any diagnosis of hypertension.

SATISFYING THE MEASURE (Numerator)

- Patient had a BP reading on or after the date of the second diagnosis of hypertension during the year before period end. Both systolic and diastolic readings occur during same event. (Do not count BP readings without a previous hypertension diagnosis or those taken at acute inpatient or ED visits)
- AND
- Patient had BP reading of <140/90.

EXCLUSIONS / EXCEPTIONS

- Patient had evidence of end-stage renal disease, dialysis, nephrectomy, or kidney transplant before the period end date
- OR
- Patient is female and had a pregnancy diagnosis during the year before the period end date
- OR
- Patient has evidence of Palliative care or hospice during the measurement period
- OR
- Patients who have died during the measurement year
- OR
- Medicare patients 66 years of age and older as of December 31 of the measurement year who meet either of the following:
 - Enrolled in an Institutional SNP (I-SNP) any time during the measurement year
 - OR
 - Living long-term in an institution any time during the measurement year as identified by the LTI flag in the Monthly Membership Detail Data File
- OR
- Patients 66–80 years of age as of December 31 of the measurement year with frailty AND advanced illness
 - At least two indications of frailty on different service dates
 - AND
 - At least two outpatient visits, observation visits, ED visits, telephone visits, e-visits, nonacute inpatient encounters, or nonacute inpatient discharges with an advanced illness diagnosis
 - OR
 - At least one acute inpatient encounter or acute inpatient discharge with an advanced illness diagnosis
 - OR
 - A dispensed dementia medication
- OR
- Patients 81 years of age and older as of December 31 of the measurement year with at least two indications of frailty on different service dates

INCLUSION CRITERIA

- All active patients.